

## HASHING IN

MYANMAR
TRINIDAD
JORDON
USA
HONG KONG
IVORY COAST

# FEATURED HONG KONG TYPHOON HASH

"PROBABLY THE MOST DANGEROUS
HASH IN THE WORLD"

CONTENTS

# Mi Casa Su Casa

Making yourself at home in Trinidad is easy for the Interhash 2020!

We are happy to announce that the Trinidad Hilton Hotel has come on board as the Official Hash hotel for the Interhash 2020.

Pre bookings for rooms flew off the shelf, as we announced our Pre booking Hash Special last week, with 183 rooms being reserved under 2 hours, as hard core hashers rushed to make sure they got in on the hotel deals and be in middle of the action at the Hash Hotel.

Don't get all bent out of shape so quickly thinking you've lost your chance at

the Hub Hotel, because another 116 rooms will be made available to you at special hash rates in April when the International booking machine goes in to action.

#### Keeping you all close and cozy.

We have also been working closely with hotels within minutes walk from the Hilton, which we would be launching on our website. Look out for deals from the Hotel Normandie, The Chancellor Hotel, the Kapok Hotel, the Cascadia Hotel and others as these rooms become available.



www.Interhashtrimidad2020.com



Mismanagement has zoned the accommodation regions and would be unveiling these hotels, guests houses and Airbnb options in Zone 1, closest to the Hotel Hub, in the St Ann's/ Cascade area.

**Zone 1:** The St Ann's and Cascade area. - North of the Queens Park Savannah-Historical Living minutes walk away from the Hash Hotel

Home to the famous Pelican Inn/ Pub, where all who attended the InterAmericas here years ago spent many a drunken night. Sadly this Pub icon, which meant so much to us is no longer there and has been replaced by a hotel. St Ann's and Cascade are primarily residential areas that sit in the foothills of the sprawling; northern range, making them perfect for smaller comfortable and affordable hotels. The areas become more commercial as they get closer to the Queens Park Savannah. There you can find small businesses supporting the residents and the Tourism sector, with groceries, bars, restaurants, the Queens Hall, where many a local concert or play has been staged, as well as many historical buildings and sites, including the Prime Minsters House, the Presidents House, the Emperor Valley Zoo, the Botanical Gardens, and the Presidents Grounds where many an exciting rugby game has been played

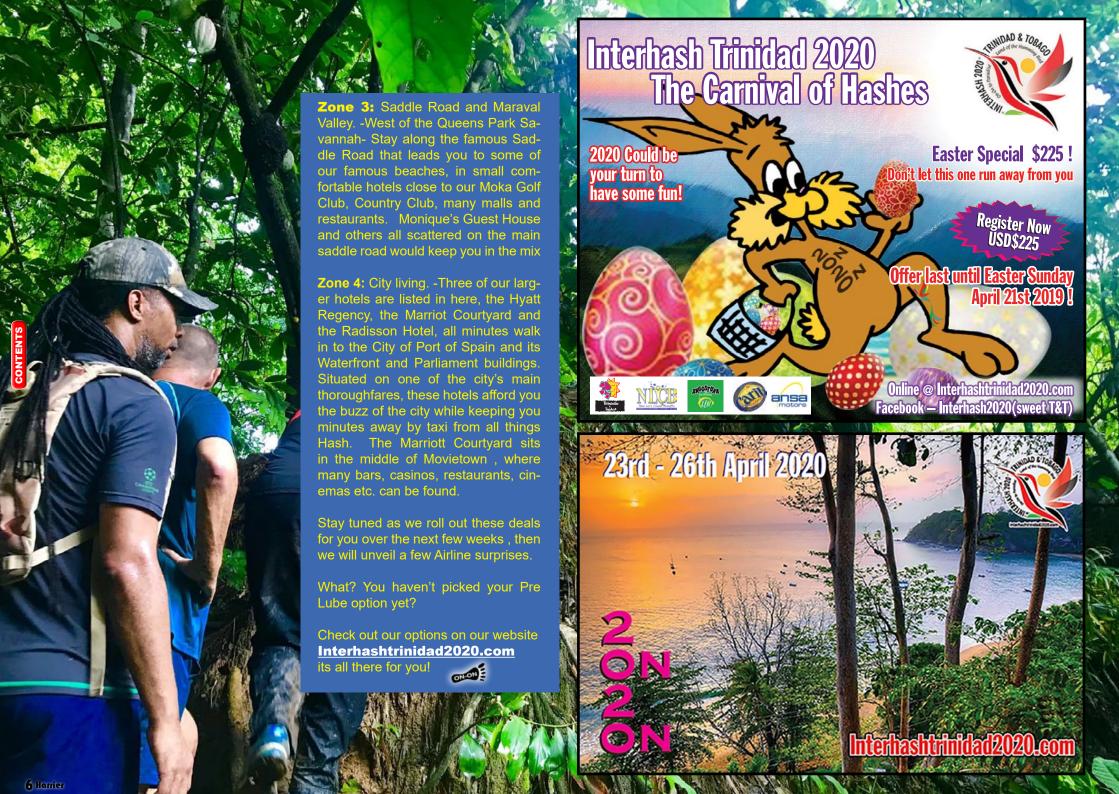
**Zone 2:** The St Clair, Woodbrook and Ariapita Ave- West of the Queens Park Savannah – Guest House Living amid the Bars and Restaurants.

St Clair, is an upscale residential area, hosting some of the most beautiful historic homes and parks, including the Stollmeyer Castle and the Magnificent Seven.

Just behind these stately buildings, spread the Woodbrook and Newtown areas. Historically very quaint residential areas with the classic Trinidadian George Brown houses, they have become home to blocks of bars, restaurants and smaller quests houses littered along the famous Ariaptia Ave. Local pubs and Sports bars, restaurants and other notable sites can be found in this area, including sprawling Sports Bars like Trotters and All Out which are the largest, located near the Famous Queens Park Cricket Club. Small local bars or 'Rumshops' such as Howzat Bar, just across the road from the cricket Club and the Brooklyn Bar are guaranteed spots for hashers during your stay here. Standing tall and high above all is One Woodbrook Place residential towers, where many can sign up for Airbnb and live high above some of the most popular bars and restaurants below, minutes walk away from all things Hash.







(Formerly Asia-Pacific Harrier) www.harriermagazine.com

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#### **Contributors Welcome!**

We welcome anything related to hashing. \* All submissions are subject to the editor's axe.

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# Editor's Notes

Greetings and welcome to the March/April 2019 edition of Harrier Magazine with the latest news about hashing all over the world.

In this edition we take you to distant corners of the Hash Universe with first hand reports about hashing in Hong Kong, the Ivory Coast, Jordan, Myanmar, and the USA, as well as the latest news on the upcoming Interhash in Trinidad.

ASIA: Our cover story features a unique Hong Kong hash that only runs during Category 8 typhoons. This hash is definitely not for the faint at heart, and its participants might even be considered a few cards short of a full deck. Safety Last may be a familiar cliche for some hashes, but the T8 Typhoon Hash takes this concept to a whole new level of real danger.

Myanmar's newest Nay Pyi Taw H3 held its inaugural Outstation Weekend in Bagan. Crumbling two thousand year-old temples created a scenic backdrop for this event near the new capital of Myanmar (formerly Burma).

The Sixteenth Philippine Nash Hash was held in Manila this year. The first day runs took us out of town to a volcano with an extremely steep 250 meter descent to the lake below. That treacherous trek was followed by long hike back up the cliff where thirsty hashers were treated to ample amounts of catered food and cold San Miguel beer.

MIDDLE EAST: Most hashers are familiar with the Hash Hymn "Swing Low, Sweet Chariot". But did you know that historic Amman, Jordan is the home of the Hashemite Hash? When you sing looked over Jordan and what did I see, Coming for to carry me home" you might think of the Hashemite H3 running thorough the ancient ruins of Petra. Thanks to our roving correspondent Quick Drawers for this candid report.



TRAIL IN HAWAII

USA: Pennsylvania has a number of hashes, including the Harrisburg-Hershey H5 which has more than 800 trails under its belt. Thriving HHH kennels can also be found nearby in the Lehigh Valley H3 and the Nittany Valley H3. A number of lesser known chapters are also located along the main interstate highways if you have the opportunity to travel across country through America's heartland.

AFRICA: Our prolific Africa correspondent, Head Mistress takes us on a colourful journey to the lush tropical Ivory Coast. She joined the Abidjan Hash House Harriers, which runs every Saturday. The Pan Africa Hash is coming up soon in Freetown, Sierra Leone. Thanks to Head Mistress for another first hand report on hashing in the African continent.

Stay tuned for all the latest HHH news on our website and in the upcoming editions of Harrier Magazine.

We welcome your stories about hashing anywhere in the world, and news of your upcoming events.

On On and I hope to see you on trail soon Jim Edens. Publisher Harrier Magazine International Edition Fun on the run since 2002 www.HarrierMagazine.com



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NAY PYI TAW H3

INAUGURAL OUTSTATION WEEKEND

- BAGAN

by Aint Ze Bush

Run Number 10 - Pagoda Run Run Number 11 - Hangover Village Run Hares - Aint Ze Bush, Hot Plate & Room Service Site - Royal KK Bagan

#### Run Number 10

It was an Incredible Trail running along & passing Pagodas which are nearly 2000 years old. The first Beer Stop was also in front of an Ancient Pagoda. The runners were off in a flash. The walkers were enjoying the scenery and stopping by to take memorable pictures. Bagan is an ancient dusty city where the Ayerwaddy River Flows from one end. The run was an 8 k.m. A to B ending at picturesque Shwe San Daw Pagoda. The trail went pass Dhamma Yan Gyi the largest Pagoda.





#### **Run Number 11**

This was the usual Hangover Trail. Running through the villages and farmland. Also witnessed an old fashioned brick making factories. Short 6k.m. trail with One Beer Stop near a railway station.

There were 36 Hashes who participated. A memorable T shirt was handed over at the end of the run. Pewter Mugs from Royal Salangor were handed over to MMC. A few Hashes did the ballon ride next morning. Another group went up climbing Mount Popa. The weekend would not be completed without a sunset cruise. Which we also did.

Royal KK Bagan provided delicious food with a Saturday Night BBQ & music. Arthawka Hotel helped me with setting the trails through Pagodas. It was a memorable long weekend & One Of The Best Trails I have set.

For your next Nay Pyi Taw H3 trail, please visit

www.naypyitawhash.com

Aint Ze Bush Founder, Nay Pyi Taw H3















WHERE THE HASHES ARE WARM AND THE 🕎 🥦 🕦 IS COLD









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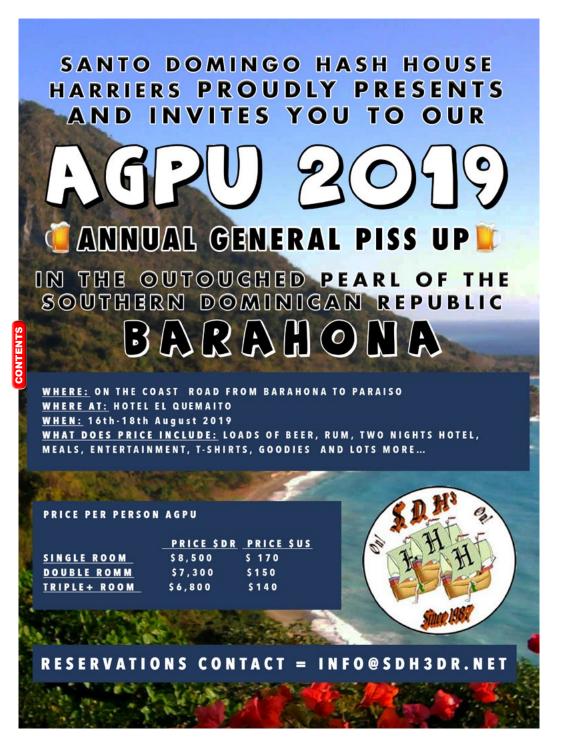




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#### **Welcome To Hashing In Nay Pyi Taw**

Nay Pyi Taw Hash House Harriers becomes the the newest addition to the Global List Of Hash Kennels.

Nay Pyi Taw is the Capital Of Myanmar. Its one of the Quietest, Bestest, Prettiest & Lovliest places in the world. It is also the center to the Hashes who would like to visit the more famous & touristic cities such as Bagan, Mandalay, Lake Inle, Golden Rock & Hpa An to name a few.

It all started over a few beers at the Park Royal Hotel & today NPT H3 has completed over 10 runs. Shortly the Inaugural Outstation Weekend will take place in February !!! In Bagan.

Nay Pyi Taw H3 is a Family Hash & meets up every other Sunday at 3 p.m. (Hash Time) at Park Royal for a Run or Walk & socializing. Also the Park Royal Hotel offers entertainment time & again.

Hashes from all over the world are offered Special Room Rates staying at Park Royal. Please contact the Co Founders given below to get your Special Rates!

Hasitha Hot Plate Manthriratne +959421073878 or hasitha74@gmail.com Nay Myo aka Room Service +959443033441

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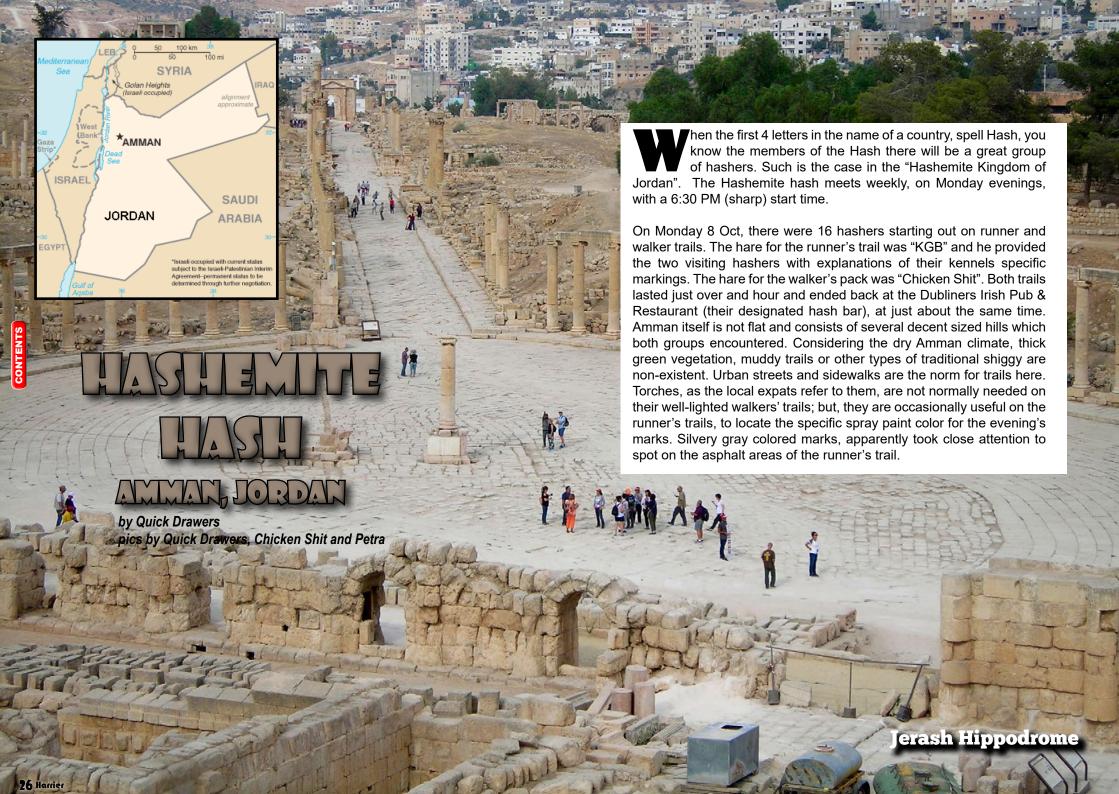


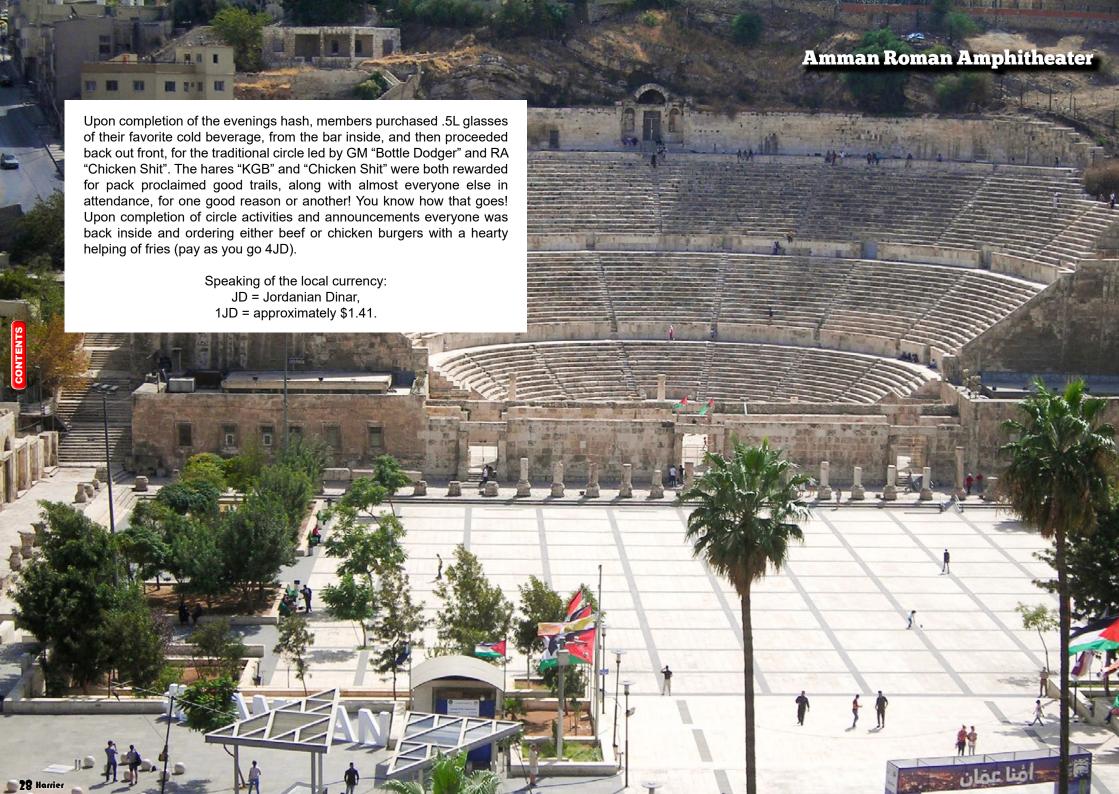


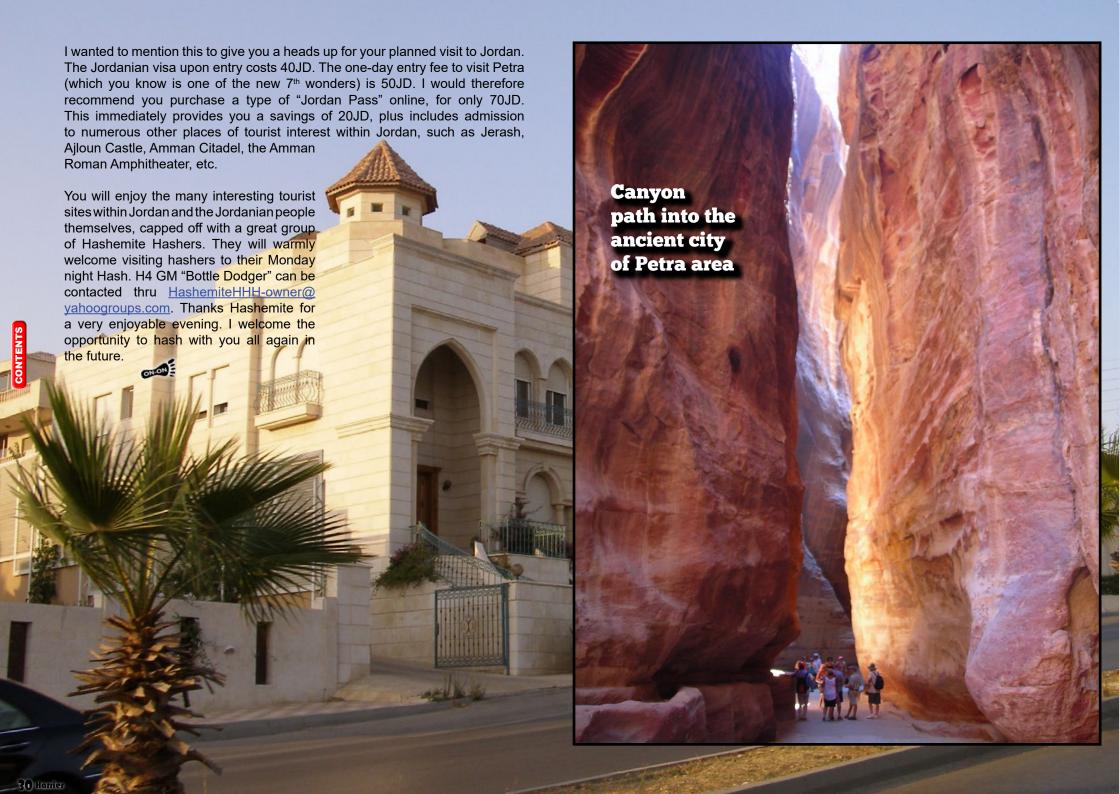


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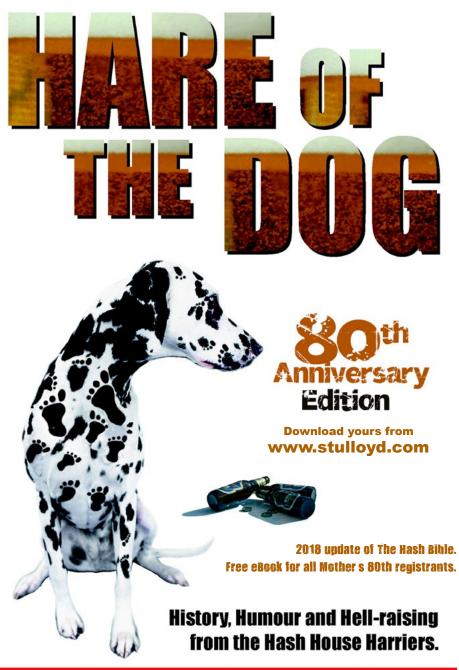








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Unauthorised by Stu 'The Colonel' Lloyd, creator of best-selling "Hardship Posting" series. Foreword by 'Tumbling' Bill Panton

T8H3 - HK Typhoon 8 Hash:
"Probably the most dangerous hash in the world"

#### by Mark Hope

o another typhoon season ends in Asia, a particularly busy year with super typhoons hitting Hong Kong, Japan and the Philippines. It is the frequency of these storms that resulted in "typhoon signals" being introduced by governments in these countries; Hong Kong's first set of typhoon signals being penned as early as 1917. The scale increases with the ferocity of the storm that would affect that country, and for Hong Kong a "T8" effectively closes the territory with ferries stopped, overland train services suspended and most bus services parked until the signal lowers to a "T3". This also means, on a week day – a day off work!

The T8 Hash was formed by Tim Bywater-Lees and Tymon Mellor when typhoon Helen closed HK on the- 12th August, 1995, run from Kowloon Tong train station. Since then 26 more typhoons of a T8 or T10 (hurricane!) nature have resulted in T8H3 running a day time hash. The criteria for a T8 run is a little complicated and requires preparation in advance. Run location and the hare needs to be known in advance as storms do not work to a timetable!





#### Simple?

Well, not when you factor into the equation of public transportation and road closures, as well as potential high winds, rain, and... flying objects! This is not a hash for the faint hearted. This is a hash that is spoken about in awe (and stupidity) and recounted many times by those that have had the privilege to run on one.

#### **Dangerous?**

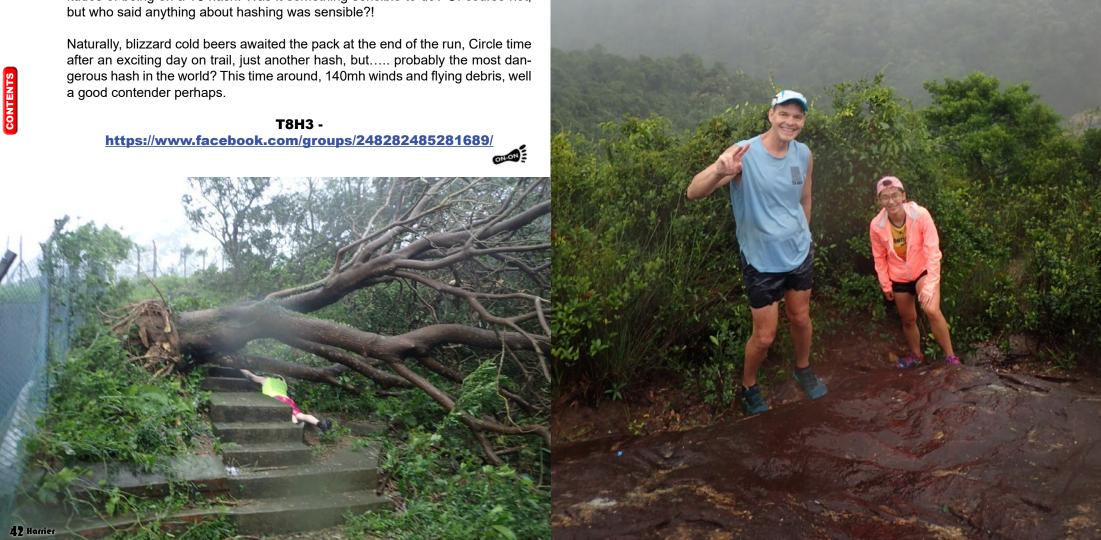
Yes. Thrilling, of course. Challenging for the hare, always a "live hare" laying paper and flour trail for the hounds to chase, swirling winds and heavy rain typical conditions for a T8 hare.

The last typhoon of the 2018 season, "Mangkhut" (Thai for Mangosteen) reared its powerful head around the 10<sup>th</sup> September, formed into a Super Typhoon, and soon rolled over the north Philippines. Its track was predicted as a direct hit on Hong Kong in the early hours of Sunday 16<sup>th</sup> September. Saturday night the T8H3 GM, Hopeless, and the hare, Burning Lust, mobilized the potential pack via Facebook and WhatsApp. Sure enough, early Sunday morning, the T8 signal was up, and by now messages, emails and phone calls were a plenty, with "new member" requests to the Facebook group spiraling out of control – interest was piqued and people were keen to pop their T8 cherries.



But...... hurricane signal T10 was announced around 10am as winds picked up to over 140kmh and the some of the keenness and practicality of getting to the start of the run became reality. Twenty or more could not make the start of the run in Tin Hau due to roads being blocked by trees, such was the hammering HK was receiving at that stage.

But, at noon, 36 keen runners were ready as Burning Lust set off with his bag of shredded insurance clams! Was it windy? Yes, especially on the top of Braemar Hill. Was it dangerous? Yes, Lost in Translation suffered near concussion as a tree snapped in front of her off the broken catch-water. Was it fun? Absolutely! A "full blown" T10 run in high winds and flying debris adds to the adrenaline and kudos of being on a T8 hash. Was it something sensible to do? Of course not, but who said anything about hashing was sensible?!



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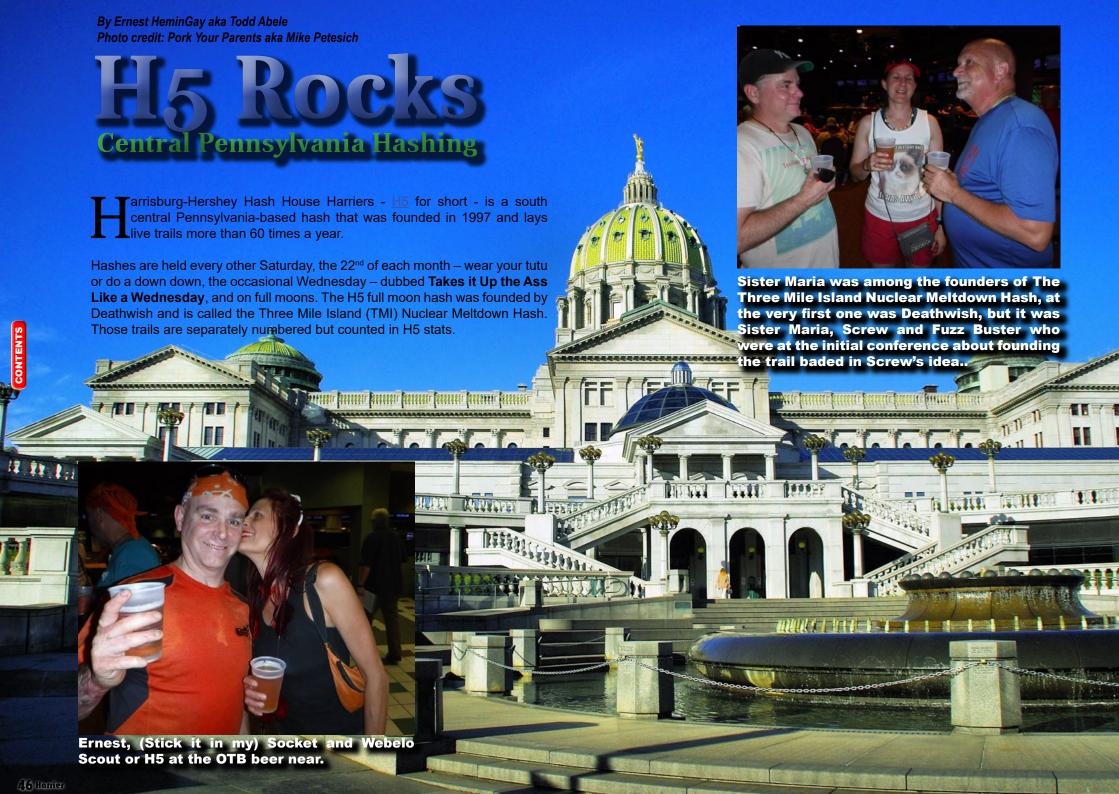
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One of H5's highly attended summer trails - the Lipstick Lesbian Hash - was recently run on July 7, 2018, and is in its 7<sup>th</sup> year. Attended by about 40 harriers and harriettes, this trail is set by the three-some of Wishboneher, She Came, who is H5's hash cash and statistician, and Bang 4 Ur Buck, former GM and current hare raiser.

Trail started at the Water Way Bar & Grill in York, PA at 4 o'clock, NOT on the nose. Hash time. Opening circle was held on their deck with civilians looking on and asking the usual questions. Twelve minutes after the hares were off, the pack proceeded through town, across parking lots and sidewalks, over a dry, grassy canal bed where a shot near was hidden, through more city, then into an overgrown nursery, were a Christmas in July decorated fir tree hid the first beer near. Some hills and dails and a cemetery later, trail was again meandering though the sketchier sections of the city of York to the top of a parking garage.

While doing circle, a cop on a Segway, attracted by the commotion and hijinks, shows up and asks what we're up to, and ends up accepting a cold water and doing a down down on a robustly warm July evening.







H5's annual camp out is called <u>Stinko de Mayo</u> and is held the weekend closest to May 5 each year. It attracts 200 hashers from numerous neighboring kennels. Stinko features a 25-keg beer wagon, great food, a table of liquor, and Bushrat's famous Saturday morning trail. (At more than 160 trails hared, Bushrat has laid over 15% of all H5 and TMI trails.) He and his band of Stinko co-hares lay a challenging six-to-eight mile eagle trail, and a challenging three-to-five mile turkey trail through the local valleys and Appalachian Mountains and foothills.

Stinko's Friday camp crawl is a bounty of costumes fitting the theme. After Saturday's trail, a Hash Olympics is held, and GM Tour de Puke's Bubba, Central PA's drunkest band, rocks the classics on Saturday night. For information about the next H5 hash, check out H5's <u>upcumming events</u> page or join <u>H5 on Facebook</u>. H5 keep stats on who hared and who came to each hash. Awards and patches are given for milestones in attendance.







H5 is always on the way somewhere if you're traveling on the East Coast and gets numerous visitors, especially during the summer travel season. Nearby Pennsylvania kennels include: Lehigh Valley, the newly founded Rogue North, Reading, and Nittany Valley and several Philly hashes. Within a two hour drive are Baltimore Annapolis, Charm City and Old Frederick in Maryland, Hockessin in Delaware, Rumson and Princeton in NJ and the DC and Virginia hashes. Pittsburgh, Hillbilly, Flour City (Rochester), Ithaca and Syracuse are also within easy driving distance for road whores.

Harrisburg-Hershey H3 has run more than 800 trails, and the TMI full moon over 225. For trail runners, <u>Keystone H3</u> has been revived and runs once or twice each month on a Sunday morning at 10. A female-only hash called S.P.O.T. (<u>Susquehanna Pussies On Trail</u>) also runs local trails and has an annual Manvitational event that invites harriers to run with the harriettes.









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#### Abidjan Hash House Harriers - Le Abidjan HHH

Being the weekly Saturday afternoon hash, I tried out this group first. They were very easy to find with run locations beings posted on their website either on Thursday or Friday. This is important as the meeting point is at the run site itself. So armed with a printed out map and the hash contact phone number, I went onto the streets of Le Plateau, downtown Abidjan to find one of the local orange taxis to drive me out to Grand Bassam, Abidjan's nearest beach location and the run site.

After a 40 minute drive, my taxi driver called the contact number to get the precise location which was a small dirt road off the national highway leading to Ghana. This was easy to find as there was a big makeshift sign with HHH on it. After 10 minutes, there was a mass of cars and people parked under trees. I had found 'Le Hash'. There must have been around 150 people there from all over the world. A mix of languages could be heard with the main language French. I managed to find some Anglophones.







Eventually the GM called everyone to 'Le Cercle' and a massive circle was called. As usual, the Hares were called in to explain the trails and an announcement was made that special tea and chocolate were on sale. Then before the hash, could go, a call was put out for volunteer hares to lay the trail for next week. 3 people quickly volunteered and were applauded and then everyone set off. I think this is quite an efficient way of making sure a hash has hares for next week. Evidently, the hash trails cannot start until someone volunteers for next week.

The run was supposed to be around 15km and the walk 10km. It was flat and mainly sandy through estates of rubber, cocoa and coconut passing many small villages. It was all very scenic and the locals lined up to greet us Both trails were well laid with fine shreddie so every hasher could walk or run at his/her own pace. There was no waiting around for everyone. There was even a 2km check back for the walkers but the award was a drinks stop including big buckets of local beer.







On returning back to the start, some cars were already starting to pull away. This is not a hash that does circles or 'On Ons' although their website implies that they do so this must have been done away with at some point. The idea seems to be to meet, do a long trail and then to go home. There were buckets of drinks and beer at the finish and some hashers hang around a bit to drink, socialise and sample/buy the local anti-malarial tea and chocolate but the majority had gone.

My second Abidjan hash experience the following week was similar although I no longer needed to rely on a taxi to find the way as got a lift from a fellow hasher. The hash was in the area of Bingerville and lots of hills this time but still very lush through forest as well as rubber, cocoa and coconut trees. Again there were big numbers but no circle or 'On On' after.

Abidjan H3 was founded in November 1981 by Andrew Martin and Rick Hodson. For the latest information on the next run location in both English and French, visit <a href="https://www.abidjanhhh.org/index.htm">https://www.abidjanhhh.org/index.htm</a>







#### Abidjan Classic Hash

This so called English speaking hash meets once a month usually around the third Sunday of the month and the run location is sent out through an email distribution list. They were very hard to track down as they had no updated online presence but I finally managed to track them down through a Nairobi hasher, missed them once in December as they changed the weekend and then caught up with them in the third week of January.

This time the meeting place was a small resort restaurant on a lagoon. The group was a lot smaller being around 40 but the hash fee was more since this included food at the end. This was more of a traditional hash with a shorter trail, more mud, false trails and a drinks stop at a local bar. The trail passed through forest with a stream that had to be kept being leapt over and a very muddy trail leading to a pool of water to cross leading to a false trail. All hashers were required to do the false trail otherwise they would be charged in the circle.

The drinks stop was at a very simple local bar with a few tables and plastic chairs on the side of the road but plenty of beer. Hashers sat down and enjoyed the beer for around 45 minutes. Although it was supposed to be an English speaking Hash originally set up by the British Embassy in 2001 by Mike







"Rajun" Cajun and Valence "Juicy" Herbert, a lot of French could be heard. On return to the start, as the sun was setting over the lagoon, a circle was called in English by current GM, Malawi Gigolo and followed a fairly predictable pattern of calling in hares, virgins, visitors, returnees etc before the charges started with the usual Down Down songs. They were drunk in small bowls which had to be worn on the head when finishing. Once the charges were over, hashers lined up for food which was a small buffet of local Ivorian food and sat down to continue socialising. This felt much more normal than the Saturday hash which attracts a huge crowd.

Abidjan Classic also seem to do full moon runs as one was set for the following Tuesday but alas I was off on a plane to my next adventure in Dakar, Senegal. To get on the mailing list, to receive the next information about the Classic Hash, sign up to the following email address list:

#### classic hash@hotmail.com







Venue: We are happy to announce that we could win the Radisson Blu (Mammy Yoko) 4-Star hotel as a major sponsor of the event. We signed an agreement for the venue free of charge and discounted room rates.

Sponsors: The traditional sponsor of the FH3 is the Sierra Leone Brewery (a subsidiary of Heineken) which locally brews Star Beer, Mützig and Guiness. They live up to our expectations and will supply ample quantities of our staple food. It can be consumed bottled,



canned or as draught; plans are under way to provide intravenous drips for the needy.

Other major and some smaller companies have expressed interest to sponsor the event. Negotiations are ongoing.

Runs: Freetown has lovely beaches and steep hills, so runs will be flat and hilly. Be prepared for some tough running (ambulances are on stand-by). Visas: We are currently in negotiations with immigration to facilitate visas on arrival for PAH and will update you on this. Visa can also be obtained online, which is reliable and convenient but comes with an extra fee (www.visitsierraleone.com).

Travel: There are several international carriers servicing Freetown: KLM/ Air France, Brussels, Kenya Airways, Royal Air Maroc, Asky, Air Cote d'Ivoire, Air Peace, Mauritania Airlines (not sure all of them can be recommended; maybe you pack an extra parachute with some of them). Once you reach Lungi International Airport you have to cross over to Freetown by Speedboat. There are two providers (Sea Coach and Sea Bird) and they are both reliable. You will have to checkin the luggage and collect the luggage at the other side. Tickets are 40 USD or SLL 320.000 one way; this includes the bus transfer from the Airport to the nearby boat terminal: so come with some \$-cash. We are currently negotiating for a reduced rate for the Hashers. Transfer from the Boat terminal in Freetown to the hotel will be arranged by the PAH and/or the hotel.

#### Dates:

31st May - 2nd June 2019

Venue: Freetown

Radisson Blue Garden

#### Website:

www.pan-africa-hash.org

#### Communications:

info@pan-africa-hash.org

#### Programme

#### Friday, 31<sup>st</sup> May 2019:

Arrivals Registration PAH Bar Opens Red Dress Run Opening Ceremony



#### Saturday 1<sup>st</sup> June, 2019:

Brunch
Depart to Runs
Return to Venue
Dinner and Party



Sunday 2<sup>nd</sup> June, 2019
Same program as Sat
GM/HM/RAs meeting

PAH Bar closes after party

ON-ON

#### Freetown Calling!

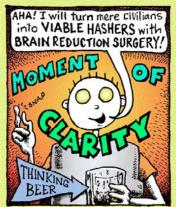
Join us.....Run.....Party......Come.....Freetown and the FH3 are awaiting you!!!

#### Classic



I need a CHALLENGING & WORTHWHILE CAREER, that makes a DIFFERENCE ...Anything less is MERE QUACKERY!



















#### 17<sup>th</sup> PAN ASIA HASH ZHANGJIAJIE 2019

7 - 10 NOV 2019.

#### WULINGYUAN NATIONAL PARK, ZHANGJIAJIE, HUNAN CHINA

#### Host: Changsha Hash House Harrier. Fully supported by Zhangjiajie Government / Department of Tourism

Official Website : www.panasiahash2019.com

: panasiahash2019. Facebook group

PAN ASIA HASH 2019 Zhangjiajie promised to be a special edition one due its beautiful scenery and also all the facilities it has such as the world tallest outdoor lift, the world longest cable car and recently the world longest glass bridge, all this makes Zhangjiajie a top spot

ecotourism in China. Department of Tourism gives its full support for The Pan Asia Hash 2019 to be held in Zhangjiajie. More significantly it is in line with the government mission to introduce Zhangjiajie tourism to the world a far. That is to make Zhangjiajie a major international ecotourism destination. Pan Asia Hash 2019 event is considered the right avenue to achieve that mission.

Department of tourism will give free National Park entrance ticket to all hashers attending Pan Asia Hash 2019 and for the first time Hash Run will be carried out inside The Tourism National Park. Hash House Harrier history is in making.

DON'T MISS A LIFE TIME CHANCE OF HASHING INSIDE ZHANGJIAJIE NATIONAL PARK ALSO KNOWN AS THE LAND OF THE AVATAR, A TOP ECOTOURISM SPOT IN CHINA.

RUN FEE now selling at USD 175 until End of year 2018 USD 200 until 31th June 2019 USD 250 until Event

03 Days events 03 Nites party

#### The COMMITTE

: Longshen Chairman Vice Chairman 1: Cai Ye Zi. Vice Chairman 2: Dayu

Advisor: King Kong, Steve Disco Wanker, Monkey King, Steven Big Foot, Double OO Dirk, Awie Papa Cash

#### HOW TO GET THERE.

Entry point: Changsha, The capital of Hunan, has a vast connection of domestic flights to Guangzhou, Shanghai and Hong Kong as well as many international flight to South East Asian cities. From Changsha to Zhangiiaije is 4 hours by bus

Guangzhou, Shanghai has many domestic flights direct to Zhangjiajie.

Pan Asia Hash Committee will set up a representative booth in Changsha Airport to welcome and give assistance to arriving hashers during the event

Currently China Government is building massive railway system which will link Zhanqjiajie to major cities like Changsha, Guangzhou, Hong Kong and Shanghai,

Which will be completed by this year. At the time Pan Asia Hash 2019 come into action, Zhanqjiajie is already well connected by train. This will facilitates hashers coming into Zhangjiajie.



PAN ASIA HASH 2019 Zhangjiajie











Hash Run

Hash Run

Zhanglialie National Park (\$45)

**Entertainment** 

Etc....







#### **WE WANT YOU!**

Come and join us!!





#### PAN ASIA HASH 2019

Zhangjiajie 7 – 10 Nov 2019 **Rundown:** What you get:

**Red Dress** 

FRIDAY, 8th NOV 2019 **Welcome Party** 

SATURDAY, 9th Nov 2019

**SUNDAY, 10th NOV 2019** 

**Farewell Party** 

**Goodies Bag Dinner for 3 Day 3 Times** 

Beeeeerrrr!!!!







www.panasiahash2019.com

**Tour Contact** 

: changshahhh@yahoo.com / stvglobal@yahoo.com

: 🕿 Steven Tan +6019 286 9668 🕓 WhatsApp



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Each of the main days' events will take place in the hills and countryside outside Manila

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www.philippinesnashhash2019.org

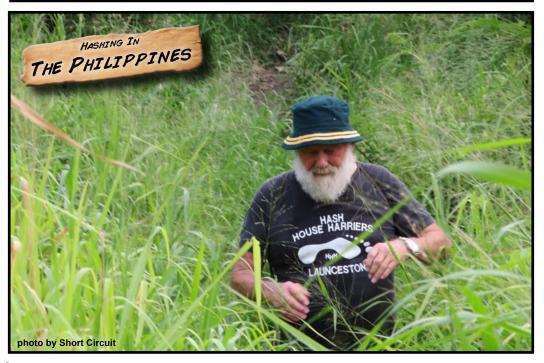






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### PHILIPPINES HASHES

#### ANGELES BEACH HHH

HTTP://ANGELES-HASH.COM MEN ONLY HASH. RUNS SATURDAY ONCE PER MONTH

#### ANGELES CITY HHH



## PHILIPPINES

CEBU HHH

HTTP://CEBUHASH.ORG
MIXED HASH
EVERY SUNDAY AROUND 2:30 PM FROM SANDTRAP

#### PUERTO GALERA HHH

HTTP://PGH3.ORG
MIXED HASH
RUNS SUNDAY 3:30 PM FROM CAPT'N GREGG'S

#### MAKATI METRO MANILA HHH

HTTPS://SITES.GOOGLE.COM/SITE/
MAKATIMANILAHASHHOUSEHARRIERS/
RUNS 2ND AND 4TH SUNDAYS OF THE MONTH AT 3 PM

#### MANILA HHH

HTTPS://SITES.GOOGLE.COM/SITE/MANILAH3/ MEN ONLY HASH. RUNS MONDAYS 6 PM SHARP

#### MANILA MIXED HHH

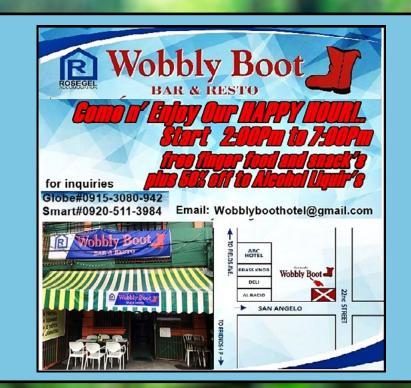
HTTPS://SITES.GOOGLE.COM/SITE/MANILAMIXEDH3/
MIXED HASH
RUNS 1ST SATURDAY OF THE MONTH. 6.30 PM

#### MANILA HARRIETTES (MIHI)

SOCIAL WOMEN'S ONLY WALKING AND DRINKING GROUP
HASHES ONCE A MONTH
HTTPS://SITES.GOOGLE.COM/SITE/MANILAHARRIETTES/

#### MANILA FULLMOON H3

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THERE IS ALWAYS A CRAFT BREW THEME.
HTTPS://WWW.FACEBOOK.COM/GROUPS/626318777496552/





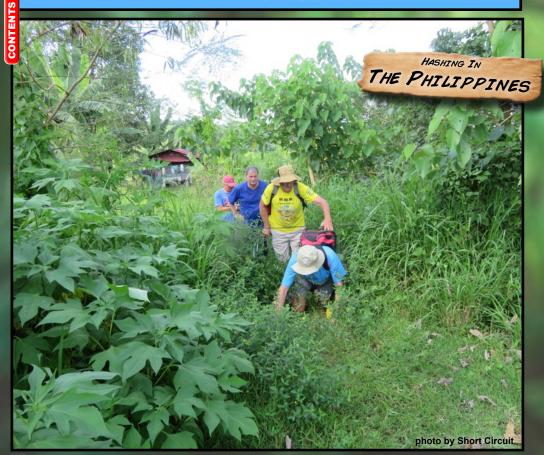








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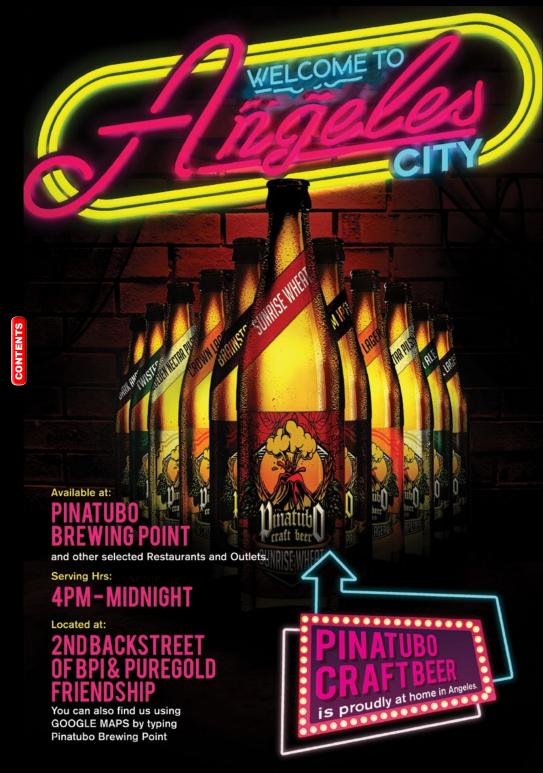
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#### PHILIPPINES HASH BASH 2019 AT PUERTO PRINCESA, PALAWAN.

This 4-days event is staged at PUERTO PRINCESA which is the capital city of Palawan.

Puerto Princesa has lots of great hashing terrain on the city outskirts, plenty of large resorts to accommodate our group, as well as a new international airport terminal just opened last year, and many attractions including the white beaches of Honda Bay where we will have an "Alcoholics Beach Day Trip" on the fourth and final day of this event.

Registration is limited to the first 100 PAID hashers ... so register and pay ASAP to guarantee your seat.

Dates are March 7-8-9-10, 2019 which is the week after Philippines Nash Hash being hosted by Manila Hash. No main venue is decided upon yet ... but watch for announcements later this year as this event schedule is finalized.

See the event website for full details of the 2018 and 2019 events:

http://www.hashbash.rocks



#### LOCATION

#### AREA INFORMATION

Half way along Baloy Beach Road, across from Treasre Island, Johan's and Kokomo's

#### **GETTING HERE**

By private car, the trip from Manila is less than 3 hours. Take the North Luzon Expressway thru to the Dau exit. Then follow the signs to SCTEx and Subic, Travel along the SCTEx to Subic Freeport and then follow the signs to Olongapo and Iba. After pass-ing though Barretto, which is about a 10 minute drive past Olongapo turn left into Baloy long Beach

By Victory Liner bus, the trip from Manila to Subic takes approximately 4 hours. Buses run from the Pa-say Terminal to Olongapo every 30 minutes from 5 AM till 6 PM. Once you get to Olongapo, Baloy Beach is about 20 minutes by trike or blue jeepney.







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http://subicbayhash.simplesite.com















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## PATTAYA HASHES Pattaya H3 We meet every Monday on 3rd Road in Front of the Buffalo Bar https://www.pattayah3.com/ THAILAND Pattaya Jungle H3 We run 1st & 3rd Sunday of each month www.pattayajungle.com/



Home of the Pattaya Hash House Harriers!



hen you're on holidays in Pattaya and need a fix of your live sports, look no further than I-Rovers Sports Bar, Restaurant & Guesthouse, which is conveniently located in a corner of the bustling Soi LK Metro.

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- Half price pool upstairs Tuesday & Thursday

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BANGKOK MONDAY HASH HOUSE HARRIERS (1982) Every Monday at 5:30 (5:15 during the winter) bangkokmondayhhh.com

BANGKOK HARRIETTES HHH **Every Wednesday** bangkokharriettes.wordpress.com/

BANGKOK THURSDAY HHH **Every Thursday** bangkokthursdayhhh.wordpress.com/

BANGKOK FULL MOON HASH HOUSE HARRIERS Monthly on Fridays at 6:30 sites.google.com/site/bangk

BANGKOK HASH HOUSE HARRIERS (1977) Every Saturday at 5:00 (4:30 during the winter) www.bangkokhhh.com/

> SIAM SUNDAY HASH HOUSE HARRIERS (1997) First and third Sunday of every month at 4:30 pm www.siamsundayhhh.com/

BANGKOK HASH HOUSE BIKERS (1992) Away hash, last weekend of each month www.bangkokbikehash.org/

> BANGKOK BUSH HASH (2017) https://www.bangkokbushhash.com



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## MEKONG INDO CHINA 2019 SORRY-SOLD OUT 13-18 November 2019 CHIANG MAI, THAILAND

#### **Prelubes**

#### Wed 13th Nov

Charity Loy Kratong\* (Loy Kateoy) Run A memorable Cross Dressing Run / Bar Crawl through the city.

#### Thur 14th Nov

#### MALE ONLY Lanna Bush H3 Run

You can expect a challenging run, with plenty of beer and plenty of fun!

#### FEMALE ONLY Bunny + Iron Pussy + Copenhagen Ladies Hash Run

Chiang Mai Bunny H3 team up with the Phuket Iron Pussy H3 and Copenhagen Ladies H3 to bring you unparalleled

#### MIXED Chiang Mai Happy Hash Run

The CH4 runs every Thursday - 45-60 minute run, followed by a circle run by the hare of the day.

#### **Postlube**

#### Mon 18th Nov Full Moon Run - Bobo

The traditions continue with a full moon run following the main event.

#### **The Main Event**

Fri 15th Nov - Welcome Party

#### Sat 16th Nov - The Main Event

(Ball Breaker, Long, Regular or Walk), followed by circles & Party

#### Sun 17th Nov - Hangover run

Followed by closing circle, beer and food!





http://www.indochina2019.com

#### Registration

We have had an amazing response and are nearly full a year ahead of the event! All new registrants will be placed on a wait list.

Imperial Mae Ping Hotel, Chiang Mai.

#### REGISTRATION

http://www.indochina2019.com

#### CONTACT

Belly Dancer & Byte My Yahoo: mekonghash2019@gmail.com



\* Loy Kratong is one of the main traditional festivals held annually in Chiang Mai. The event involves fireworks, lanterns and a parade through the city.



#### FRIENDLIEST HOTEL IN PATONG BEACH



www.expathotel.com



### Summer Breeze Hotel

Patong Beach, Phuket, Thailand Email: info@summerbreezehotel.com Website: www.summerbreeze.com

ASK FOR



HHH PHUKET

#### **Phuket H3**

Runs every Saturday

### Phuket



First Wednesday of every month. Men only.



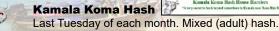
Second Wendesday of every month. Women only.



2nd or 3rd Sunday of each month. Family hash.

#### **Phuket Mountain Bike Hash**

#### 3rd or 4th Sunday of each month.





#### **Phuket Marauders Hash**

Meet when the GM decides from 0 - 4 times a year. Experienced male hashers only.

Visit www.phuket-hhh.com for more info on all the hashes.

## VIETNAM



Saigon H3
http://www.saigonhash.com/





Hanoi H3
http://www.hanoih3.com/





Nha Trang H3
http://www.nhatranghash.com/



Vung Tau H3
http://www.vungtauhash.com/



Hoi An H3
http://hoianhash.com/







photo by Jimmy Wilkins

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www.avis.la



www.facebook.com/avisrentacarlaos/

## CAMBODIA



#### Phnom Penh HHH (P2H3)

meets at the Phnom Penh Railroad Station every Sunday at 2:15 GM: joseph.h.beckett@zoho.com



#### Phnom Penh Bike Hash

1st Saturday of the month GM: chris@go.co.uk



#### Sinville H3

Runs every Wednesday 3 pm Charlie Harpers https://www.facebook.com/groups/ sinvilleh3/



#### Phnom Penh Full Moon

INFO: www.p2h3.com



#### Stung Treng H3

INFO: http://stungtrengh3.com/

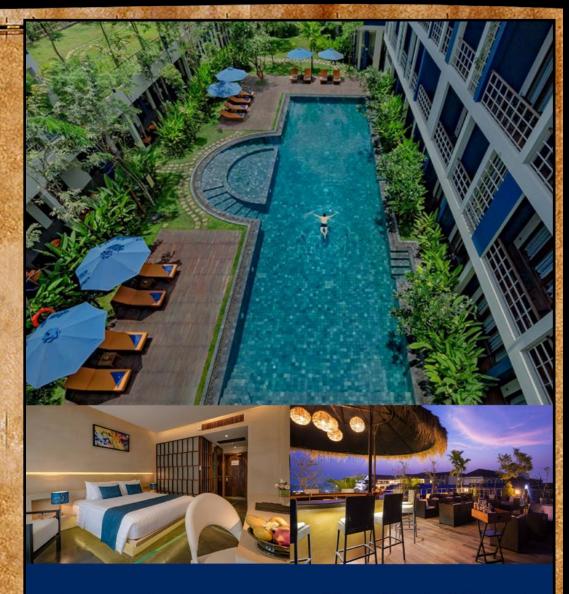


#### **Angkor HHH**

runs once a month

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General Manager gm@sakmutboutiquehotel.com





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### **HHH World Events**

Do you have a hunger to travel the world and do some hashing while your at it, but your not sure where and when to go??

Then look no further, right here at HHH World Events you can find what is happening in major events world wide in the Hashing community.

www.hhhworldevents.org

African Events		
<b> </b>	Mar 30-31 2019	Cape Town H3 2000th Run Capetown, South Aftrica
	Apr 26-28 2019	Mauritius H3 800th Run Pereybere, Mauritius
	May 31-2 Jun 2019	<u>Pan Africa Hash 2019</u> Freetown, Sierra Leone

Asian Events		
	Feb 28 - Mar 3 2019	<u>Philippine Nash Hash 2019</u> Manila, Philippines
	Mar 8-10 2019	Philippines Hash Bash 2019 Palawan, Philippines
<u>C</u>	May 17-19 2019	<u>6th Interbike Hash</u> Sungei Tiram, Johor Bahru, Malaysia
	July 1-4 2019	Wild Wolf Birthday Bash 2019 Koh Samui Hoh Samui, Thailand
<u>C</u>	Sept 13-15 2019	17th Borneo Nash Hash Kota Kinabalu, Sabah, Borneo
*0	Sept 13-15 2019	All China Nash Hash 2019 Dongguan, China
*2	Nov 7-10 2019	<u>Pan Asia Hash 2019</u> Zhang Jia Jie, Hunan, China
	Nov 15-17 2019	Mekong Indochina Hash 2019 Chaing Mai, Thailand
*2	Nov 11-24 2019	<u>Yangtze River Hash Cruise</u> Shanghai, China
	Nov 21-24 2019	Asia United Hash 2019 Taoyuan, Taiwan





European Events		
	Mar 22-24 2019	Oslo H3 30th Anniversary Ski Hash Lillehammer, Norway
	May 3-5 2019	<u>Irish Nash Hash 2019</u> Dublin, Ireland
<b>W</b>	May 15-21 2019	<u>Mijas H3 30th Anniversary</u> Fuengirola Málaga, Spain
	May 31-Jun 2 2019	Vindobona H3 2000th Hash Burgenland, Austria
$\pm$	Jul 27-29 2018	<u>UK Full Moon Nash Hash 2018</u> Maids Moreton, Buckingham, England
	Aug 9-11 2019	Neptunus Hash Weekend 2019 Baarlo, Nederlands
X	Aug 16-19 2019	EuroHash 2019 Edinburgh, Scotland
+	Aug 30- Sep 1 2019	Swiss Nash Hash 2019 Vordemwald, Switzerland
	Aug 30- Sep 1 2019	<u>German Nash Hash 2019</u> Hannover, Germany

#### UK Nash Hash 2019 - Kelso

Welcome to UK Mash Hash 2019 to be held in the heart of the Scottish Borders. Caledonia Mashers have come together to provide a value for money weekend at Springwood Park, Kelso.

- Refreshment from opening to closing ceremonies
- Breakfast Saturday, Sunday and Monday
- Lunch Saturday and Sunday
- Dinner Saturday and Sunday
- Trails Saturday, Sunday and Monday
- Camping Camper-van parking
- Crash space
- Toilet and shower facilities



For those who prefer a little more comfort:



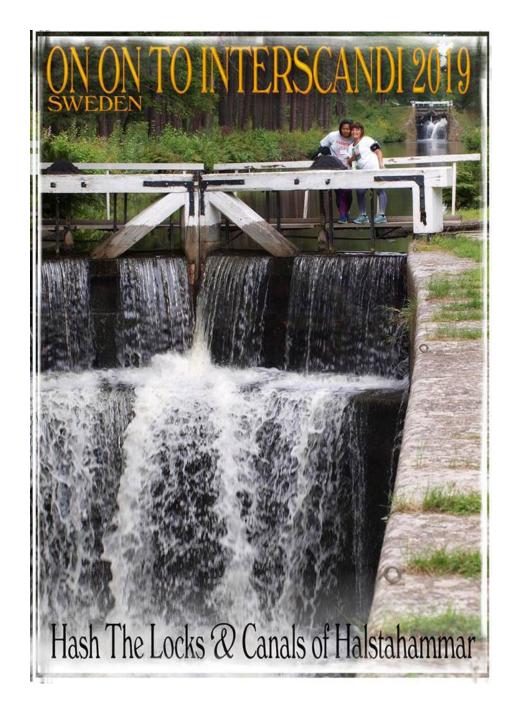
- We may be able to offer bank beds at the crash space for a small additional cost. Hotels and BBs are within 10 minutes walking in Kelso, these are for your own

Visit https://goo.gl/skHVgP or www.UKNashHash2019.co.uk for online registration or Email us on uknh2019@gmail.com

Follow us on Face Book at https://www.facebook.com/groups/uknashhash/

Pay by Bank Transfer, Cheque or Cash - all in GB€





Australian-New Zealand & Oceania Events		
*	May 3-5 2019	Aussie Nash Hash 2019 Port Douglas, Qld, Australia
米	Feb 5-7 2021	New Zealand Nash Hash 2021 Hawkes Bay, New Zealand

North American Events		
	Mar 1-3 2019	SNOH3 Lake Flacid Winter Olympdicks 2019 Cleveland, New York, USA
	Mar 1-3 2019	<u>Colorado Skash 2019</u> Steamboat Springs, Colorado, USA
	Mar 22-24 2019	<u>Louisville H3 10th Hashy Birthday</u> Louisville, Kentucky, USA
	May 3-5 2019	Naked Pirate H3 Anal Campout 2019 White Springs, Florida, USA
	Aug 23-25 2019	Ohio Interhash 2019 Millersburg, Ohio, USA
*	Sep 20–22 2019	Provincial Affair Weekend 2019 Tiny Township, Ontario, Canada

Caribbean Events		
	Oct 14-18 2019	<u>Hash Boat InterAmericas 2019</u> Nassau, Bahamas
	Apr 21-24 2020	Interhash 2020 Port of Spain, Trinidad and Tobago







Shedding light on what's happening in hashing worldwide

#### **Generic Hash Shirts**



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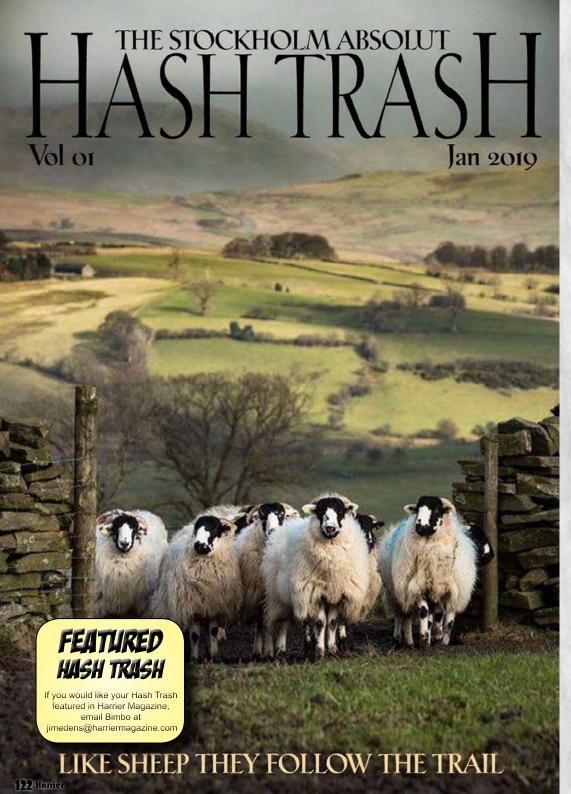
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#### SOBER HOUNDS CHASE DRUNKEN HARES

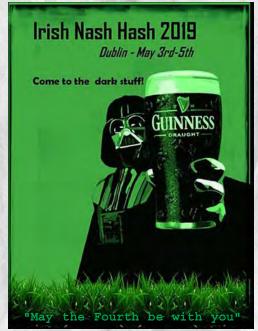


#### Irish Nash Hash 2019

Dublin H3 is proud to disorganise the Irish Nash Hash 2019.

A weekend of fun on the Emerald Isle!

So why not head over to the land of Shamrock, Guinness and Leprechauns for a weekend of debauchery and good old fashioned hash fun.



#### **IRISH NASH HASH 2019 EVENT DETAILS:**

Starting with registration, beer, city run, circle etc. on Friday
A longer run outside Dublin on the Saturday
(yes, beer, snacks, beer, circle etc.) followed by a

#### "May the Fourth be with you"

themed party back in the city (meal, beer, music, beer.
Cinco de Mayo will be celebrated with a Fat Boys Run on
the Sunday morning with a celebratory send off...
Circle, beer, snacks etc.

http://www.angelfire.com/ak/DublinHHH/Paddy2019.html



Celebrate the 2000th Run of the Edinburgh Hash House Harriers.

An action and fun packed weekend commencing with a Red Dress run on Friday 31st May in and around the "Honest Toun" of Musselburgh finishing with more celebrations at the Rugby Club. This will require a stop at various hostelries enroute so bring your purse and keep some for the charity box!

Rise on Saturday 1st June after a night under the stars (or in your hotel or bunkhouse) to the smell of a fully cooked breakfast (or cereal if you prefer) which can be eaten inside or outside in the sun (the RA has guaranteed it!) and prepare yourself for a journey to the countryside where you will have the choice of a ballbreaker, medium or short run through and around woods and rivers ending up at the famous Stewarts Brewery where we will spend a couple of hours before bus back to the Rugby Club here we change for dinner and evening frivolities including a stage show and some music to dance the night away.

Waken on Sunday 2nd June with breakfast again followed by the 2000th EH3 Run from the Rugby Club through the outskirts of Musselburgh and through villages and countryside and back to the Rugby Club where a BBO awaits.

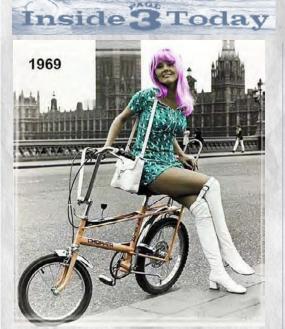
What's included? T-shirt, breakfast and evening meals Sat and Sunday plus Beer and Wine until it runs out plus entertainment and of course runs and transport to and from and let's not forget the Brewery trip!!

How much? £100 per head until 28th February thereafter £115 per head We have a maximum of 150 places that are filling quickly - https://www.edinburghh3.com/eh3-run-2000.html

Red Horse & Sir MaliBog are going Are You? 17 - 19 May 2019 - Hallstahammar Sweden



http://wagh3.vpsite.se/INTERSCANDI-2019.html



The year 2019 commemorates 50 years since the last year and demise of the Swinging Sixties

The Swinging Sixties was a youth-driven cultural revolution that took place in the United Kingdom during the mid-to-late 1960s, emphasising modernity an

Music was a big part of the scene, with "the London sound" including the Who, the Kinks, the Small Faces and the Rolling Stones, fun-loving hedonism, with Swinging London as its centre.

I was fortunate enough to have been apart of this being a Mod on my Vespa GS and later into the decade having my first experience with the Hash. Not the Hash I have embraced for the last 40 years or more but the other Hash that introduced me to 'A Whiter Shade of Pale' and 'Lucy In The Sky'

Umm, this look was so different and unusual for the time. Have



a look at both ladies. So different. Do you really wonder why she was looking the way she was. It was a shock to most parents back then. My god, just imagine what her face would look like if this same lady was walking down our streets today!

The older ladies could never wear mini-skirts without their bloomers showing as the elastic was just above the knees. Similar to the way some 'men' wear their jeans. 20 years ago this month, one of the best TV shows ever debuted on HBO



It still influences shows and movies to this day.



Jimmy Greaves and Bobby Moore, visit Pinewood Studios 1966. with Sean Connery and Yul Brynner, nice shoes 007...



Yul Brynner started his film career in the 60's advertising perfume although it was well known that the smell of perfume made his violently sick, they even wrote a song about it and they sing the song most weeks at Liverpool football stadium, it's called,

'Yul never wore cologne'.

#### Fatties Looking Forward To Annual Visit To Gym

Treadmills and exercise bikes across the country have being reinforced and production of industrial strength lycra is at record levels as the January annual rush for gym memberships is underway, only to be cancelled within days.



With the UK in a solid first place in the European Obesity League, fatties across the land are looking forward to their annual social media orgy of self-prophesizing weight lost posts, vague earthly-hippie yoga mantras and a gluttony of 'before' pics, taken shortly after dumping out their left over Christmas food leading up to the New Year.

Resident Burnley fatty, Hugh Jass, has been waiting for this moment since January last year. "I can't wait to get to the gym," he told The Hash Trash." I've bought all new kit but I'm going to keep the labels on, just in case.

"I always wanted to get the perfect beach body, for the trips to Sunny Beach in Bulgaria or the Sunny Sands of Majorca.

I never got round to joining the gym last Christmas, so missed the opportunity to do so, and now the gear I bought last year doesn't fit.

I've been meticulously putting together a healthy eating plan and exercise routine to kick the new year off. Bring on the new me!"

Although he has a better diet than most Burnley residents, when asked whether he knew what Kale was, Hugh assumed it was a greasy spoon cafe village near Skelmersdale.

"I'll be cutting down on the Big Macs and fries to one a day and the KFC's to two a week.

Although I hear chicken is key to getting fit, so I can't cut it out completely.

I'll also be making healthier choices with my drink, and instead of 8 pints a night, I'll switch to Vodka or gin and 6 pints to cut down on the carbs."

Flood barriers are being installed at one leisure centre in Lancashire to ensure that a repeat of the North West floods do not take place for the one day when the pool looks like mating season of the Elephant Seals.

Regular gym members treat the annual phenomenon as a viewing platform, to make them feel better about themselves, before the migration back to the pubs and takeaways finishes in February.

### China Discovers Dark Side Of The Moon

China recenty shocked the world by revealing its latest lunar explorer spacecraft had discovered an old Pink Floyd album. The extraordinary news means the Chinese have finally caught up with quirky British prog rock tastes from 1973. The Chang'e 4 spacecraft touched down on Thursday morning Beijing time, official China Central Television reported.



Moments later, the first sounds of the Dark Side of the Moon album were beamed back to boffins at the Chinese Space Agency. First Breathe, then Great Gig in the Sky, followed by Money.

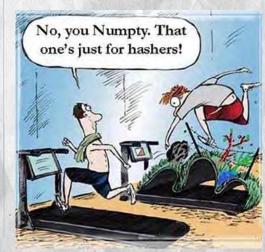
British space expert Lorraine Fisher, 34, said: "The Chinese couldn't believe what they were hearing.

"Under a strict regime of state censorship, they had never heard of Pink Floyd before, let alone the Dark Side of the Moon album.

"The country has now taken prog rock to its heart and assumes all western songs must be at least 13 minutes long."

The album is one of the biggest selling albums of all time, enjoyed by generations of men in their bedrooms when they've got nothing better to do.

The mission heralds China's plan to become a global superpower in space exploration. It is already planning a new mission to Mars, where it hopes to prove if the rumours of the existence of a David Bowie hit single are true.



### The Swinging Sixties

If the Fifties were in black and white, then the Sixties were in Technicolor. The 'Swinging Sixties' remain the

defining decade for Britain.

In just ten short years, London had transformed from the bleak, conservative city, only just beginning to forget the troubles of the Second World War, into the capital of the world, full of freedom, hope and promise.

It was the centre of all excitement; the city where anything and everything was possible. And yet, does anyone truly know how it was possible for decades of change to take place in just ten years?

By the 1960s, the first teenage generation free from conscription

emerged in Britain. Young people were finally given a voice and freedom to do what they wanted.

The parents of the Sixties teenage generation had spent their youth fighting for their lives in the Second World War and wanted their own children to enjoy their youth and be able to have more fun and freedom.

By the early 1960s, teenagers were already significantly different to those of a decade ago.

One of the biggest, defining aspects of the 1960s was music. Although rock and roll began having an effect on Britain

in the 1950s, it wasn't until the early Sixties and the emergence of 'British Invasion' groups like The Beatles, that music truly began its revolutionary changes

The Beatles are an excellent example of how music influenced the lives of young Britons. Although they continued the rock and roll genre of the 1950s for the

early part of the decade, by 1967 Sgt Pepper's Lonely Hearts Club Band became the turning point in music and inspired other musicians, such as The Beach Boys and The Rolling Stones, to

isicians, such as The Beach Boys and The Rolling Stones, to experiment with new sounds and developinnovative pieces of music.



as was seen in 'Revolution'. Young people began to stand up for their beliefs and rindividuality.

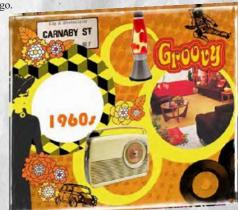
Recreational drugs were also synonymous with the Sixties and became more commonly used in the latter part of the

decade. Images of the Woodstock festival show people high on marijuana and LSD, dancing in fields with paint on their face and their hair flowing free. It was very difficult for anyone in show business to avoid becoming involved in drugs in some way and as easily influenced young people looking for fun, many were encouraged to follow their idols and take hallucinogenic drugs. LSD made people feel happy and optimistic and helped bring about the 'hippie' movement. The effects of these drugs were also reflected in psychedelic art and films, bringing new, vibrant and exciting colours and patterns to the forefront. The 'Yellow Submarine' film with

its combination of psychedelic pictures and music illustrates this perfectly.

Although Britain wasn't directly involved in the Vietnam War, British musicians such as John Lennon brought it to the attentions of British people through protests against the conflict. Songs like 'Give Peace a Chance' showed people the horrors and pointlessness of war and fans followed in the footsteps of their idols to pursue peace and freedom.

This became one of the biggest aspects associated with the 'hippie' movement. People began to challenge and question authority, something that would have been unheard of a decade ago.



#### The Decade that Shook Britain

The Profumo Affair, a scandalous mix of sex, spies and

government, captured the public's attention in 1963. The Secretary for War John Profumo was discovered to be having an affair with a woman who was also seeing a Russian military attaché. Profumo denied the affair but later admitted that he had lied to the House of Commons and resigned. The affair changed the relationship between government and press forever and seriously undermined the public's trust in politicians. The traditional deference to figures of authority was now gradually being replaced by suspicion

and mistrust. Fashion in the decade mirrored many of the social changes of the Sixties. Mary Quant became famous for popularising the mini skirt which became the epitome of 1960s fashion. The mini was designed to be free and liberating for women, allowing them to "run and jump". Her fashion designs used simple geometric shapes and colours which gave women a new kind of femininity. Women were free to wear more playful, youthful clothes that would have seemed outrageous ten years before. By the late Sixties, psychedelic prints and vibrant colours began appearing on clothes as the hippie movement gathered pace.

Feminism began to become a more influential ideology as more jobs became available to young women in the Sixties. This allowed them to move away from home and become more independent.

The contraceptive pill became legalised for all women in 1967 and gave them the opportunity to broaden their hopes and dreams far beyond motherhood and marriage.

The Women's Liberty movement was in its infancy when in 1968

at a Ford factory in Dagenham, 850 women went on strike, arguing for equal pay with their male co-workers. This action resulted in the passing of the Equal Pay Act of 1970.



Furthermore, women were becoming increasingly involved in politics. For example, in 1968, Barbara Castle became the first and only woman to be appointed First Secretary of State and women began finding a voice in society and the running of the country.

Technological advancements of the 1960s drastically changed how people spent their leisure time. The increase in employment in factories and increase in money allowed people to spend more on leisure activities. Colour television and pocket transistor radios allowed people to spend



their free time listening to music and watching TV. Every

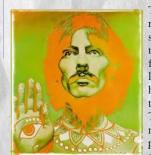
teenager owned a transistor radio allowing them to listen to pop music on the move. The microwave oven shortened the amount of time women spent in the kitchen, further allowing them more freedom and time to enjoy themselves. By the end of the decade, Neil Armstrong and Buzz Aldrin achieved the impossible by becoming the first men on the moon in 1969.





It ended the decade on a note of optimism and the ability to dream for something bigger and better.

What a dream it was



The 1960s was a decade of rapid change. Blink for one second and you would have missed it. It was the period that finally allowed people the liberty and individuality people had fought for and what we take for granted nowadays. The sixties began bleak and restricted, but by the end, people were full of hope and optimism for a better future.

## MALIBOC'S ANUL HANGOVER RUN IN THE DEAD CENTRE OF STOCKHOLM







This being the 27th Stockholm Anul Hangover Run the Hare's intentions were to give the Hounds a taste for their money and create a long 10k run. Leaving the confines of town the pack headed north into the large grounds of the Solna cemetery.

Unfortunately MaliBog the Hare had come a cropper the day before whilst laying the trail up the ice bound steep remembrance knoll, fell heavily on his side then proceeded to bounce down the hill.





Having recovered somewhat he dragged himself up on his feet and managed to continue the trail limping as he progressed like the Hash Martyr he is but in a moment of rare astuteness decided the better part of valour was to shorten the trail considerably by about 4k, find an alternative drink stop close by the cemetery then hobble his way home for a medicinal drunk.

Fortunately the cautious pack had read the last minute guidelines and arrived suitable adorned with spikes so were able to manipulate the frigid ice-swathed knoll without life-threatening injuries.















Passing a strange roadway sign and a picture of a hare the pack delved deep into the cemetery and ascended the glacial memorial-knoll as the light began to splutter away and the ghostly images commemorating long lost souls were silhouetted in the decaying light. Sod this they said and proceeded down a steep embankment on threw a rubbish tip, one more hill arriving at the drink stop in time for the whisky infused mulled wine. Then a short course back to the on-home.



# THE JOYS OF RUNNING THE STOCKHOLM HASH IN WINTER



Here the Trash presents a few photos of what you would have continuously missed on the Stockholm Absolut and Underground Hashes throughout the wintry and snowy polar month of January.

During the day it has been brisk and sunshiny but during the evenings when the sun settles down so does the temperature but being in a dry atmosphere the coldness it's not so noticeable as the climate has no dampness to penetrate your clothes.

Wearing ice dubs was recommended because of the frozen streets, something I

should have been wearing when haring my run at the cemetery but no I thought I knew better. OnOnMaliBog















2019





We have come a long way in 50 years



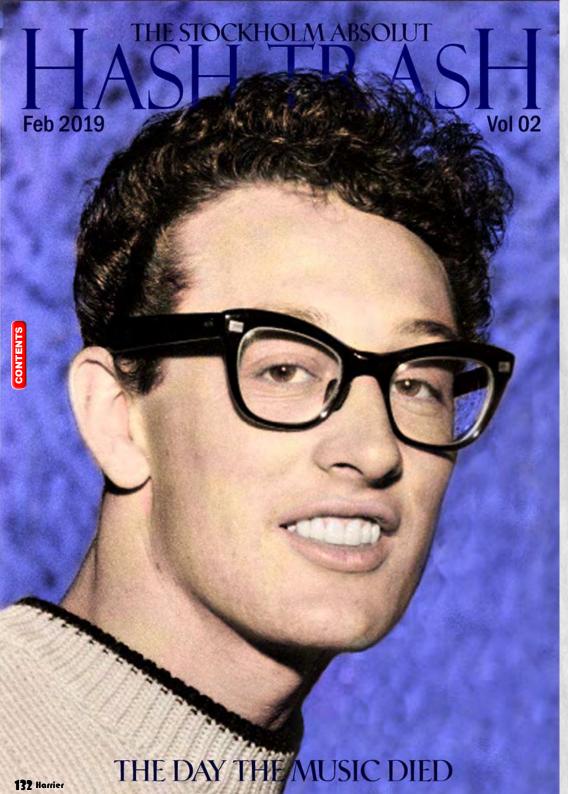












#### THE DETERIORATING HARE TWINE

#### STOCKHOLM ABSOLUT HASH

RUN 818 Sat 9th March 2018 @ 2.00 pm "The Maybe Spring Soon Run! Run starts @ Casa Skötbullar, Trastvägen 22, Stocksund Hare Meatballs –

RUN 819 Sat 23th March 2018 @ 2.00 pm Where Casa Bad at Skogsvägen 12 Sandsborg T Bana – Hare Bad Pit

--onon---

#### STOCKHOLM UNDERGROUND HASH

RUN 1377 Wed 13th March 2018 @ 6.30 pm Hare: 4 Pack-Where; Kloster Hornsgatan 85

RUN 1278 Wed 20th March 2018 @ 6.30 pm Hares Naked Koch-Titan Dick-Little Brother Where: Fruängen Restaurant Falcon

VISIT THE STOCKHOLM HASH HOMEPAGE http://www.hash.st

#### NEWCASTLE RED DRESS HASH





Great picture of the Newcastle Red Dress Runners blending in with the historic Swing Bridge over the River Tyne in Newcastle.

Want to know more about the NH3 visit:

http://www.nhhh.co.uk Or if you are in NSW Australia

visit their namesake Hash also know as the Horny Hash: https://sites.google.com/site/newcastlehhh/

### PRELUBE TRAIL TO UK NASH HASH Hosted By The Bras & Pants Hash

Take the hassle out of organising transport and accommodation traveling to UK Nash Hash from eurohash or where ever lol.

Join us for an amazing prelube steeped in history and some of the true secret locations of Scotland as we travel our way from Edinburgh to UK Nash Hash

We start the trail the Grange Cricket Club 20th August 2019 11.30 am. Registration soup sandwiches you need a lining on your stomach for things to come lol. Meet and greet fellow hashers and the PARTY BEGINS





Wednesday full hang over breakfast bus pick up to travel to Strathaven brewery. A brewery on the water which was originally an old mill. Bras & Pants trail so bring your undies lol. Then back to the brewery for lots of beer and haggis hurling. The brewery has a lovely bar down stairs, great outsides for haggis hurling and is set in gorgeous country side. Bus pick up back to hostel for more frolics and fun.

Thursday more hang over breakfast pack up bus pick up on on to UK Nash Hash Trail includes 3 days buses, accommodation in the hostel, a lot of food and drinks. If you have any question ask. The booking form is here cost only £150 https://goo.gl/forms/tGK2WZ0kICkqMPa02

### Inside 3 Today

Donald Trump has spoken of how great it is that there's now so much pussy to grab when he next visits the House of Representatives.



Tweeting, POTATUS said, "Is it any coincidence that under administration record numbers of women have been elected he House of Representatives? I think not." here's way more than under Obama and Clinton. Not many

here's way more than under Obama and Clinton. Not many pple know this but I'm a huge feminist. Probably the greatest or to live. Women love money and that's why women love Trump."

One insider told us, "He is excited to see so many women elected to the House of Representatives. When he next visits it will be stacked with pussy crying out to be grabbed. Not only that, it's not wrinkled old mares like crooked Hilary who has never denied being a lesbian. I mean no offence but, Bill, I can see why you cheated. Some of these women are in their twenties and wear yoga pants to the office. They'll be able to debate POTATUS all night long."

He went on, "It's great to see so many Hispanic representatives now. Everyone knows they have the sort of energy to go all night long."

### GETTING READY FOR ST VALENTINES DAY



#### 'Jesus Saves'

posters to be removed across the world, after he discovers he's no match for Gordon Banks



Gordon Banks glided through the Pearly Gates recenly and has already demoted Jesus to the second-best saver, after making a brief appearance in the Paradise reserve team.

St Peter, who asked the legend what he would like to do on arrival, said that he couldn't wait to pull on a pair of gloves and get started training for the first team.

"Obviously we gave him his fitness straight back and we had his eye waiting for him and he just came in and got started, like the legend he is. We are all in awe of him up here and think that we will almost certainly beat the Norse Gods next Saturday." It is believed that Banks will replace former Soviet keeper Lev Yashin, who has been number one since he was signed in 1990. "We are building a hell of a team here now, if you'll pardon the expression, and we are delighted to have him with us.

"His family, the football community and all of those who loved him in life, can be absolutely assured that he is having a real career resurgence and he's looking forward to them watching him play in the future. He's on cloud 9, so to speak!

"He's come straight in as our number one and he's playing in the best team he's ever been part of. He's having a pint of golden nectar with Alan Ball and Jimmy Armfield at the minute, they are having a right old catch up.

"Just remember down there, you haven't lost him, he's just slipped offside for a little while."



### BEWARE THE LUDVIKA HASH VIKINGS



THESE VIOLENT HORDES
WILL DESCEND UPON YOUR HASH
THEY WILL RAPE, PLUNDER AND PILLAGE
STEAL YOUR BEER AND STEAL YOUR WINE
AND MOST PROBABLY FALL ASLEEP

http://www.lhhh.net/index\_web.htm

#### Westra Aros Gurka H3

The closest Hash to Stockholm is the WAGH3 When they don't come to Stockholm to run with us, we go to Västerås to run with them.



https://wagh3.webnode.se/

Check Out The Waitng List



https://wagh3.webnode.se/interscandi-2019/

### HOW THE GOTHENBURG HASH FIND THE BEER STOP

GothenburgH3:.....https://privat.bahnhof.se/wb611023//



#### GROWING IN THE GRASS





#### FRESH MEAT'S GO FINIS RUN

Few years ago we were at Blind Pew's Berserkers Full Moon run in Sickla when Pitt Bull Burger announced that his lady love is arriving from the US and would be soon with us and joining us at the circle. And that she would be fresh meat on the hash having never run before.

Having heard this I had no option to give her the name 'Fresh Meat' which must have been one of the quickest names given especially as she had yet to run a Hash.

Since then it's all been down hill as she met up with so many of the degenerates of the Stockholm Hashes being part of the Absolut, Underground, Marathon kennels and the first Bike/ run/swim TriHashalon.





Sadly both Pit Bull and Fresh Meat had to return to San Diago in sunny California on some pretence of working, Pit Ball having ungentlemanly departed last month left FM with Haring her 'Go Finis' run with the help of Laid Bird as her co-hare.

As it happened the winter had just stricken us brutal and left a covering of that white stuff everywhere.

They decided in their wisdom to lay the trail in Haga Park where fortunately they had gritted the main pathways, unfortunately during the small hours the temperature had risen above zero so the ice melted somewhat only to freeze again over the grit which left the trail a slippery as the toboggan run.

Anyway we all manged to reach the drink stop upon a frozen hill and then made our ways back to the On-Inn where home

brew and whisky was served, down downs where given and some Scottish fans watched the 6 Nations game between Ireland and Scotland on a phone, Scotland lost. Good Hash and we will miss you so come back some day.....*OnOnMaliBog* 

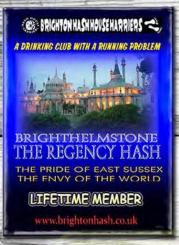


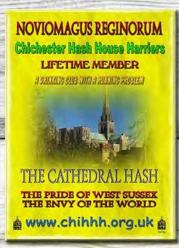


### IT'S NICE WITH ICE ON THE ABSOLUT RUN # 816



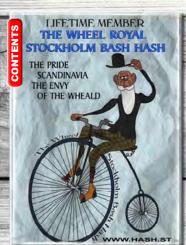


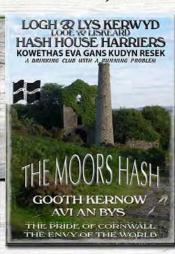






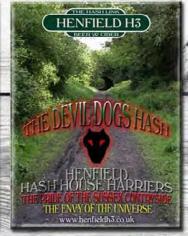
### I HAVE MADE THESE PHOTO SIZE PICS FOR SEVERAL HASH CLUBS AS GIVAWAYS. WOULD BE WILLING TO DESIGN FOR YOUR HASH - JUST SEND ME YOUR DETAILS AND A PICTURE.













#### This Sporting Life

The American Government funded a study to see why the head of a man's Penis was larger than the shaft.

After 1 year and \$580,000, they concluded that the reason that the head was larger than the shaft was to give the man more pleasure during sex.

After the US published the study, the French decided to do their own study. After \$650,000 and 3 years of research, they concluded that the reason the head was larger than the shaft was to give the woman more pleasure during sex.

The Australian Government, unsatisfied with these findings, conducted their own study. After 2 weeks and a cost of around \$75.46, and 2 cases of beer, they concluded that it was to keep a man's hand from flying off and hitting himself in the forehead.

### Wayne Rooney Arrested In America

A merican cop who arrested Rooney for public intoxication in January had just never heard a scouse accent before The American police officer who arrested Wayne Rooney for 'public intoxication' at Dulles International Airport in Virginia has apologised after subsequently learning that this is how the footballer speaks all the time.



Police officer Chuck Williams, who arrested the former England and Manchester United captain, apologised saying, "With the strange slurred and gutteral utterings coming from his mouth, coupled with his inability to process simple verbal instructions, I assumed he was drunk – my bad.

"Having done some research, I now realise that this is just his accent and normal mental capability. Also, I now see that the Beatles weren't permanently sozzled during each and every one of their TV interviews, as I had previously thought."

In a statement, Wayne Rooney's lawyer Simon Williams said, "When I heard that Wayne had been arrested at an airport, I naturally assumed it was because he'd been found cavorting with an elderly prostitute or something.

"But it appears to have been a simple misunderstanding on behalf of the cop, who had evidently never heard anyone speaking with a Liverpudlian accent before, as he immediately arrested him for public intoxication after hearing him say just a few words. "My client received a statutory automatic fine of \$25 with an extra \$91 in costs, which despite being innocent he was actually happy to pay. Mainly because it's just a drop in the ocean to Wayne —he earns more than that figure every time he touches the ball in training.

"Plus he would have only spent it on booze anyway."

### Superbowl Shows How To Do Boring



The world's 'greatest sporting spectacle' took place during February in America.

Both teams played as if they didn't want to win and go to the White House for cold burgers.

The game lasted 50 hours. There was some shitty band playing at half time. No Janet Jackson nipples this time but there was some guy called Adam who showed his.

One of the teams won and the other one lost. Did I mention that the game lasted 50 hours? I grew a beard while watching it..

#### Superbowl Rampant Consumerism

Marketing professionals are celebrating yet another a magnificent victory in yesterday's Super Bowl LIII, after securing unprecedented levels of coverage for their range of tawdry products.

In a match between the New England Patriots and the Los Angeles Rams, which was won by one of them 13-3, all eyes were on the brands that could most successfully exploit their exposure to hundreds of millions of American wallets.

NFL spokesperson Walt Gamington told us, "Each year we wonder where we are going improve on the previous year's successful extraction of income from US workers, and yet we continue to do so, time and again.

"I think that's it's a testament to the skills of our nation's marketing professionals that even in such financially challenging times we were able to secure \$5m for a 30 second commercial in the middle of a ball game.

"We've got sponsored cameras, sponsored drinks providers, sponsored breaks, sponsored time-outs, sponsored lines on the pitch. "It's absolutely brilliant."

Gamington continued, "We are running out of things to sponsor, admittedly, but I have faith in our nation's capitalists to wring several million dollars more out of someone in time for next year's event.

"Each quarterback has eight fingers and two thumbs, so there are twenty sponsorship opportunities right there – you can have that one for free.

"Tom Brady's right index finger – 'brought to you by Frito-Lay Sunchips' has a certain ring to it, no?

"What about 'sponsored' sponsors? 'This McDonald's advert was brought to you by Ford'—that's surely an option?

"Sure, there are some people who will tell you that the Super Bowl is an important sporting and cultural event in the US calendar – and I'd agree to a certain extent – so long as at the end of the day, commercial exploitation is the winner."

### The Day The Music Died







Buddy Holly Charles Hardin Holley



The Big Bopper Jiles Perry Richardson Jr

#### FEBRUARY 3rd 1959

Soon after takeoff, late at night and in poor, wintry weather conditions, the pilot lost control of the light aircraft, A Beechcraft Bonanza, which subsequently crashed into a cornfield. Everyone on board was killed.

The event has since been mentioned in various songs and films.

Many of you Mature farts on the Hash will remember this ill-fated date. I was just a mere 15 summers when I heard this newsflash. By then I had most of Buddy Holly's 45's in my collection, 'Rave On' 'Peggy Sue', 'That'll be The Day' and more plus two of Ritchie Valens 'Donna' and 'La Bamba' and the greatest of the Big Bopper 'Chantilly Lace'

Fast forward to when Rob and myself were running the 'Birds of Paradise' in Angeles City, Philippines., undoubtably the best know Hash Bar in The World.

During early 1883 I was back in England and managed to buy another copy of 'Chantilly Lace' plus the Jane Birkin/Serge Gainsbourg record 'Je t'aime... moi non plus'



Both of these records I put on our Juke Box at the Old BOP and both were played over and over again until they were almost worn out.

The Hashers and the GI's playing Big Bopper's 'Chantilly Lace' not believing this was a white singer.

Whereas the dancing girls loved to girate to the sensuous lyrics and the melody of Jane Birkin's 'Je t'aime'

140 Harrier



The infamous later rebuilt home of the Angeles Hash lasted almost 20 years seeing the birth of the 'Beach Hash' (British Empire American Colonies Hash), the 'AC Full Moon Hash' and the 'Pinatubo Hash Trekkers' plus organizing many entrees into the Manila Marathon, half marathons and 10k runs in the areas of Pampanga and Manila and twice the Hash Relay from Angeles to Subic Bay and back in aid of charity.

Infamous for starting The First Philippine Nash Hash and being a part of InterHash Manila

Unfortunately all good things must come to an end and during 2001 the doors were finally shut on this Hash Institution, but still most fondly remembered by many all over the world......

