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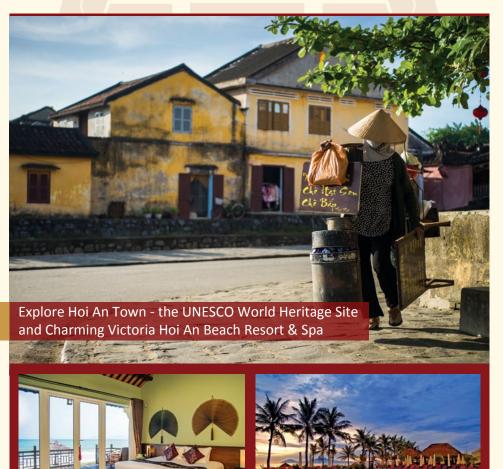






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Contributors Welcome! We welcome anything related to hashing. * All submissions are subject to the editor's axe

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4 Harrier

Editor's Notes

Hats off to Higgins and his illustrious support team for pulling off the HHH event of the year at the Brussels Beer



Odyssey 2014. ... awesome venue, scenic runs, superb circles, hilarious hash skits, and noteworthy overall organization.

Beer?...Just how good was the beer in Beer Paradise? Any future hash event would be hard pressed to equal the quality and variety of the beers we drank in Brussels.

Venue?...While a venue named "Tour and Taxis" does not have the exotic world heritage ring of Borobudur or Angkor Wat, the building was large enough for nearly 3000 hashers to dance to the music in front of the stage, or chat with friends in the adjoining hall or outside. The Hash Bazaar was conveniently located in the main hall by the beer and not isolated from the action-as has been the case at some large events.

Accommodation?...Those who stayed at the Husa President Hotel or nearby could easily walk to the event venue, and to the train station to get to the run starts each day.

In this issue we hear the call of the Caribbean, taking us from Barbados to St. Kitts. How about a Hash History Lesson about the Aloha H3 by Hash Historian Hazukashi? Or a shameful tale of the Hasher Hall of Shame in Dayton, Ohio? Enticing events coming soon include Vietnam Nash Hash in Nha Trang, and the La Union H3 1500th.. How about a 3-day hike from Subic Bay to Angeles City with a group of hardy hashers? If multi-day adventures are your cup of tea, check out the trek thru Denmark, Sweden and Norway.

So pick your events, plan your hash holidays, and register early so you can enjoy the trails and camaraderie of like-minded Hash House Harriers around the planet.

The monthly digital edition of Harrier Magazine can help keep you up to date on HHH events around the world. Subscribe now for less than a dollar month and stay informed.

I hope to see you on trail soon, or join you for a frosty brew or two after the run.

ON ON,

Jim Edens, Editor-in-Chief Harrier Magazine – Fun on the run since 2002 International Edition with readers in 100 countries www.HarrierMagazine.com



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On The Cover: EZ Lipps and Saintly Suds atop the Pu'u Ma'eli'eli WWII bunker, Kahaluu, Oahu Photo By: Lisa Sukita



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n this part of the World, South America, we have great hashes the one I am going to write about was my last adventure in the Caribbean. This Hash was coordinated by China Brush of the Barbados Hash House Harriers. It was advertised via their website one year ago. In this zone you can always find a link up with Bajan, Guyanese, Surinamese, Trinidadian and other hashes in the Caribbean hashing together.

China Brush did a fantastic job assisted by Hershey Buns who works in the travel business, in putting the Hash Caribbean Cruise2014 together - lots of hard work. This cruise attracted 100 hashers fromBarbados, St. Kitts, Grenada, Trinidad, Suriname, Guyana, Canada, United States of America, United Kingdom, Belgium, Dar Es Salaam, Thailand and Australia.100 hundred hashers on one hash cruise around the Caribbean we go ON! ON!

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HASHING IN THE CARIBBEAN

Restroon

I arrived in Barbados on March 25, 2014, Brian Reece and Hershey Buns was at the GrantleyAdmans International Airport, waiting for us with our goody bags and lovely hash t/shirts, and a true hashie welcome to Barbados. The cruise departed from Barbados, so 100 of us from all over the Globe had to make our way to Barbados.GREAT JOB GUYS ON! ON!

The BigDay March 26, 2014 boarding the Caribbean Valor Cruise Ship, WOW!My First cruise and with 100 mad ass hashers on board, who can ask for a better cruise than this one!

Meeting up everyone, some I have known before, some I met for the first time! Big hugs and kisses sharing of hashie love were the meeting and greetings. We were all on board this huge ship for the next 7 nights and 8 days of FUN ON! ON!

After boarding the Cruise Ship, first on the Agenda was a grand bon voyage party to launch off all the hashers with free cocktails for one hour.Compliments of China Brush, from fundraising activities done for this Cruise. The fun was seeing everyone grabbing drinks trying to get as much down before the one hour was up. This was also where all the Hashers get to meet up and rally around each other getting to know who,and where from and all the shit and dirty talks about, how some of us got our hash names and the stories went on and on, everywhere hashers meet up, always a dirty conversation.

The Captain of the ship hosted a grand party to launch all the new passengers on board the Carnival Valor. It was party time with all the free cocktails in our heads, dancing the night away Caribbean style, with soca music, a great way to start the first day/night of our Journey.

March 27, 2014: We arrived at St. Lucia, where two other hashers from Trinidad who was not on the ship met us up. Each Day the hash run starts about 9 or 10 a.m. at every port we docked. Hares: were "Baron Tongus", "Doubles" and "TriniMike". ON! ON! The run started from the terminal.

Hashing in St. Lucia afforded us the opportunity to see the country and running, hiking and getting lost on all the false trails. This trail was a nice 5k with lots of ups and downs. In the Caribbean it is hills and some mini jungles, lots of slopes, very hard on the knees and legs. But as hashers we did not give a shit,we do it, even if we have to put our asses on the ground and slide to the bottom we have to finished the trail. Finding our way back until we get to the ON! IN! What a finish we ended at Caribbean Cocktails (just before the straw market in Castries) across from where the ship was docked. Well the circle up and down! down! after the entire punishing, hash shit award, hash baby and a few others.

Dick Flick from USA and IBO IBO from Thailand were also on this Cruise - with them on board made the cruise all the more exciting. After the circle up, everybody broke out - what a party everybody, party like in Carnival in Trinidad, CropOver in Barbados or Mash Down Town in Guyana.After all the wining and grinding and party until you drop, a few of us leave and hired a bus and had a grand tour of St. Lucia.

They are a lot of pictures on the party, this can give an idea how we party in the Caribbean. If you are interested in viewing more pictures feel free to find Guyana Hash on Facebook and befriend us. They are so many pictures on the Hash Caribbean Cruise 2014.

The party never stopped - each night all the party hashers will meet up at the Casino Bar and dance and party until 2-3 a.m. and every morning this goes on until the very last day of the cruise.





March 28, 2014: Our Second Hash in St. Kitts. It was nice meeting up with the St. Kitts, hashers, and they set the trial for us. ON ON was from Port Zante - ON IN at Frigate Bay Beach. This makes hashing more interesting, since we had the St. Kitts HHH. Who gave us a warm welcome and set us on a horse racing trail, mostly suitably for runners. In St. Kitts it was worse than St. Lucia - hills higher to climb. We bending going up some of the hills, but the views were so lovely.

As you know Guyanese are never in a hurry, I am always known for being a DFL, I took my time enjoying the views, but finished the trailto mytotal satisfaction.I can describe this trail in St. Kitts as long, hard, high and very exciting, loads of pains on your bottom and knees, but at the end of it feels like a full long day of hard core sex He! He!. The circle was taken over by RA dick flick who sang some very explicit sexual hash songs. St. Kitts HHH organized bar-be-que beers and set up nicely for the On IN at Frigate Bay Beach, we also got a chance to purchased hash t/shirts from them.

Lots of us signed up for the Safari tour in St. Kitts so we did not hang around too long with the circle.

We all boarded three mini vans something like a pick up but not as powerful. ON! ON! On a Safari in St. Kitts we go.Our van had the most disgusting and naughty minded hashers, loads of noises and sex talks and singing of yogi! yogi bear song. Had us going, everybody looking wondering who are these mad ass people in these vans. But we all know hasherseverywhere they go, it is the same behavior. Hashers will never change that why we all love hashing.





CONTENT

March 29, 2014: Hashing in St. Maarten Hash at 9 a.m – Hares: "Mr. Ramgoat Milk"and the "Kcuntsultant". This was yet another hot and fast-paced run taking us on a false trail down to the commercial port area and then On Back past the cruise port and into the streets of Phillipsburg. The On IN was at Sharky's bar right as you came out of the Port- the RA: Brigitte "Pricked Pork".

The run was hot, good, fast and a bit of mountains but not as much as the previous two. Hashing at every Caribbean Island we visited was an additional plus to this cruise.With all the eating and drinking and partying, running the next day was most welcome. After the circle up and the punishment, hashers were punished for the silliest things - some for wearing jeans on trail. The funny one was "sexy penis peeler" from Suriname who wore a Jeans on trail with no panty. She was called in the circle for down! down! She had to take off the jeans only to find out she had on no panty. So we had to settle for giving her beers to wear. What a shame since the guys were so disappointed they wanted to have a view!

After we finished with the circle up the real party started at the Sunset Bar and Grill in St. Maarten. This is by the Airport and Beach - what a combination. This airport is the third biggest in the world and the most dangerous where you can get blown away from the taking off and landing of the planes. Some of us swam and had great fun on the lovely rough blue water beach, the water so rough we nearly lost our bikinis.

The kick here for hashers are being blown away by the taking off of the planes. The planes are passing 5 feet and 6 feet over your heads before it landed. Some of the hashers the craziest ones hang on to the fences and when the planes were taking off the wind and sand blast lifted us from the ground. Thank god for holding on to the fences or we could have been blown into the beaches or some of us death he he he hashers are the most fucked up people LOL!.





All went well we did this prank until 7 planes took off; free drinks were offered to all the ladies who could have walked around topless. Boobs were the topic of discussion and who has the nicest nipples. Much thanks to Chrissy at the Sunset Bar for greeting us with a VIP seating area and special menu. Impressive! We had a great time!

March 30, 2014: Puerto Rico, San Juan: This was supposed to be a no hashing day, just do your own thing, but it did not turn out that way. IBO IBO lead a group of ladies ON! ON! We all went discovering Puerto Rico via a bus ride and on foot. We did a walking hash to all the Old Historic buildings, parks and burial grounds, seeing antique looking tomb stones and bar hopping. Compliments of IBO IBO, he treated all the ladies to Puerto Rico wine and foods. This went on for a while until I got lost from my pack and hash my way back to the ship. I took the extra time and enjoyed some night life in Puerto Rico since the ship was not leaving until 10:00 p.m. I visited a bar across from the ship, had some drinks and danced to Salsa and Latin music.

March 31, 2014: St. Thomas, USVI: Hares: "Vienna" and "Hershey Buns". ON ON was off the boat. On IN was at "Da Lime and da Coconut" located at the entrance to the Yacht Haven Grand (mall). This was the trail with the most false trails. We took about half an hour to just figure out the right trail. The hares who set this trial were trying to keep the runners and walkers together by setting lots of false trails. Shit loads of check points. On In always the fun part of the hash, I was punished for wearing granny panty or for wearing a thong on the dance floor. I did not know what I was being punished for but it sure made one old man very happy to have to put on a panty on me and he took it and framed my panty on a plaque, passed it around during dinner for everyone to sign something on it and made it famous.

On the boat we all had great fun too, visiting the disco each night dancing, meeting up at the Casino Bar, having dinner and breakfast together, so much bonding time between hashers. Dancing and partying was the main objectives each night there was one particular band we all love from Italy that kept us on our toes every night.



On March 31, night IBOIBO invited us hashers up in his balcony cabin for guess what - tequila body shots. The party going on hot as ever with liquor brought into the ship by different means. Dick Flick started singing his sexual hash songs YO! HO!. The neighbor in the next door cabin called the security on us. All because of the songs and the loud noise - an old couple was staying next door to Ibo Ibo. I was the last onewho ventured out of the room so I had all the complaints; she was saying to the security officer that these people are so disgusting and their languages are so dirty.

"Foreskin" from Barbadosbefore he told the couple sorry, he said to them "You two look like you were about to cum did you guys get to cum". If you cut my skin you would not have found any blood, since I was so shocked by the look of the old couple faces. But I laughed my way to the disco and still find that funny until today. The sea saved us or we all would have gotten thrown overboard the ship.

April 1st, 2014 was fun on the sea as we all spent the day in the hot tubs and drinking and talking shit - the last night party on the ship was formal. Seeing all the hashers decently dressed was a sight. Tuxedos and evening gowns and everyone came out to party since it was our last night on board. Sadly it all came to an end.

Hash Caribbean Cruise 2014 was a blast. Thanks to all who made it possible and a special thanks to the Bajan hashers who put this together and all the hashers who were on board from all over the globe, which contributed towards making Hash Caribbean Cruise 2014 a wonderful experience?

Everyone on board this cruise had an amazing time; I stayed back in Barbados and did a next hash with the bajans in Barbados. It was a great 8k trail going up mountains, fields, hill climbing. Again I was punished by the RA in Barbados - yet again this time I had no clue what I am being punished for. Got the feeling they just love punishing me. The next hash cruise is being planned by China Brush for May 2015 – Hashing in Alaska! Keep checking the website for information – <u>http://hashcruise2014.simplesite.com</u> or email her at <u>thevirtualoffice@gmail.com</u> if interested.

> Photos of the cruise can be viewed at: https://cluster.co/c/XwWUQFnhm-4/



ON! ON!

MY NAME IS Y AP JACK I AM FROM GUYANA HASH HOUSE HARRIER: THIS IS MY FIRST STORY FOR THE INTERNATIONALS HARRIER MAGAZINE. I FOUND OUT ABOUT THIS MAGAZINE THROUGH WET & DRY, WHO WROTE A LOVELY ARTICLE ABOUT GUYANA HASH WHEN SHE VISITED, GUYANA EARLIER THIS YEAR. ON! ON! KIM. I HAVE BEEN HASHING ALMOST THREE YEARS NOW AND I LOVED EVERY BIT OF MY THREE YEARS IN HASHING.





STO CHTS CON SOLD AND BESTED

Dear Hashers All:

The St.Kitts Hash House Harriers will be celebrating our 20th Anniversary this year with a weekend of hashing fun. We therefore invite you to attend this celebration and to invite all of your hash members.

The date is October 23 - 26, 2014 and here is a breakdown of the activities being planned:

Thursday 23rd - Meet & Greet at Shipwreck Beach Bar, Friars Bay **Friday 24th -** Rum Run (Bar Crawl) starting and ending at the 17Degrees Night Club Grounds - food & drinks after:

Saturday 25th - Afternoon Hash Run, followed by evening dinner at Shiggedy Shack Beach Restaurant & Bar:

Sunday 26th - Catamaran Cruise to Island of Nevis , Hash Run, Beach Lime, and sunset party cruise back on the catamaran: Registration is US\$250 which will cover expenses for all events, including transport to and from events, catamaran cruise, and a goody bag with event t-shirt and other "stuff". Each person will be responsible for their own hotel bookings and accommodation.

If more information is needed please feel free to contact us further.

Hope to see you there!!

ON! ON!" De Ninja percivalh@yahoo.com St.Kitts Hash House Harriers www.youtube.com/watch?v=zhTpvja0wF8





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photos by Micheal O' Caoileain

The Red Dress Run has been the signature event of the Hash House Harriers since 1988 and has raised funds for charities across the globe. **www.RedDressRuns.org** works to promote and protect the Hash House Harriers' Red Dress Run tradition. In addition to its website, the RedDressRuns.org network includes a companion **Facebook page** and **Twitter feed**.

ould an event selected as one of the Top Ten Red Dress Runs of 2014 live up to its billing? Organizers of the Red Dress Run preramble in Brussels answered that question with an emphatic yes.

The "Brussels 2014 A Beer Odyssey" Red Dress Run was selected by RedDressRuns.org based upon factors such as support for charity, connecting the Red Dress Run to the Hash House Harriers' brand, good organization, "hashpitality" and other qualities that made it unique.

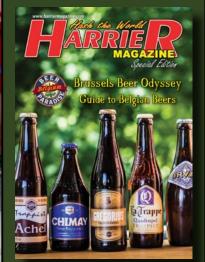
In order to ensure the highest quality of event, organizers limited registrations to the first 1,000 who signed up. Another 100 participants were allowed to sign up in Brussels the day preceding the Red Dress Run.

One of the aspects that made this Red Dress Run event particularly special was that that co-hares were *Deep Throat* and *Zulu Boy*, both of whom hared the very first Red Dress Run in San Diego in 1988. *Zulu Boy* was also a pivotal player in the <u>August 7, 1987 "hot tub incident"</u> that played a contributing role in launching the Red Dress Run a year later. Also of historical significance, Zulu Boy helped introduce the first Red Dress Run in Europe at the July 1997 Euro Hash pre lube in Brussels. The theme of the 2014 Red Dress Run was an upbeat commemoration of our hash friends who departed to the On After since Cardiff 2004 — sadly including the Lady in Red, who had signed up to attend this event.

As any organizer can tell you, no event ever goes completely according to plan. In the weeks immediately preceding the Red Dress Run, an event in

Brussels having nothing to do with the Hash House Harriers became unruly. Local authorities reacted by permitting the Red Dress Run contingent upon it being strictly a walk, with no running permitted. In the spirit of the late Lady in Red who used to say she preferred to "saunter" at Red Dress Runs, hashers seemed to accept the circumstances cheerfully.

The pack meandered past one Brussels postcard-worthy location to another. A bit of excitement occurred near the end of the trail when the walk briefly did turn into a full-out run when a purse-snatcher mistakenly thought he could outrun the world's largest running club.



Proving once again that Brussels is a beer paradise, organizers provided a special selection available only for Red Dress Run participants, including:

Kriek Boon, an authentic Belgian lambic brewed with fresh cherries

Keizer Karel Robijn Rood, a ruby red ale to match the ruby red dresses

Keizer Karel Goud Blond, a strong blond, just like The Lady in Red.

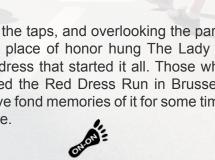
Above the taps, and overlooking the party from a place of honor hung The Lady in Red's dress that started it all. Those who attended the Red Dress Run in Brussels will have fond memories of it for some time to come.

Belgian Beer Guide

Even if you missed the great Brussels Beer Odyssey, you can still enjoy the beers!

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The Hasher Hall of Shame Run by More Leggs

ayton, Ohio in the heart of the Midwest of the United States, has many claims to fame. The city once boasted more patents per capita than any other American city. The National Cash Register and the polonium trigger for the atomic bomb were invented in Dayton. Most significantly, it is the "Birthplace of Aviation". Orville and Wilbur Wright (the inventors of the modern airplane) were raised in Dayton and practiced sustained flight in a farm field close to the city. The Air Force Museum in Dayton is well known world-wide as the home of an impressive fleet of aircraft including one of the original Wright flyers, several presidential planes and the stealth bomber.

More Legg

URED ON TRA

HASHING IN USA

Dayton is also the home of the Wright ON-ON DH3, a hash that was founded on 6/28/87 by Little Tooter from the Little Rock H3. Dayton runs every other Saturday and on the full moon of each month with the motto of "rain, sleet, snow or heat". The hash tyrant, P-Head, has run over 930 Dayton hashes (out of a total around 1,090. His wife, Catwoman, is recognized as a song meister at several circles throughout the world. Dayton has held several impressive camp outs and in 2002 hosted the USA Nash Hash. Dayton also shares significant runs with the Sin City H4, located in Cincinnati, a city eighty kilometers south. Sin City was founded by Red Hot Chili Pecker and has held 856 hashes. One of Sin City's most enthusiastic hashers, Hot Tub Slut has run 791 and hared 260 times. The Sin City hash runs the opposite Saturdays of Dayton so that area hashes can hash at least once a week. Both the DH3 and the SCH4 follow the tradition of lives hares and shiggy-filled trails. A consequence of those almost two thousand challenging trails is that hashers get hurt. Two such hashers, More Leggs from DH3 and Fourgasm from SCH4 decided to recognize and (dis)honor those who injured themselves severely enough on trail that they required medical attention. Fourgasm originated the Hall of Shame Hash after dislocating and breaking every possible bone in her left ankle at a camp out, thus having to hash for the next 4 months in a wheelchair. She recently broke and dislocated her right wrist hashing before New Years. After twenty-six years of relatively injury-free hashing, More Leggs broke her elbow when she attempted to pirouette across a fallen tree six feet above a frigid February stream.

They became the hares for a combined **Hasher Hall of Shame** hash. They solicited the assistance of Tiny Tool, a DH3 hasher, to sketch a medallion for the front of hash shirts they were designing. The design



Tiny Tool created included an imprint of the hares with their injuries surrounded by words that described other mishaps from trails including sprained, scraped, punctured, torn, cut, broken, twisted, fractured, poisoned (ivy), stabbed etc. The back of the shirt listed the newly honored members. The prominent first name on the list (in larger print) is Hazzaar Shortfellow, an eighty-six year old hasher who had a heart attack and died on a DH3 trail in 2010. Each year, the DH3 runs a memorial hash either at the site of the fatality or at his memorial site. The hash also erected a special foot marker in Hazzaar's memory (made by Paddidle and Little Fister) at the site of Hazzaar's demise.

Twenty-six hashers are proudly recognized as current hall of shamers...or as Cat Woman says "Hall of Famers". Cat Woman made the list for several mishaps including several broken ribs, a twice broken nose, broken sacrum and coccyx, a dislocated shoulder and sprained ankles. P-Head has also twisted his ankle several times. Porkless has the distinction of hashing for fifteen years and requiring two tetanus shots..one for gouging his knee on barbed wire and one for stepping on a metal spike. Barrel Roll, the DH3 ON-Sec (who initially earned his name by falling and rolling down a hill, on his very first run) injured.... Nipple Rash has the distinction of burning himself while fire-jumping at a DH3 camp-out.

Approximately fifty hashers showed up for the **Hasher Hall of Shame** trails. Each was given a "disability" to contend with during the run. Crutches, slings, splints, and even a wheel chair were required to participate in the four mile runner trail/two mile walker trail. The run included several song checks. A new song was created by More Leggs for the hash event, sung to the tune of "The Farmer in the Dell". The simple lyrics include: "The Hasher Hall of Shame, The Hasher Hall

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of Shame, We (They) all are members of the Hasher Hall of Shame". Each honored hasher was invited to sing about their own mishap... "More Leggs broke her elbow, More Leggs broke her elbow...she is a member of the hasher hall of shame".

Will this become an annual event for the DH3 and SCH4? The hares aren't certain yet...maybe they are superstitious....and know competitive half-minds will vie for the honor of making the hall of shame list. Wishing you all fun, injury-free trails.

Come discover Ohio shiggy at the next DH3 camp-out, to be held on the last week-end of September, the 26- 28th. Details can be found on the DH3 website.

<u>www.daytonhhh.org/</u>





More Leggs began her hashing career at the inaugural running of the Columbian Hash in Columbia, South Carolina in 1986. She was instantly hooked on hashing and ran the next fifty consecutive runs. She has attended several America InterHashes since then as well as the Diamond Anniversary in Kuala Lumpur in 1998. More Leggs and her husband, Porkless, plan their yacations around future hash events.



Hashing

History

THE FRBS (FRONT RUNNING BASTARDS) DEEP FLY DIVER, SPREAD EAGLE, SHUT THE F**K UP OVER THERE AND AN UNKNOWN HARRIETTE ATOP A WWII BUNKER ON KAIWA RIDGE, KAILUA, OAHU.

Aloha H3

US US

by Ed "Hazukashii" Howell photos by Lisa Sukita & Jim Edens

he Aloha H3 is based on the island of Oahu, Hawaii, and was founded by Ed "Hazukashii" Howell, Scott "Anal Farmer" Sheldon, and Kip "DOT" Carpenter with the first run taking place on 22 Sep 1991. Hazukashii and Anal Farmer met on a Tuesday evening while running a trail with the Honolulu hash in June or July of 1991. Although they enjoyed the easy laid back atmosphere, they reminisced about Asia where they started hashing (Haz on Okinawa in 1984, and Anal Farmer in Seoul in 1989). We agreed that a weekend hash was in order and set about to organize. DOT and Haz had hashed together in Okinawa, so DOT was asked





to join in to help the new club get going. Each of us chipped in \$100 to buy coolers, beer, and snacks for the first trail, and to get T-shirts and headbands made. We also each contributed to the makeup of the hash, Anal Farmer created the original logo, Haz picked the name, and DOT picked the day. The Aloha H3 for the first 4-5 years ran on Sunday afternoon because DOT was a SCUBA instructor and taught classes on Saturday, and certified many of the original hashers, but now the AH3 runs on Saturday. We agreed we would each take a turn at GM for 5 weeks, and then hold open elections once things got rolling, so after drawing straws, DOT had the first 5 weeks, Anal Farmer was next, and Haz got the final 5 weeks, and was subsequently voted in as the first GM for 6 months. The first trail had 25 hashers turn up to run





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trail in Kailua, on the windward side, but after that the numbers hovered around 10-12 for a few months as most people already had established schedules for entertainment, it was Hawaii after all. By the late 90s, the pack had over 100 on a weekly basis, but has had its ups and downs over the years, but still has a steady following with 50 or more hashers each week. During the 90s, the Aloha Hash had away weekends on many of the other Hawaiian Islands, but now other hash clubs have formed on Maui and the Big Island, and now a travel hash, the Volcano H3, sponsors most of the off island hash trips.

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RIEIEN

Vietnam Nash Hash 2014 Nha Trang

by Maureen Daniels



ha Trang Hash is ready for a challenge, and is hosting Vietnam Nash Hash 2014. They have promised to do it with style.

Nha Trang is situated on one of the most beautiful Bays in the World and a hilly Hinterland to guarantee you spectacular running and scenery. NTH3 has access to boats, Islands, beaches, coral reefs..... the list goes on!!!!!

NTH3 wants to show off the small coastal City of Nha Trang (it only has a population of 400,000) which still manages to have blue skies and crystal clear ocean water most of the year. The plan is to give you a weekend to remember for a very long time.

Numbers are capped at 150 people.

To Register visit www.nhatranghash.com and follow the signage to Nash Hash. You will need your debit/credit card handy and the rest is easy.

NTH3 members are here to help so please contact them on NTHHH.Trash@gmail.com or mauzz50@yahoo.com if you are experiencing difficulties (with your registration).

NTH3 looks forward to welcoming you to our beautiful part of the world!





Here's a bit of a background on NTH3:

Run 75 is on Sunday 13 July, 2014. We run every Sunday so NTH3 is still a very young Hash but growing up quickly. Most of our members are new to Hashing and we have a core group of experienced long term Hashers. Being a tourist town, we have our share of visitors every week and we welcome the songs and CIRCLE manoeuvers from their own Kennels. In the cooler months we are running around 80-90 hashers on a Sunday. In the hotter months we are between 50-70 strong. Not bad for a sweltering Sunday afternoon!

Nha Trang Bay and Hinterlands are areas of immense natural beauty. The ranges behind the easterly facing bay, protect Nha Trang from the weather extremes experienced by other coastal areas along the Vietnam Coast.. The running is incredibly scenic. Whether we are running through a Village or past it into rural areas, its the stuff of postcards.





Nha Trang Hashers experience different, stunning countryside every week. And our Club is now so well known that our numbers are 50% local Vietnamese, many of them wanting to see countryside, and an ancient way of life, that they as City locals have rarely or never experienced. We subsidise local Vietnamese because we want them with us. They are fun and adventure-loving. They are also right into our CIRCLE activities . There have been a few occasions when their presence has saved the day... well actually "the run" for us.

We look forward to meeting you on Friday 24 October 2014 for the start of one hell of a weekend!







Nha Trang Hash is hosting Nash Hash Vietnam this year.

It's going to be a big weekend starting from Friday afternoon 24 October until Sunday Night, if you can last the distance.

Here is what there is on Offer:

Friday: Registration from mid afternoon- 9pm. Hash goodies bag with TShirt, Cap, Patch and much more. Free beer and softies during registration periods and BBQ at our Hash Venue. Live band and party-central until late.

Saturday morning -all day: Bus to run destination. Choice of short\long run or

short\long walk. Boats, Islands, swimming, party, free beer, softies, quality food.

Saturday Night: party time at local venue, free beer, softies, dinner, live band

Sunday morning - all day: bus to run destination - recovery run/walk but long run available for die-hards. Partying at an out-of-the-way beach location.

Free beer, softies, quality snacks. Cheap Seafood, French, Mexican and Vietnamese food is available from local beach shacks. Its 10 minutes to the airport for hashers on a Sunday plane.

Hey.... and there is more!!!! The local TV station is filming the event to provide some riveting armchair thrills for the local populace. Footage will be available to Hashers on-line after Nash Hash.

All this for \$US120 (approximately E90). Registration is easy. Go to **www.nhatranghash.com** and follow the Nash Hash signage. All you need is your credit/debit card. NTH3 will be putting nearby accommodation options on the webpage soon and they are also emailed to Hashers upon registration.

NTH3 looks forward to welcoming you to beautiful seaside Nha Trang on 24 October. ON ON NTH3 The World's Friendliest Hash



5TH - 7TH SEPTEMBER 2014

SAIGON HASH HOUSE HARRIERS 24 YEARS OF HASHING IN SAIGON

Fri 5th - by Saigon F3 Hash House Harriettes
Sat 6th - by Binh Duong (B&D) Hash House Harriers
Sun 7th - 24th Birthday celebration run

by Saigon Hash House Harriers



CONTENTS

FOR THE WHOLE 24TH BIRTHDAY WEEKEND WHICH

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Ho Chi Minh City (Saigon), Vietnam Contact: hashgeek@saigonhash.com www.saigonhash.com

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23-26 OCTOBER 2014

a Union Hash House Harriers, Philippines next big jamboree takes place **23-26 October 2014** when we celebrate our 1500 run and 31st Anniversary. It's also a 60th Birthday Bash for Honeydew and Bangka Blower, two of our prominent hashers. With the rainy season over, the landscape here should be verdant green providing the perfect setting for a long weekend of hashing.

The event kicks off on Thursday, 23 October, with a hike taking in panoramic views of the surrounding countryside atop the local mountain range. Options will be available for those with different abilities. Starting venue for this walk is PEJOS (formerly Coral Beach) at 9 am.

Тч Погили и Поли и Пол

by Edgar "Laces" O'Neill

64 Horrier

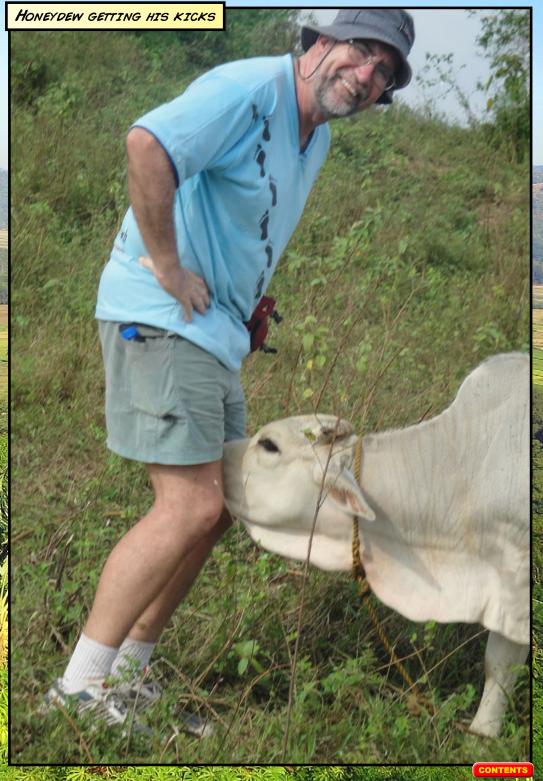
Friday, 24 October, is the 1500th and 31st anniversary run. Venue is JD's Beach Resort (formerly Green Light), starting at 3pm. Trails will be set to suit all abilities including a lung buster set by Ask My Wife and his fellow Swiss Hashers.

Saturday, 25th October, we cross the highway to Tropical Garden, the venue for the birthday bash run starting at 2pm. Hares are the birthday boys, Honeydew and Banka Blower and again trails will be available for all abilities.

Sunday, 26 October, there will be a 'hangover' run commencing at 10am, a gentle stroll within the locality giving ample time for tired bodies to recover from the ravishes of the preceding days, and something a bit more demanding for the fitter hashers. Venue is Blue Cat, where Slaver, the amiable Aussie host will put on brunch after the run. And surprise, surprise there will be more beer to wrap up proceedings.

Provided you register by email to honeydewluh3@hotmail.com by 17 October the cost is P2,000 (less than \$50) and P1,500 for women and children. Payment in advance not required. After that the cost increases by P500. Event registration starts at PEJOS on Thursday, 23 October. For this you get three days of fun hashing including transport, a meal each day and plenty of drinks, at least one hash shirt and other goodies. Thursday's hike is pay as you go not included in the registration fee.

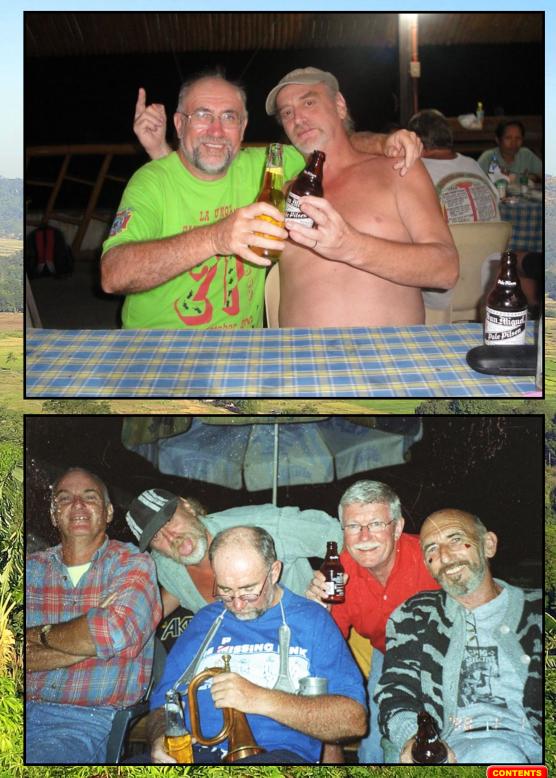
All four hash venues are next to each other and there are plenty of accommodation choices nearby including Tropical Garden, PEJOS, Coconut Grove, Bali Hai Beach Resort, China Sea Resort, Go Inn and Long Beach Resort. All can be found on the internet.



Whilst in La Union, why not stay an extra few days and savor some alternative attractions. You could spend an extra night in Sunset Bay Resort, a popular beach resort on nearby Poro Point. Advance booking is advisable. Just north of San Fernando is the San Juan surfing area where eateries and accommodation are also available. About 3hours north is the world heritage listed quaint old Spanish town of Vigan, well worth a visit with lots of good accommodation available. Highly recommended is a trip to Baguio, just an hour away, up in the mountains. From there you can travel several hours further into the Cordillera Mountains and visit Sagada or the world famous Banaue rice terraces. From Banaue you can go direct to Manila without backtracking.

Keep in touch for latest information on our La Union Hash website
www.livcomtech.com/luh3/







HONEYDEW IS LA UNION'S PRESENT GM. HE FIRST STARTED HASHING IN DOHA. QATAR IN 1980 AND HAS ALSO HASHED FOR EXTENDED PERIODS IN ALOR SETAR (MALAYSIA): EAST GRINSTEAD (UK) where he was Hash Horn and RA: AND THIMPHU (BHUTAN) AS WELL AS MANILA MIXED. FIRST HASHED IN LA UNION IN 1990 AND HAS OVER 650 RUNS WITH LUH3. WHILE NOT HASHING, HE IS BUSY ON HIS FARM IN THE NEIGHBOURING PROVINCE OF PANGASINAN. WITH ANY LUCK HE MIGHT GIVE US A FEW OF HIS GIANT MANGOES. LIKES A BIT OF SHIGGY ON TRAIL AND IS NOT AVERSE TO HAVING "A COUPLE" OF BEERS. HAS BEEN KNOWN TO OCCASIONALLY HAVE A "POWER NAP" AFTER A STRENUOUS HASH. BUT HAS NEVER BEEN KNOWN TO DROP HIS SAN MIGUEL BEER!

BANKA BLOWER FIRST HASHED WITH LA UNION IN 1987 BEFORE MOVING TO THAILAND IN 2007 WHERE HE RUNS WITH PATTAYA H3 AND PATTAYA JUNGLE H3 BUT IS STILL VERY MUCH A LA UNION HASHER. HE WAS HASH RAGS AND EVENT CO-ORDINATOR ON LUH3 AND IS THE CURRENT HASH RAGS FOR PJH3. LOVES WANDERING THROUGH MARKETS GETTING HASH RAGS IDEAS AND ITEMS. BIT OF A WHEELER DEALER AND ALWAYS ON THE LOOK OUT FOR HASH SPONSORSHIP. IS AN AVID PUNTER ESPECIALLY HORSES. LACES OF LUH3 IS STILL MIFFED ABOUT THE TIP HE GAVE HIM LAST YEAR FOR THE MELBOURNE CUP. HAVING PUT A PACKET ON TO WIN - THE HORSE NOT ONLY CAME LAST. BUT WAS PUT DOWN ON THE COURSE BEFORE THE WINNER WAS EVEN OFFICIALLY ANNOUNCED! SO PUNTERS LISTEN WITH DISCRETION IF HE IS OFFERING ANY HOT TIPS THIS YEAR.





ALECTICATION CONTRACTOR CONTRACTOR

by Bloody Fairy

HASHING IN THE PHILIPPINES



4 MAD HASHERS: BLOODY FAIRY. PUSSY LICKER. SINGLE MALT. MEPOLE GOLDEN SHOWER

t 5:00 AM on Tuesday 25th February 2014, 3 hashers from Angeles City and 1 from Subic Bay, Philippines, set off on a historical, never been done before, hike from Barrio Barretto on the West Coast of the Philippines over the Zambales Mountains and ending in Angeles City, some 86

km away. There was no known route between these two places which traverse the breath taking Zambales Mountains and so it was our challenge to go and find one. After three years of on and off

reconnoitring the various stages of the route, we eventually were able to string numerous tracks together into one continuous trail. Large parts of the trail were nothing more than narrow jungle clearings winding up through the dense rain-forest. To even find these we had to enlist the help of the local Aeta mountain people and try and engage them with offers of coffee, cigarettes and a few pesos.



TAKING A BREAK AT AN ABANDONED AETA SHELTER



Gettina Goina

On a typical hot, sweaty and sunny Monday afternoon our elite hiking group met at Dau Bus Terminal, Angeles, and travelled by bus the two hour ride to Subic Bay. After checking in to our overnight digs we headed out to get as much food into us as possible in anticipation of the big calorie spend we were to embark on the following day. A fitful night's sleep was disturbed by our alarms informing us all too soon that it was Tuesday morning and the ungodly hour of 4:00 AM. We each packed

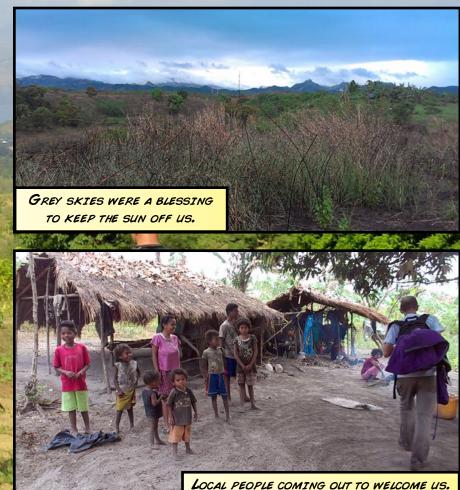


in silence, no doubt all asking ourselves what we were thinking of, and then checked out. A rushed breakfast was quietly enjoyed before we started our hike on head torches in total darkness at 5:00 AM.

It should be noted that going in to the first day, we already knew there was nowhere to pick up supplies on route so we had to carry more than usual. With temperatures above 30 degrees all day and anticipated first day distance of around 50 km, we were each heavily laden with between 6-8 litres of fluid alone. Add to that the fact we knew we were going in to an area where if medical assistance was needed, it would be a very long time before it arrived, so between us we had the best part of all the equipment you'd find in a typical Philippine ER room.

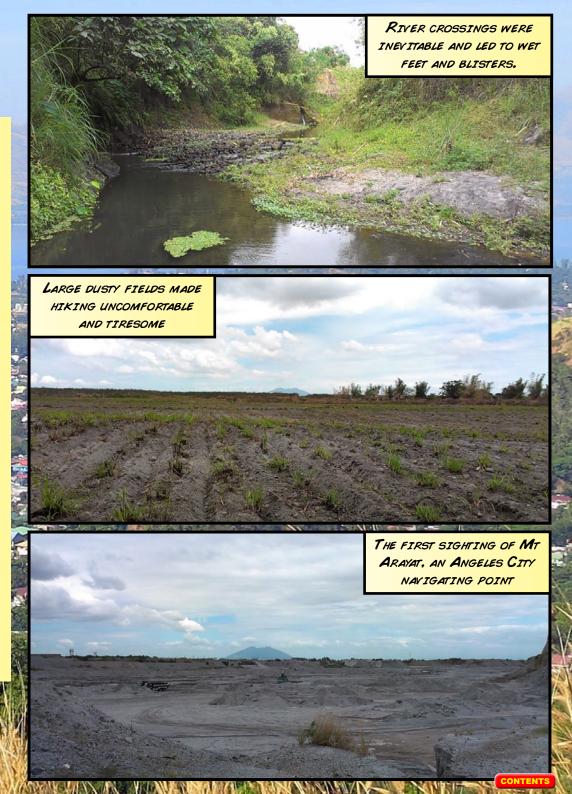
Our initial route was to take us many kilometres up a climb to surmount one of the major ridges in the Zambales range. All this was happening as the sun slowly rose in the clear sky above us, which although beautiful to witness, was not welcome from the unbearable heat we knew it would subject us to. Our aim at this stage was simple, get as far as we can in the relative cool of the early morning before we started to roast. A recce 4 days earlier had identified temperatures in that area reaching 36 degrees Centigrade by 10.30 AM!





We had mentally split the route into sections, which worked well in giving us targets to aim for. Our first real stop was 5 hours and 22 km later at a disused mine site. A scattering of thatch huts and a dirt road made up the local Barangay where we rested for an early lunch. When human endurance is tested, it is small things that make a big difference. A simple cup of hot 3 in 1 coffee gave us all a tremendous mental boost and we were grateful for the caffeine fix. We had some lunch and rested for about half-an-hour before moving on. The next section we knew was the hardest part of the entire route. It comprised a very long steep climb in the hot sun for the next few hours on an uneven single track mountain path. After a couple of hours, with legs screaming out and drenched in sweat we took a 15 minute rest at a lone native hut. The inhabitants, Aeta, were busy cooking what looked very much like a cat over an open fire and made us most welcome. Light cramps were starting to affect one of the group but nothing a bit of stretching could not sort out. Then it was onwards and upwards again for a few more hours until we arrived at another village, Batiawan, at around 4:30 PM. We had now been hiking in difficult and hilly terrain for almost 12 hours and were all shattered. I should mention at this point that 3 of the group are 66 years of age with one young whipper-snapper of 40.

Having anticipated that we'd have consumed the numerous litres of fresh water that we each carried by this time and since no fresh water is available in these remote villages, we were met there by a small support group comprising our wives/girlfriends. This being the first village that we came to that was accessible by road. We rested and enjoyed their company for an hour and a half after which time they departed for Angeles in their jeepney and we continued our hike in the dark, albeit with the aid of headlamps (a disadvantage of these devices is that they give a clear view of the swarms of insects they attract as they fly into your eyes, nose and mouth).



DAR ME

WALKING BY STARLIGHT TO MAKE THE MOST OF COOLER TEMPERATURES

The River and Night

We continued hiking until 9:00 PM by which time we had covered 50 km in total for the day and needed to cross a river that was both wide and deep. Deciding that this wasn't a good idea in the dark we chose instead to sleep overnight in a large field adjacent to the river. We purposely hadn't taken tents (too heavy) but did have lightweight roll mats and ponchos/sheets. We were awakened around 2:00 AM by rain falling on us, just typical considering this was the height of dry season and it



hadn't rained for months. After a couple more hours of trying to ignore the rain and get some more much needed sleep, we decided to think about getting going. It was around 5.00 AM and we were all startled to suddenly spot a rather strange looking native standing over us who seemed bemused at finding four foreigners sleeping in the field in which he was tending his carabaos. We pacified him with the gift of a T shirt that one of our party was done with. It was still pitch dark so we rested another hour and then started preparing for our second day, eventually starting hiking again around 6:00 AM. We had decided weeks earlier that in order to save time due to the number of river crossings we faced on Day 2, it would be quickest to put large plastic bags used for carrying ice over our feet. On the main part this proved successful but after 3 such crossings, some of the bags let themselves down.

The Second Day and Salvation

For the second day we were blessed with overcast skies, light rain and much flatter terrain than we'd experienced on our first day. But countering that was the fact that we were all suffering some degree of fatigue and two of our party had very bad blistering on their feet, which made walking very painful. Never the less, we pressed on, no one giving







voice to their discomfort and were able to maintain a good average speed. After 3 hours we stopped at one of our target points for breakfast, by this stage it was basics such as crackers and beans. Onwards we trod through mainly farmland and dirt tracks. Two more river crossings were made, one through an enormous industrial cement works, which we hurried through for fear of being turned back for trespassing on private land. Our final stop before Angeles had us taking in another welcome cup of hot coffee at a local sari-sari store, how wonderful it tasted. After a final section of 15 km we stumbled, exhausted and grateful to have finished the hike into our finishing point 'The Blue Boar Inn' in Angeles.

Arrival and Celebration, Hash Style

Our hike had covered a total of 87 km with maximum changes in elevation of 1680 m, which we had completed in a total of 34.5 hours and of which around 20 hours were actual walking time. Having arrived back in Angeles in the middle of the afternoon on the second day we did what every good Hasher does, went home, got cleaned up and went out for some beers to celebrate our achievement.



We've made a video of our hike and posted it on YouTube. Check it out for some Hash Fun. Copy the URL below or search for 'Subic to Angeles Walk Feb 25 2014'

www.youtube.com/watch?v=nGBEUhAgrwo

Future Dates

If any hashers are interested in doing this Mega Hike in the future, drop us a line. If there is enough interest, we will consider guiding a party in 2015 if the bribes are good enough.

Email Bloody Fairy at: towerviews@yahoo.co.uk

VIEW LOOKING BACK TO SUBIC, UTTERLY BREATHTAKING.



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Pan Asia Hash

Pondicherry, India. 25th - 27th Sept 2015.



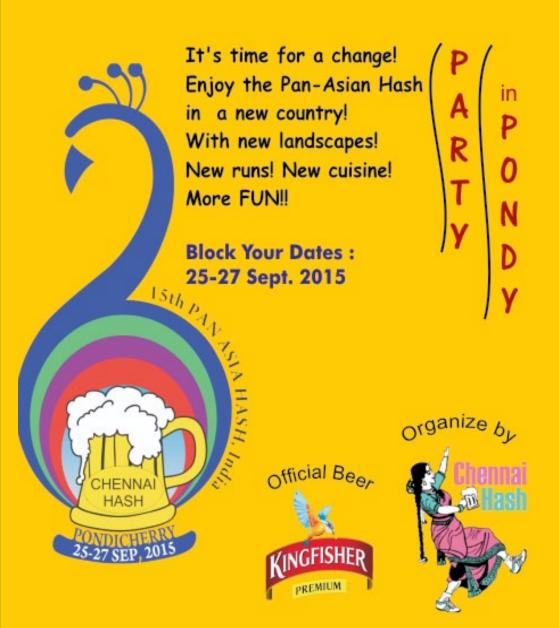
First and foremost I would like to thank you for choosing Pondicherry, India as your next venue for Pan Asia Hash from 25th to 27th September 2015. We have a dynamic committee who have been working for the past two years and have already done most of the ground work for you hashers. We assure you that you will be pleasantly surprised in Pondicherry come 2015.

We have analysed the shortcomings of Pan Asia Hash 2014 in Pattaya, and vow to do our best to avoid a such a debacle in Pondy. My committee and I have been constantly having meetings to make our Pan Asia Pondi 2015 as exciting as possible for all you hashers.



Hashing should be fun and enjoyable. There should be good run trails and an abundance of the golden brew to quench your thirst. My committee will be there to provide and strive to achieve the best to meet your expectations. We will emulate previous events that brought sweet memories and fostered good fellowship.

http://www.panasiapondi2015.com/



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SNOOKY H3 RUNS EVERY SATURDAY GM: BIGJOHNBANGKOK@GMAIL.COM



PHNOM PENH FULL MOON INFO: www.p2H3.com



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Price Includes **beer & soft drinks**, meals, transport to the island & out of town trails and a T-shirt and shorts.

Early Registration, before Sept. 1, \$130. After Sept. 1, \$150 per person. Limited to 60 Hashers so book on-line today at :

http://www.hhhworldevents.org/snooky-h3-island-hash-3/register/

For more information and payment via Paypal use: bigjohnbangkok@gmail.com

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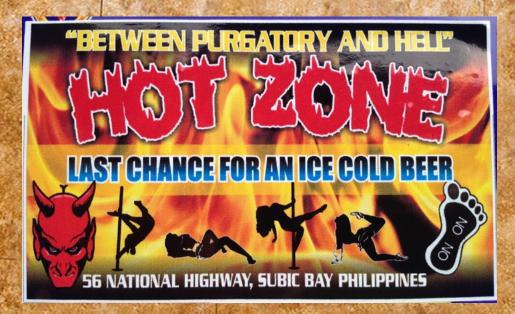
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CEBU HHH HTTP://CEBUHASH.ORG MIXED HASH - EVERY SATURDAY AROUND 2:30PM FROM SANDTRAP

LA UNION HHH HTTP://WWW.LIVCOMTECH.COM/LUH3 FAMILY HASH. EVERY SATURDAY 2PM OR 3PM MAKATI METRO MANILA HHH HTTP://SITES.GOOGLE.COM/SITE/ KATIMANILAHASHHOUSEHARRIERS RUNS 2ND AND 4TH SUNDAYS OF THE MONTH AT 3PM

MANILA HHH

SITES.GOOGLE.COM/SITE/MANILAH3 MEN ONLY HASH. RUNS MONDAYS 6PM SHARP.

MANILA MIXED HHH

HTTP://MMH3.COM MIXED HASH - RUNS 1ST AND 3RD THURSDAYS OF THE MONTH. 6.30PM. .

PUERTO GALERA HHH

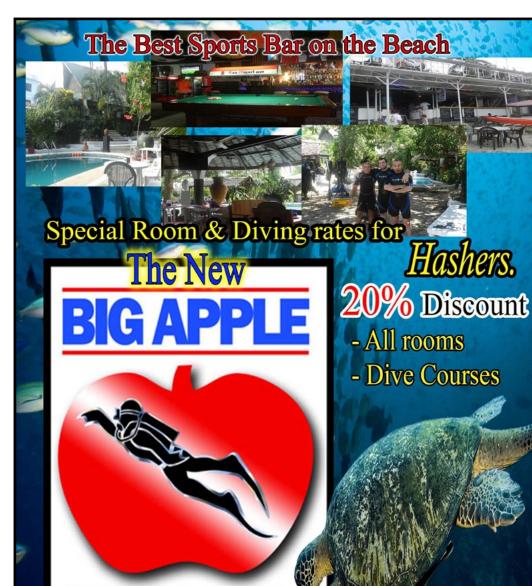
HTTP://PGHHH.COM Mixed hash which runs Sunday 3:30 pm from Capt. n Gregg's.

SUBIC BAY HHH

HTTPS://SUBICBAYHASH.HOMESTEAD. COM/PRODUCTS.HTML MIXED HASH. RUNS MONDAY 4PM

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bangkokmondayhhh.com/

BANGKOK THURSDAY HHH Every Thursday bangkokthursdayhhh.wordpress.com/

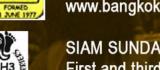


BANGKOK FULL MOON HASH HOUSE HARRIERS Monthly on Fridays at 6:30 sites.google.com/site/bangkokfullmoonhash/

BANGKOK MONDAY HASH HOUSE HARRIERS (1982)

Every Monday at 5:30 (5:15 during the winter)





BANGKOK HASH HOUSE HARRIERS (1977) Every Saturday at 5:00 (4:30 during the winter) www.bangkokhhh.com/

SIAM SUNDAY HASH HOUSE HARRIERS (1997) First and third Sunday of every month at 4:30 pm www.siamsundayhhh.com/

BANG Away www.b

BANGKOK HASH HOUSE BIKERS (1992) Away hash, last weekend of each month www.bangkokbikehash.org/

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P	N-ON B	HHH World Eyents Do you have a hunger to travel the world and do some hashing while your at it, but your not sure where and when to go?? Then look no further, right here at HHH World Events you can find what is happening in major events world wide in the Hashing community. Www.hhhworldevents.org
		Africa
	May15-17 2015	<u>Pan Africa Hash 2015</u> Freetown, Sierra Leone, Africa
		Asia
	Aug 29-31 2014	<u>PanIndo Hash 2014</u> Bandung, West Java, Indonesia
	Sept 5-7 2014	Monsoon Madness 2014 North Goa, India
*	Sept 5-7 2014	Saigon H3 24th Anniversary Celebration Saigon, Vietnam
	Oct 3-5 2014	Pattaya Jungle H3 300th Run Celebration Pattaya, Thailand
	Oct 8-11 2014	<u>Chennai H3 14th Anniversary</u> Chitwan, Nepal
	Oct 11-13 2014	<u>All Japan Nash Hash 2014</u> Ashigarakami-gun. Kanagawa, Japan
*	Oct 24-26 2014	<u>Vietnam Nash Hash 2014</u> Nha Trang, Vietnam
	Oct 31-Nov 2 2014	Mekong Indochina Hash 2014 Chiang Rai, Thailand
	Nov 7-10 2014	<u>Snooky H3 Island Hash #3</u> Sihanoukville, Cambodia
9	Nov 29 2014	<u>Batu H4 25th Anniversary</u> Batu, Kuala Lumpur, Malaysia
	Mar 18-21 2015	Pan Philippines Nash Hash 2015 Angeles City, Philippines









Hares:

more info and schedules for Chiang Mai Hashes @ www.chiangmaihhh.com https://www.facebook.com/chiangmai.hash?fref=ts https://www.facebook.com/lannabush.hash



	Aug 1-3 2014	French Nash Hash Bubbly Weekend Paris, France
	Aug 22-24 2014	<u>German Nash Hash 2014</u> Rüdesheim, Germany
-	Aug 28-31 2015	<u>UK Nash Hash 2015</u> Kidlington, Oxfordshire, England
+	Aug 29-31 2014	<u>Aarhus Festival Hash - Is Back</u> Aahus, East Jutland, Denmark
+	Sept 20-21 2014	<u>Jurassic Coast 100k BASH</u> Poole, Dorset, England
Midile Past		
	Oct 24-26 2014	<u>Hashemite H3 2000th Run</u> <u>Petra, Jordan</u>
		and the second second
		NTERHASH 2016





Hannover H3 is going to invite all hash-friends to a beer-packed and cheerful Hash-Party for 30 years of Hannover Hashing, taking place from October 17th - 19th 2014. The venue will be in the marvelously area of the YMCA in Abbensen near Hannover where we will stay in Canadian cabins - all fitted with bathrooms and of course real beds ... have a look what else you will miss if you don't come and join us:

17th-19th October 2014 **@ Abbensen YMCA-Camp Hannover**

Friday evening: torchlight run through dense forests followed by a circle around the campfire, hashmusic and "Cardinal" & "Lüttje Lage"

Saturday: beautiful but strong and long countryside Bulls-Run (and Chickens too), in the evening Hash-Party with Motto "1984"

1202000

Trailmaster Michael "Hippoty Hopp" Schäfer: michael_L77@hotmail.com, Emergencyphone +49 177 5423899

Registration Andrea "Queen of Shots" Schäfer: andrea_michael.schaefer@freenet.de Grandmaster Torsten "Little Adonis" Tesch: torsten.g.tesch@EHG.expert.de



registration: www.hannoverhash.de information: www.cvjm-hannover.de/freizeitzentrum-abbensen

66666666

encouraging "Han(g)over with

Sunday:

Hannover" run

farewell & good-bye

Early Bird Price: 88,- for reggo

Regular Price: 111,-

Late Comer Price: 129,-September 1st and later

and payment until March. 31st 2014

North Americas

Aug 1-3 2014	Search for the Holy Trail Boonville, Nth Carolina, USA	
Aug 1-3 2014	<u>Anchorage Alaska H3's Annual Camp Hash</u> Anchorage, Alaska, USA	
Sep 4-7 2015	Inter Americas Hash 2015 Portland, Oregon, USA	
Sep 11-15 2014	<u>USA Nash Hash 2014</u> Indianapolis, Indiana, USA	
Oct 31-Nov 2 2014	<u>Las Vegas Red Dress Run</u> Las Vegas, Nevada, USA	
SI	uth Americas	
Aug 22-24 2014	Paramaribo H3 25th Anniversary Celebration Suriname, South America	
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Amari Watergate Bangkok & BMW Thailand 17th Charity Midnight Run

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Midnight Run





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*Participants who make an entry donation of THB 1,000 will be entered into the grand rallie. All participants with an entry ticket are entitled to a free t-shr and finisher's medial, while stocks last. "ทำหัวผู้ผมัดทั้งเขาหา 1,000 เภาก จะให้ก็ได้ไหลี่ผู้แนวบัฒนาเมาะ และสำหรับผู้หมัดๆในระเภา จะให้รับเด็กติ และเหลียญที่สะมัดกำหรับผู้นำเส้นซีสกุกล่าน **Proudly sponsored by the Amari Midnight Charity Run**



Photos courtesy AMA-events.com

August 3, 2014 Bangkok Ultra Trail Festival 2014 www.ama-events.com

August 17 Angkor Empire Marathon & Half Marathon http://www.angkorempiremarathon.org

October 18 17th Amari Watergate Midnight Charity Run Bangkok, Thailand www.amari.com/watergate/charity-midnight-run.aspx

December 7 Angkor Wat Half Marathon www.angkormarathon.org

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December 14 Honolulu Marathon www.honolulumarathon.org

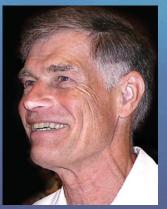
January 18, 2015 Maui Ocean Front Marathon

January 18, 2015 Standard Chartered Mumbai Marathon/Half

January 25, 2015 Khon Kaen International Marathon www.khonkaenmarathon.com



R&R Calendar compiled by Kurt Bodmer R&R Cal Editor RunCal@harriermagazine.com



ralendar 2014-15

The Scandinavian Adventure Run

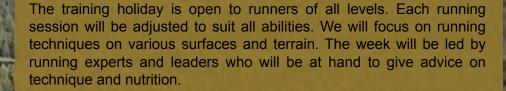
oin us for a one-week running holiday in gorgeous Scandinavia. Get in shape and get a great holiday too! Explore Norway, Sweden and Denmark this summer.

This trip is now on request. Please contact info@albatros-adventure. com for information about availability or to be signed up for our 2015 waiting list.



Albatros Adventure is pleased to introduce our first running holiday which packs training, great destinations and valuable running advice into an exhilarating week.

Our training holiday will show runners the beauty of the three Scandinavian countries: Norway, Sweden and Denmark. Each day will offer new and stunning landscapes for runners of all levels. In Oslo, we train on hilly terrain while in both Swedish locations, we run on shingle beaches and rocky surfaces. From southern Sweden, we take the ferry to Elsinore in Denmark and the location of the famed Hamlet's castle. In Copenhagen, we explore the city while on a running sightseeing tour. We also visit the beautiful town of Roskilde, one of northern Europe's most important during medieval times. We'll visit the famed cathedral and tour the Viking ship museum.



Enjoy a great holiday with other runners and discover summer in Scandinavia. All our training locations are carefully selected to suit training on different surfaces. For this reason, our running holiday is a superb way of getting ready for one of our Adventure Marathons this autumn. This week of training will also prepare you for the many city marathons in September and October.

Happy training and welcome to Scandinavia! Start: Oslo, Norway End: Copenhagen, Denmark

About the race: Dates: 19-23 August 2014 Distance: 13km, 9.1km, 9.4km, 7.5km, 11km = 50km See more on www.scandinavian-adventure-run.com

About Albatros Adventure

Albatros Adventure owns the Adventure Marathon brand which arranges four other annual running events. The epic Great Wall Marathon is held on the Great Wall of China in May every year. The Big Five Marathon takes place in the African savannah in South Africa in June. The Bagan Temple Marathon is held among the temple-dotted plains of Bagan in Myanmar and the Polar Circle Marathon which takes place in Greenland on the second-largest ice sheet in the world in October. Find out more about our challenging races:

www.albatros-adventure.com/adventure-marathons

Albatros Adventure also offers themed group trips based on travel interests to exciting and remote corners of the world. The website is a social travel platform allowing travellers to interact with each other BEFORE and AFTER a journey. Find out more: www.albatros-adventure.com.

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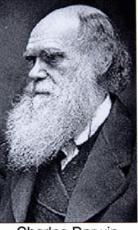


The Hash Darwin Awards

Old Chaz, the chap on the right, in one of his sober moments, put forward the notion of "survival of the fittest", a concept that implies that the removal from the gene pool (usually by death) of its weaker members, thereby strengthens the survival chances of the remainder. However, here at OTI, we do not encourage the extermination of the less able, the feeble, or the intellectually challenged. Rather, we encourage them to become hashers! Further, this column aims to be a forum where the moronic misdeeds of hashers might be chronicled in pursuit of that noblest of pastimes, namely, having cheap laughs at other people's expense. With that in mind, I offer the following:

Ajarn Keemao





Charles Darwin

Let me commence this installment of OTI by informing readers that the tentative thread by which I hope to hang a few disparate tales together is the evergreen theme of "drinking". I mention this only because my last column attempted to weave together the not-unrelated topics of alcohol and violence, a fact that would have been abundantly clear to readers had the "editor" not decided to cut the title off the column prior to printing it. Whether or not said "editor" had been drinking at the time of laying up the magazine I cannot say for certain, since the head office of this mighty publishing empire is now located in that global hub of world business and trade, Vientiane, while your scribe continues to languish in the backwaters of Bangkok and must, therefore submit his columns by carrier pigeon. However, readers who have had the "pleasure" of meeting with the "editor" of APH would likely agree that

if he is not drunk most of the time then he ought to be. It would at least justify some of his behavior. Indeed I'm reminded of a recent interview I read with Gore Vidal, wherein he said of the current US President, "There is a rumor going around Washington that he has begun drinking again. I think this is a good thing. It might help him make more sense. However, I think what he probably really needs is heroin." Bimbo, see if you can find some up there in Laos.

Returning to my tenuous theme for a moment, however, it seems appropriate to start in the land of my birth, Ozstraya. A recent article in the Bulletin magazine contained the startling headline "Work Drinks Lead to Sex". It seems that one in five Australians admits to having got drunk at after-work office drinks and ended up having sex with a



colleague. Respondents to a survey included such stars as one reader who said he slept with his boss and gave her herpes; another who returned to the office after drinks and slept with the cleaner, and my favourite, the guy who claimed to have slept with a female colleague, returned home to his wife who informed him she was pregnant, and then learned some months later that his female colleague was also pregnant. A better reason to buy a one-way ticket to Bangkok and join the hash I can't think of.

There are, of course, other dangers inherent in drinking, including death. Although whether death is worse or better than having two pregnant women on your hands at once is a question I might leave to some of my more senior male hash friends to answer. Nevertheless, a heroic drinker in Cambodia recently paid the ultimate price for what, I'm sure, he thought was a "good idea at the time". Chab Kear, a 36 year-old Cambodian man, was hanging out drinking with some friends when he saw a snake swimming in a nearby river. Intoxicated, the man decided he would jump in and catch the snake in hopes of selling it later. Chab proceeded to take off his trousers and jump in the river to catch the almost 2-meter Cobra.

Having caught the Cobra, he put the snake into his trousers, tied the ends of the legs closed and then tied the trousers around his waist. Chab rejoined his mates and continued to drink and be merry until the snake finally managed to get its fangs free and bit him three times on the stomach. Chab's last words before dying were (and I'm quoting the Bangkok Post here), "Don't worry – it's nothing a drink can't fix". Whether or not Chab was a regular attendee at the Phnom Penh HHH I've been unable to confirm, although I feel he would have fitted in. The ugly specter of death lies in wait not only for the intoxicated, however. Sometimes even relatively innocent animal life pays the price. Such was the case in the US recently in where else but California, where a man was recently sentenced to five months in jail after he and a friend, acting on wounded pride, gunned down an ostrich that had kicked them as their female companions laughed.

"This whole thing is about male pride", prosecutor Steve Wagstaffe said, according the San Francisco Chronicle.

The powerful flightless bird, named Gaylord, (I'm not making this up, by the way) kicked Timothy McKevitt, 19, and Jonathan Porter, 21, last October when they trespassed on an ostrich ranch south of San Francisco after a night of heavy drinking, the paper cited attorneys as saying.

As the startled bird attacked, the men's girlfriends began to laugh, prosecutors said. McKevitt was kicked in the ribs and knocked over, while Porter suffered scrapes and bruises. The two men returned later in the day with a rifle and shotgun seeking revenge, the Chronicle reported. They fired at least seven shots at Gaylord, according to a police report. Female readers of this column (are there any?) should





note from this story that male stupidity, the concept of payback, and the need to show off in front of chicks crosses even species boundaries.

Lest my stories of alcohol use have only a somewhat negative feel (depending on your perspective), let me conclude with an uplifting story from, again, the mighty land down under, where Australian doctors recently kept an Italian tourist alive by feeding him vodka through a drip for three days.

The 24-year-old man, who had swallowed a poison in an apparent suicide attempt, was treated while in a coma. Doctors set up the drip after running out of medicinal alcohol, used as an antidote to the poison. Medical staff said the patient had made a full recovery, and the hangover had worn off by the time he woke up.

He had been taken to hospital in the northern Queensland town of Mackay after swallowing ethylene glycol – a poison contained in anti-freeze.

"The patient was drip-fed about three standard drinks an hour for three days in the intensive care unit," Dr Todd Fraser said in a statement. "Fortunately for him he was in a medically induced coma for a good portion of that. By the time he woke up I think his hangover would have well and truly gone.

Is it just me, or does this seem like an almost perfect state of existence, being drip-fed three drinks an hour and then waking up without a hangover? Now, if only I can find some of that anti-freeze stuff to drink first; not all that common here in Bangkok, as readers might imagine. Thoughtful hashers visiting Bangkok from abroad are welcome to bring some along with them as a gift. Just bring it along to the Monday Hash, or leave it behind the bar at Lolita's. I'll get to it eventually. I wonder if it mixes well with tonic? On On to the next edition.

Originally appeared in the January to March 2008 edition of Asia-Pacific Harrier Magazine.



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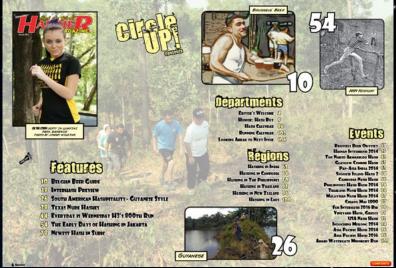
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