

# On On

March 2023  
Issue 34

*The History Magazine of the Hash House Harriers*



# News

## Events in February

Hashes around the world have celebrated Valentine's Day with red runs (including Mexico, Dili and Nairobi).

## England

**Wessex H3** had a run set by Virgin Hares who got a great review: *'What to expect? A decent trail actually. Very little tarmac - phew - footpaths, streams, woods, hills. A stop for a shot of port, a bit of cheese would have made it extremely civilised. Thank you for the trail Adam Geoffrey and Kirstie Gray. Brill effort.'* There was also a naming with Just Lesley Ann becoming *Back Seat Rider*.

**Isle of Wight H3's Bart** stepped in at late notice to set a trail when the hares dropped out. Keeping British footpaths open is an ongoing struggle and Isle of Wight H3 have made a small contribution by sponsoring a footpath gate.

## Bulgaria

Hashing briefly returned to Bulgaria with a visit from a group of Berkshire Hashers.

## Thailand

Chiang Rae is in the north of Thailand, a hiking spot for tourists who are too cool for Chiang Mai. **Chiang Rae H3** have recently had one of their longest-ever hashes, *'Great Hash yesterday Run No 193.....One of the longest runs'*.

## U.A.E

Randy *Breaking Wind* Thompson and Ria *Clogbottom* Blonk have completed the Ras al-Khaimah half marathon.

## Hong Kong

**Little Sai Wa H3** went back to 'The Quarry' where the pack had got lost for 4 hours on a previous occasion. No problems this time, with a good trail from *Snatch Catcher*. *Kannot*

*Finnish* has returned to Finland

**Ladies of Hong Kong** had a successful 2700th joint hash with **FMH3**.

## Australia

**Perth Harriettes** had a big crowd for their annual fundraiser run at Wireless Hill.

## Bahamas

**Nassau H3** have donated \$1,000 to Lend A Hand Bahamas. *'We visited them today to meet some of the kids and learn about the amazing work that Lend a Hand does in the community. We met Savitri Major, education coordinator, and Kavon McInnis, culinary arts instructor, who are invaluable to the community and the programmes that they run from the centre.'*



**IT'S TIME TO CELEBRATE  
20 YEARS OF HASHING  
WITH THE PATTAYA  
JUNGLE HASH**

**May 5th-7th will be a special weekend,  
with the following activities:**

### Friday 5th May:

**Chimps Night Out:** A gentle pub crawl around Pattaya to get to know your fellow hashers. Pay as you go (PAYG)

### Saturday 6th May:

**The 20th Anniversary run in the Jungle**  
(transport provided from town)

### Sunday 7th May:

**Sunday Strollers**, a 4-5km stroll around town with beer stops, followed by a circle and down downs. A modest fee & PAYG

**Registration is now open!**



The Eurohash T-shirt

## Barbados

Francie Ammon, founder of **Barbados' Bike Hash House Harriers** continues her campaign to make the roads safer for cyclists. *'Not everyone respected the request to leave at least 1.5 metres between them and riders even though there were signs posted on some roads. There was an initial improvement but I think that was due to COVID and the fact that there were fewer cars on the road. However, there is still animosity between motorists and cyclists because the [drivers] think they own the roads and they don't want to share,' she said.*

## USA

**White House H3** will increase their run fee to \$10 per trail. *'This decision was made and approved by the WH4 MisManagement Team. The team talked with former WH4 GMs as well as GMs from other large local kennels and weighed these opinions as part of our discussions and ultimate decision'.*

## Germany

**Munich H3** had a Saint Patrick's Day Run with one of the hares forgetting to wear green.

## Road Trip to New Zealand Nash Hash 2023

### Friday 7th April

Bulls Memorial Obelisk  
Stay in Levin after the run

### Saturday 8th April

Napier  
Hare: Pania Plodders  
*There is a Rod Stewart concert in the evening so little accommodation available in Napier*

### Sunday 9th April

Palmerston North

### Monday 10th April

Levin  
Hares: LGFM, Legs.R.Go & Handle

### Tuesday 11th April

Gerries (Combined Wellington Run)

### Wednesday 12th April

Interislander sailing Ditch H3  
run on Kaitaki.  
5:30pm Red Dress Run Nelson Park Football

### Thursday 13th April

Fat Catz Hotel Motueka

### Friday 14th April

Midday FeFi's Winery Run  
Nash Hash Bethany Park, Kaiteriteri

## Malaysia

After a couple of city runs at the start of the year **Malacca H3** have been getting out into the countryside for some excellent hashes.

## Mexico

**Mexico City H3** noticed that they have been using various variations of their names on T-shirts and social media platforms. The committee ruled they should officially be known as **Hash House Harriers Mexico City** (H3 Mexico City).





Above: A possible new home for the museum  
 Right: Visitors to Neptunus' Hash Museum



Isle of Wight H3 has donated a new gate on one of the island's hiking tracks.

## Auckland Hussies The New Committee

GM - Snatch  
Brewmaster - Crude  
Trail master - Thumper  
Hash Cash - Indinial  
Fines Master - No Entry  
Plunder - Registrar

## Dewatah H3 Committee

Dewatah H3 are a Bali hash with a great social scene. *'We run every Tuesday in a different location each week. Lengths of runs are - Long: 10 km, Short: 6 km. Bintang beer and soft drinks at every run'.*

Hash Master	Nickers On
On Sec	Fucking Joker
Hash Cash	Glory Hole
Hash Ban	Cecek
Beer Master	Enyong Taebo
Hare Raiser	Germo & NeverRest
Hash Boutique	Gremo
Hash Flash	Pisang Kiri
Hare Raiser	4X4
Hare Raiser	Jempol Beseh
Hare Raiser	Never Rest
Hash Map	Leak Barak
Team Support	Saru Kan & Imelda

## Norway

A good turn out for **Bergen H3** on a far from perfect night of slush and ice.

## No April Issue

Dear hashers - there will be no April issue of On On Magazine. I will be heading for long awaited hip surgery. The good news is that come May I hope to be back running again (no disrespect to the Mexico City walking pack).

**In May we will issue a special Easter Edition.**

On On Shakes

Articles, hash news and photos to [stockholmsholmbob@gmail.com](mailto:stockholmsholmbob@gmail.com)

Back copies can be found on the Dubai Desert Hash website



Hash House Harriers Mexico City continue to do well - nearly 30 hashers turning out for a for a city run



“February is always a big month for the **Sons of Beijing Hash House Harriers** (SOBH3), having been founded on the 25th of February 2021. The SOB runs weekly and has an Annual General Meeting (AGM) each February to rehash the previous year and announce the new GM/s for the next.

Throughout 2022, the Sons of Beijing was valiantly led through the trials and tribulations of Beijing's zero Covid policies by *Transphobic Man*, a solo GM who ensured there was a run every week on a hash that does not have a mismanagement team. He ended his reign with a very successful AGM that ended in some Irish Exits and very sore heads in the morning. Thank you *Transphobic Man* for all your efforts over this last year, and good luck to the new co-GMs for the 23-24 period announced at the AGM, *Cums In 4 Seconds* and *sPEEDO*!

We would also like to take this opportunity to thank our first two years of hares. Your trails were shitty and your marks sucked.

On on!

Fetus Envy & Stilett-Hoe

Sons of Beijing H3 Founders”

From the New Zealand hash website:

## Rangitoto Island Run

For only the second time, the Rangitoto Run was postponed, due to foul weather. In fact the Hash was cancelled completely when Cyclone Gabrielle hit. So, the rescheduled Rangitoto run was held a week later. We had 40 registered initially, but this shrank to 30 for the rescheduled date, which covered the cost of the boat. Food and drinks were covered by **Auckland Hash**. 6 o'clock arrived, and the boat left Westhaven, and out into a tranquil harbour, under a sunny sky. What a difference a week makes. As we reached Rangitoto Wharf the GM announced that the runners' trail was to the top, then down to Islington bay, with *Nellie* sweeping. The walkers' trail was round the side of the mountain, with *Hard to Port* sweeping. The beloved GM stayed on the boat, nursing a crook foot. *Carmen* and *Gladwrap* were working hard in the galley, preparing the tucker. Some of the cruisers got off at Islington, to await the two packs. The first runner in, by a country mile, was *Bird Table*, soon followed by the first walker, *Boring*. The rest of the participants were far behind. It had already got dark, with *Maybe*, *Worm* & *Nellie* still out. The call was made to start hoeing into the tucker, then the tail-enders arrived. Good job done by both sweepers, keeping everybody safe. A great feed of ham, salad, buns – followed by steamed puds for dessert.

The GM then called the erection.

- *Demon* got everyone to drink to our Hash mates in Napier and Gisborne, who are doing it tough, after the cyclone.
- He then welcomed all Visitors & Returners *Boring* was straining at the leash to dish out his fines, so we let him let rip:
- *Carmen* – Didn't stop the cyclone, but managed well with the weather this week
- *Mopiko* – Gave up his painting to come to Hash
- *Hard To Port* – Lost glasses
- *Loose Change* – TV star
- *Seal Sucker* – Ran to lighthouse

And ..... *Mopiko* charged for looking like Gilligan, with his upturned hat. *Worm* for asking - “What's Gilligan's Island?”



# Sons of Beijing Hash House Harriers





# Hash Obituary

## Peter Simple Semen Teglbjaerg

Another Batavia H4 hasher

has passed away.

Simple Semen was GM in 2015.

*'He apparently slipped on trail and hit his head on a concert pipe. Later had some stitches and died 2 days later.'*

Note: Head injuries on the hash, or elsewhere, need to be taken seriously.

## Frigid Hole

Natalie Kilmon

Tbilisi H3 lost a good hasher

## Pain and Pleasure

Bali H3

The death of Pain and Pleasure came as a shock as he had been expected at a committee meeting that evening.

## Eric the legend

West London H3

*'Eric The Viking was a man who lived to hash and hashed to live. A real character who had a heart of gold and a belly of beer. I know he will be fondly remembered by many and missed by all who knew him.'*



RIP Peter "Simple  
Semen"  
Teglbjærg  
On on...



# Hash events

## **When:**

The Saturday of Memorial Weekend which comes at the end of May.

## **Organizing Kennel:**

IndyScent H3

## **Theme:**

## *The Greatest Spectacle in Hashing*

In motor sports the Americans does their own thing. Never mind the Formula One circuit, they have the Indy Car Series, some 17 races stretching from February to September. The top of the events is the Indy 500 billed as *The Greatest Spectacle in Sport*.

If all goes well the last practise is on the Friday, with Saturday free before the race. This is when the hash will pull their beer wagon through the crowds to the meeting point.

## **Cost:**

25 dollars for party and food

## **What happens:**

Having to run around the outside of the circuit fence limits possibilities so the run is often average but the party is always great. There is always a large turnout as many hashers are in town for the Indy 500.

The Indianapolis 500, commonly called the Indy 500, is an annual automobile race held at Indianapolis Motor Speedway.

The event is traditionally held over Memorial Day weekend, usually the last weekend of May. It is contested as part of the IndyCar Series

Friday

Final practice session

Saturday

Pre-race rest day

**HASH**

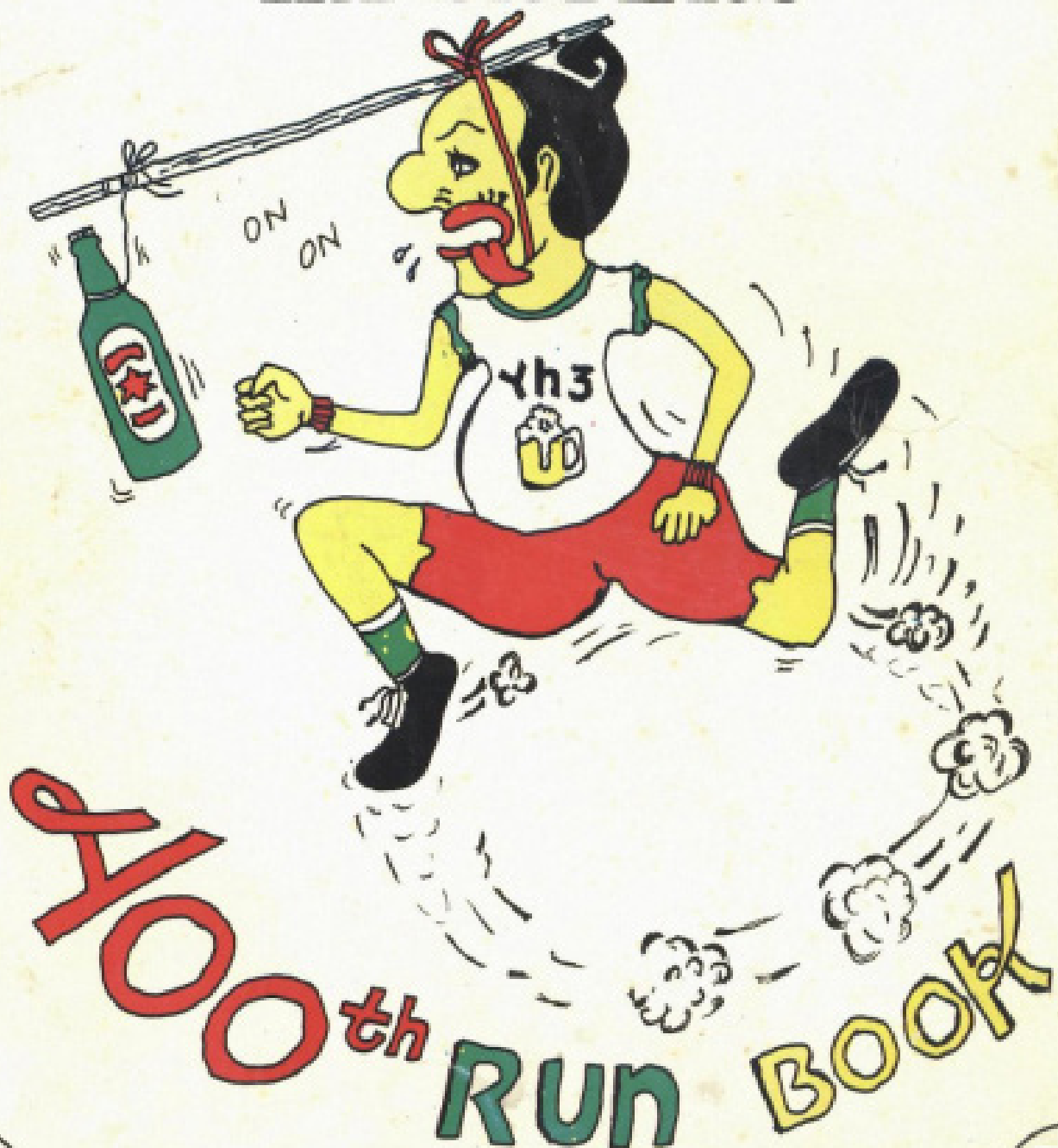
Sunday

Race



What annual events are on your hash calendar? Please send details to On On Magazine.

# YOGYAKARTA HASH HOUSE HARRIERS





# The hash comes to Yogyakarta



*The Yogyakarta 400th Run Book gave a wonderful account of the very first hash in the city. We reproduce the highlights here. Note hashing was widespread throughout Indonesia at the time so many people on the first run had hashed before and already had a hash name.*

## Run 1

May 7th, 1979

4.00pm

**Hares:** Rob Rooter Varley

*'demented doyen of shig-pit, marsh and sawah'*  
and

Pinhead Kilsby

*'notorious swamp-rat commando'*

**Description of the run:** *'the lucky runners were treated to a grueling chase through some embarrassingly well-populated areas.'*

**The run included:** *'a cascading torrent of water as clear and wholesome as a Bombay sewer in high summer.'*

**Length:** *'Overly long for some, easy for others'.*

Yogyakarta is in central Java. It is the capital city of the Special Region of Yogyakarta.

The city is an important centre for classical Javanese fine arts and culture.

Yogyakarta is home to a large student population and there are dozens of schools and universities.

Yogyakarta was the Indonesian capital from 1946 to 1948 during the Indonesian National Revolution.

The city's population was 373,589 in the 2020 Census.

For tourists it is a base for visiting Borobudur or climbing one of the surrounding volcanoes.

### There was fine hashing from:

Malingerer  
Malingreau  
Cannonball  
Masearau  
Buster  
Joe Klien

*'an impressive display of physical decrepitude  
their frenzied attempts to hail passing becaks and  
cadge lifts from cyclists did not go unnoticed.'*

### A note on the RA

RA One Lung Wright was seen *'wheezing under the  
weight of his emergency tobacco supply'*.

### A note on lost hashers:

3 Americans were lost at first check  
Mark *The Spark* Elder  
Bob *The Spic* Messina  
Ed *Monster* Wiess

### In addition

*Boobs* Harmer had underwear dysfunction  
Hash Music proved to be tone deaf

### Hash count at 400 runs

#### Departed Hashers

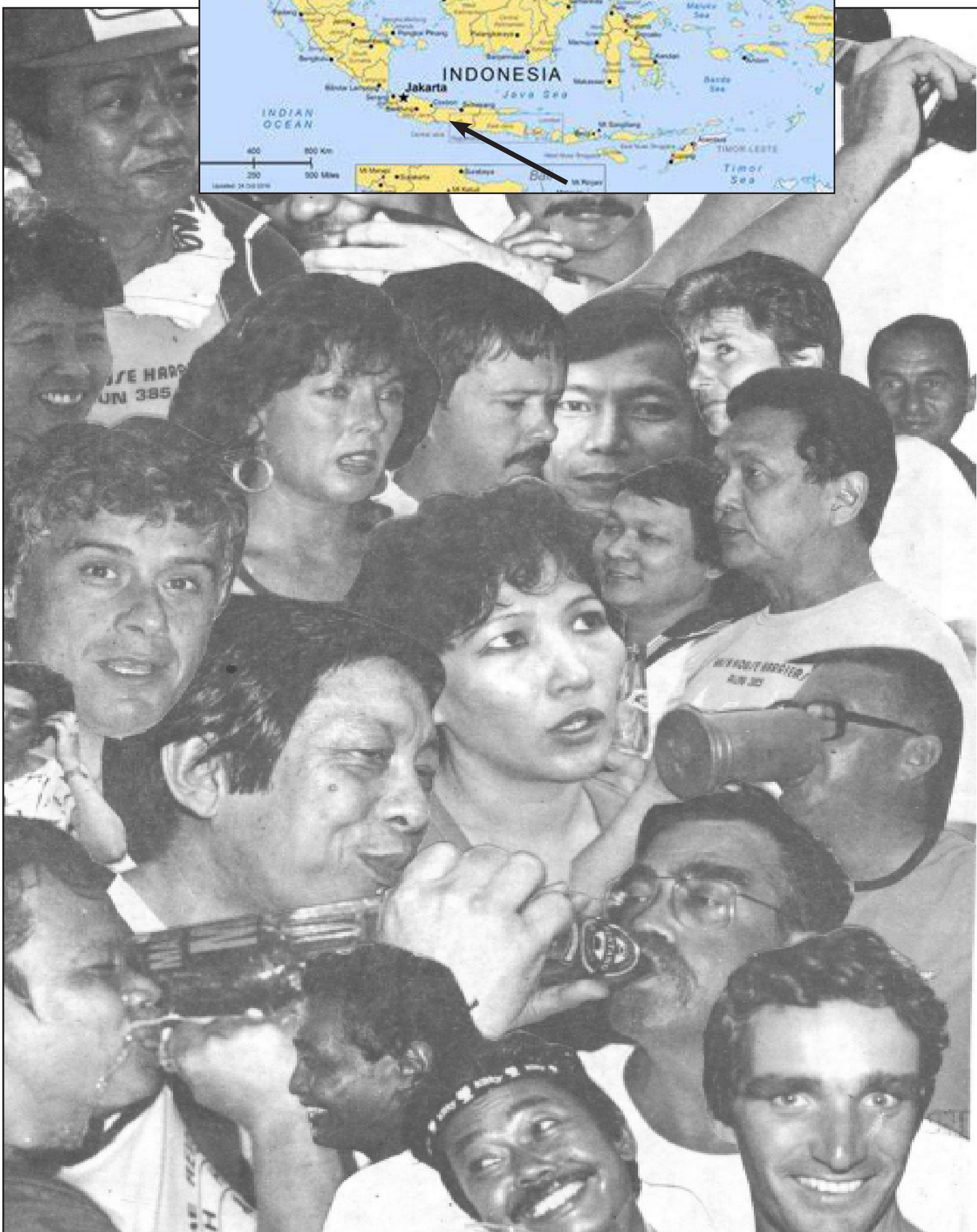
203	Rudy Caepos
161	Rob De Vries
145	David Williams
120	Jacques Couillerot
112	Gary Theiser
111	Allan Brown
107	Ireneo Celestimo
104	Peter Sage
104	Adrian Young

#### Still there:

275	Penny Guntoro
212	Massa
210	Lanny
207	Ita Santosa
203	Keith Freeman
191	Adi Prawiro
181	Atto
172	Jacques Leliaert
167	Jushan Pida
165	Jean Guntoro
140	Wim Sterrenbung
131	Colin Mclennan
119	Surosodanu
118	Mr Wang
111	Warsing
111	Bwarsini
111	Mr Handadi
107	Jean-Philip Gastellu
105	Budian Suharto
102	Jan Patte
102	Rudy Banyak







# Ian 'Pirelli' Callander

## *A photo tribute*

Hash legend Pirelli passed away on Sunday 12th February after complications arising from minor surgery.

Ian started hashing in 1969. For his 50th hashing anniversary, he had a T-shirt made up of the different hashes he was a member of:

Brunei	1969
Calcutta	1973
Bahrain	1976
Jakarta	1978
Singapore	1980
Los Angeles	1984
San Francisco	1986
Hong Kong	1991
Glasgow	1995











# Hash Legend Jack Salmons



As hashing spread around Malaysia a **Penang H3** chapter was started in 1965. A number of Air Force personnel serving at the adjacent Butterworth Base heard about it and joined in the fun.

The RAAF (Royal **Australian** Air Force) had its own school on Penang and a teacher, one Jack Salmons, became involved with the new kennel.

Jack subsequently relocated to Melbourne.

He longed for the good old days in Penang. Therefore he and another ex Penang H3 member, Ian Rippingale, persuaded a few others with pre-

vious Penang Hash experience to come to a family day event that would be preceded by a traditional Hash run.

Thus the first **Melbourne H3** run was arranged for Sunday 25th April 1971 from the Selby School Residence.

Ten runners turned up and followed a 3.9 mile trail along local roads and well defined tracks. Jack wrote a short run report, or Re-hash, and, with typical H3 overstatement, prophetically declared "*you have been chosen to create history*".

# Hashers

## A to Z

## Letter P

### Pecker

#### John Gregory

#### Ras al-Khaimah H3 (U.A.E.)

The first hash in the United Arab Emirates was not Dubai or Abu Dubai but the northern emirate of Ras al-Khaimah where cement works and harbour projects were helping to fuel the rapid growth of the rest of the country. *Peck* 42 years of hashing and *er* was the leading hasher completing 600 of their first 900 runs.

### Penis Head

#### Daytona H3 (USA)

Tops the **Daytona H3** run list with 1148 hashes. He joined them on Run Number 3 and has been a loyal hasher ever since. Each year from 1988 to 1994 he topped the run total list including a 100% turnout in 1994. He also achieved a personal best of 59 consecutive hashes without missing one.

### Petal

#### Glyn Price

#### Barnes H3 (England)

A noted English hasher with 700 plus runs with **Barnes H3** and nearly 600 with **Old Coulsdon H3**.

### Pete the Pilot

#### Pete Cracknell

#### London H3 (England)

Peter was introduced to hashing in Khartoum while visiting his brother *Bonkers*. On returning home he saw an advertisement for the London hash and so a legend was born. He went on to clock up over 900 runs with **London H3** and attended many other events, with **Westcombe H3** and the **Friday 13th** runs being favourites. He campaigned for better beer at hashes and was beer master at Inter-Hash Cardiff and EuroHash 2007. *Peter has recently passed away. On On*

### Peterfile

#### Hanoi H3 (Vietnam)

*Peterfile* spent 7 years hashing in Hanoi, including a spell as Grand Master (2008-2009) before founding **Hoi An H3**.

### Pether, David

#### Berkshire H3 (England)

UK Nash Hash Secretary in 1987.

### Phantom

#### Dave Winter

#### Auckland H3 (New Zealand)

*Phantom* began his hashing career with **Muscat H3** (Oman) from 1978 till 1981, after which he returned to New Zealand. He is a former Grand Master of **Auckland H3**, where he has clocked up 1400 runs over 42 years of hashing. He also has 1232 runs with **Auckland Hussies**. He was a founder member of the **Mangawhai Heads** and **Splash Hash**. *Phantom* has attended every Interhash since Pattaya in 1986 until Fiji in 2018. He can also claim several Pan Asia, Eurohash and an Africa Interhash to his credit which, when added to New Zealand Nash hashes and other special events adds up to a lifetime total of over 3150 hash runs.

### Phantom II

#### Jack Walker

#### Melbourne H3 (Australia)

Jack Walker joined **Melbourne H3** in 1986 and is now on 1600 plus runs. He was GM in 1993 and is



Dave Phantom Winter





*Above*  
**Pigg**  
*Right*  
**Pink Bits**

the current trail master. In 2001 he won the Jack Salmons Award for his outstanding contribution to the hash.

**Phileas Fogg**  
**Don Pumfrey**  
**Kampala H3 (Uganda)**

Don *Phileas Fogg* Pumfrey spent three decades running and drinking on the African hash scene. Starting in Nairobi in 1976, he went on to have spells as GM in both Kampala and Maseru as well as being a long term member of **Dar es Salaam H4** in their golden period of the late 1990s.

**Philips, Arthur**  
**Bangkok H3 (Thailand)**

Arthur hashed with **Mother Hash** before moving to Bangkok where he was on Run Number 1. While many discovered hashing wasn't for them, Arthur was still hashing 3 years later.

**Phillips. John**

In 1984 John Phillips set a record of 18 minutes for the infamous King Street Run.



Top left - Piggy Ugly Stocking  
Below -Piss (Artis)



### **Philthy**

**Phil Chapman**

**Doncaster and Eltham H3 (Australia)**

An Australian who was hashing with Jakarta from the mid-seventies. In later life he returned to Melbourne, where he ran with **Doncaster and Eltham H3** and supported Melbourne's Collingwood Football Club. He is most famous for attending every Interhash from Hong Kong in 1978 to Fiji in 2018. Ironically *Drainoil*, his only rival for the Interhash attendance record, also missed Goa. (Ed: A full article on Interhash attendance in the next issue).

### **Phuah Boon Lay**

**Mother Hash (Malaysia)**

**Mother Hash** On-Sec in 1995 and Joint Master in 1996. Founder of **Royal Selangor H3** in 1991. Sometimes goes by the name of *No Manners*.

### **Pickled Fart**

**David Greer**

**West London H3 (England)**

Has 500 plus runs with **West London** and several hundred with **London H3**.

### **Pigg**

**Martyn Pegg**

**Hong Kong H4**

Hong Kong GM 1988-89. According to their own Yearbook he *'looked like Fu Manchu's aborted offspring having a bad day.'*

### **Pigs in Space**

**Terri Pollitz**

**Washington H3(USA)**

Terri followed husband *Gopher* to Guam only to find that he had joined the local hash group. She joined him on her first hash in March 1993 and has continued to hash ever since. *Piggy* and *Gopher* have now returned to Washington but they are great hash travellers, both in the USA and to world events. Son *Hedgehog* also hashed.

### **Piles Driver**

**Andrew Keeler**

**Friends of the Mole (England)**

665 hashes and 11 harings with the **Friends of the Mole H3**.

### **Pimp**

**Roger Thorn**

**Tamar H3 (England)**

Has 1000 plus runs with **Tamar H3** where he was GM in 2018, RA in 2015 and JM in 2000. He has also been long term webmaster.

### **Pimp**

**Bob Finch**

**Pattaya Dirt Road (Thailand)**

Was on **Dirt Road Hash** Number 1 and has 162 hashes with 18 hares. Has the honour of being a Dirt Road Judge.

### **Pink Bits**

**Guangzhou H3 (China)**

While expats tend to come and go, a growing number of local runners have been able to clock up hashes. *Pink Bits* leads the run total table with 396 hashes at the last count.

### **Pink Panther**

**Brants H3 (Netherlands)**

A key member the Dutch hash scene with Amsterdam and **Brants H3**. He is involved in the committee of the upcoming Eurohash and is currently the

regional webmaster for Europe.

### **Pink Panter**

#### **Frankfurt H3 (Germany)**

Formerly a very active hasher with Frankfurt. He set the ball breaker Trail in Goa back in 2002 and was always an imaginative and energetic participant in the circle. He met a Lebanese Harriette, settled down, and to the surprise of those who knew him retired from the hash.

### **Pink Panther**

#### **Claire Ferguson**

#### **Manneke Piss H3 (Belgium)**

An enthusiastic Belgium hasher with 400 plus runs with **Manneke Piss H3**. Was GM 2011-12 and 2014-15 and also spent two years as beermeister. She is from Durham, UK which is how she got her name (if you sing "Durham" to the tune of Pink Panther, you'll get it!)

### **Pint**

#### **The Boddin Family**

#### **Colombo Harriettes (Sri Lanka)**

The Boddin family, Eric *Pint* Dinar *Half Pint* and Shari *Quarter Pints* have, between them, clocked up over a thousand runs with the **Colombo Harriettes**.

### **Pippy Ugly Stocking**

#### **Guangzhou H3 (China)**

In 2006-07 *Piggy* became the first **Guangzhou H3** female GM in 2006-7.

### **Pirelli**

#### **Ian Callander**

#### **Glasgow H3 (Scotland)**

A banker by trade, he arrived in Brunei in 1969 and discovered hashing. Although he had some doubts about the running, he loved the social side. After a posting to Calcutta, where there was no hash at the time, he resumed his hash career in Bahrain in 1974. There was then a spell in Scotland followed by Macau. Once again there was no hash, but Hong Kong was only a short boat trip away and Ian often laid trails for **San Wan H3** when they came over. Between 1979-81, he completed 102 runs in 104 weeks in Singapore before moving to California where he had his first experience of mixed hashing. On returning to Glasgow, he became a hash legend with his fancy dress costumes and his record 1024 runs. The name **Pirelli** comes from the famous Pirelli calendar. Ian passed away in February of this year. *On On!*



Pickled Fart

### **Piss**

#### **Warwick Artis**

#### **Hong Kong H4**

*Piss* Artis was an Australian GM of Hong Kong H4 in 1972-73, the third man to hold this honourable position. He is described as '*being Oversexed (for an Australian)*'.

### **Pisser**

#### **Stephen Luswata**

#### **Kampala H3 (Uganda)**

Stephen *Pisser* Luswata was a cricket player who introduced many of his colleagues to the **Kampala Hash**. He later became the first Ugandan GM of the kennel.

### **Pisstak**

#### **Pitak Chantong**

#### **Bangkok H4 (Thailand)**

Pitak *Pisstak* Chantong was the first Bangkok Hasher to complete 1000 runs. Since then Bob *Bulle* Boulter and Tiradej Sukunwatna have also gone past that landmark.

### **Pissport**

#### **Episkopi H3 (Cyprus)**

The 1996 Interhash drinking champion.

### **Pissport Kev**

#### **Kevin Braddock**

#### **Wellington H3 (New Zealand)**

Has 1600 hashes with *Wellington H3* and still hash-active.



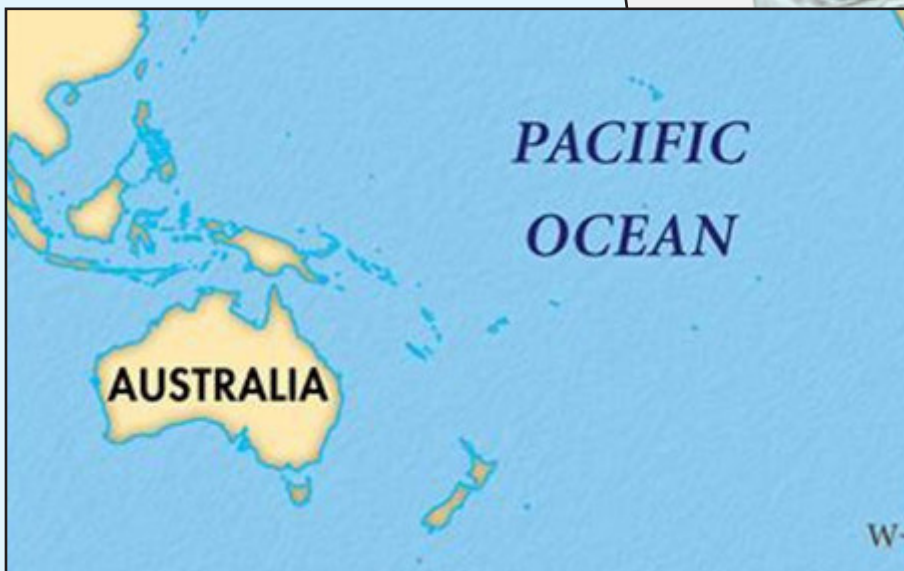


# Classic T-shirts





I was sent photos of these T-shirts  
from far and away places by my  
good friend  
Henriette Jansen.  
Now retired, Henriette was a  
leading expert on  
women's rights.  
I hashed with her in  
Ankara where I had the pleasure  
of naming her *JuJu*



# Puerto Vallarta



Below: GM *Brings Them Young* did a find job.

## Rehab Run 2023





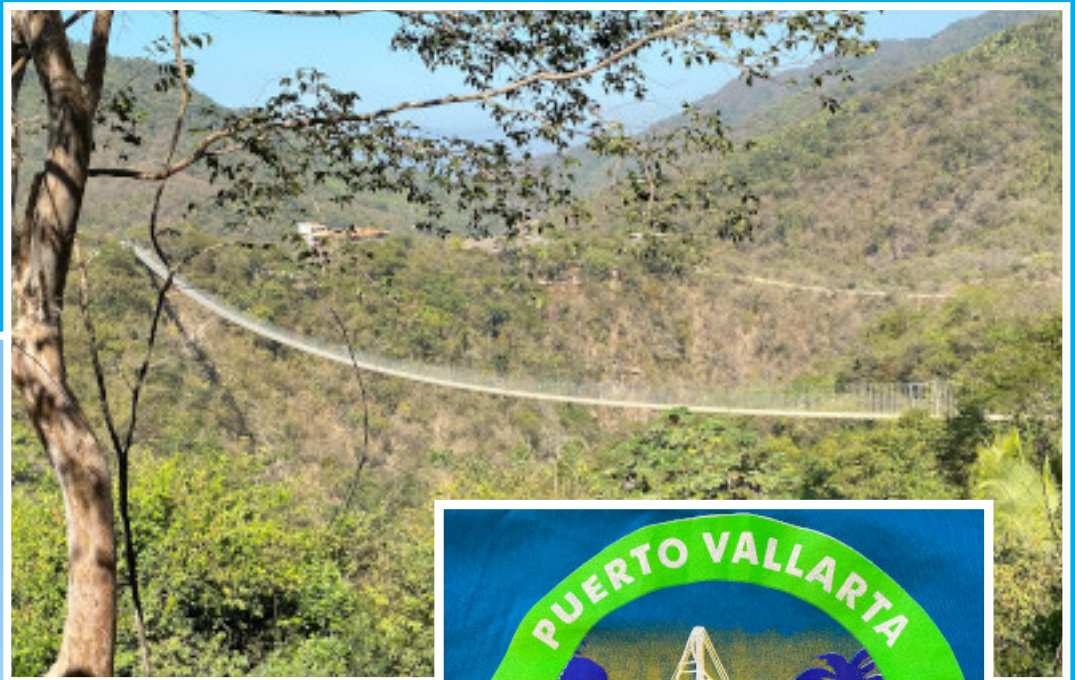


Above: Dick Chair Tracey, GM of the Mexico City H3.





Crossing the  
world's  
longest  
pedestrian  
suspension  
bridge.





# The Friday Red Dress Run





# The hash and CNN

While the hash has regularly featured in magazines, to appear on the CNN website is impressive. As far as I am aware this has happened twice.

May 28th 2013

## A drinker's guide to running the world

Ah, the age-old tradition of getting tipsy and running amok. Sometimes you've just got to do it. For members of the Hash House Harriers, it's common practice. This self-professed "drinking club with a running problem" is part scavenger hunt, part exercise and part debauchery.

Not surprisingly, its members run the gamut. A hasher could be the taxi driver who just dropped you off or the lady at the money exchange booth or the CEO of a hotel chain. They might be locals, they might be expats. They might be buff Marines or slug-gish video gamers. What they all have in common is a sense of humor.

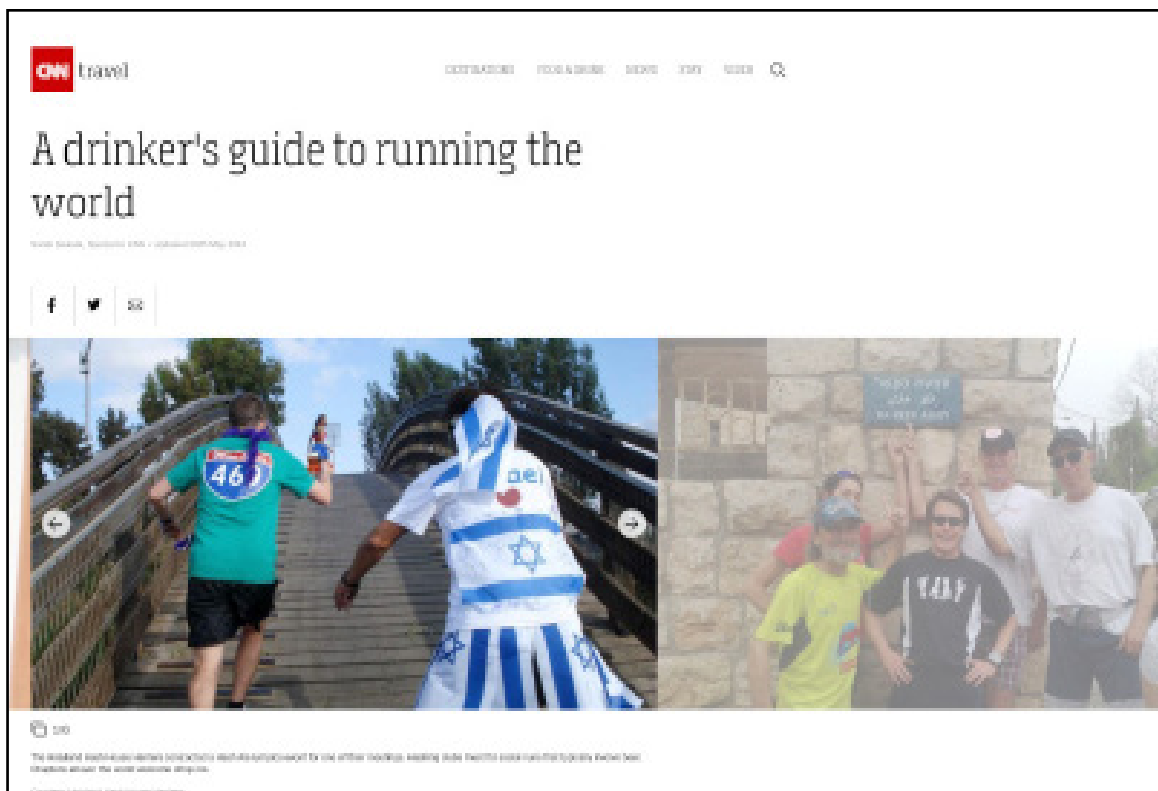
The oddball club got its start 75 years ago in prewar Malaysia and now has nearly 2,000 chapters spanning all seven continents. It began with a group of British colonial officers and expats looking for ways to ease their weekend hangovers. The name came from their billet, often referred to as the Hash House, where they'd eat their monotonous corned-beef dinners, and the pastime they came up with was a wilder

version of a British paper chase.

Here's how it goes: A group of runners (aka pack of hounds) looks for clues (dashes of flour or chalk marks) on the ground to indicate the correct path. These clues are left by designated runners called hares. Here's the kicker: There are also misleading signs that lead to a dead end. In other words, nobody knows where the trail goes and someone will get lost at some point, especially because there are typically adult beverages pre-hash, at the halfway point and post-hash.

All that said, you will definitely see things on a hash that you won't see in any guidebook. And for most travelers, that is a huge bonus.

So, how exactly do you join? Most groups are very welcoming and open to newbies showing up, even if you're not a hasher at home. There is no global directory, but try a Google or Facebook search for "Hash House Harriers," and you'll find gatherings all over the world.



Air Zuta La Rosa

Location: Lima, Peru; Lima Hash House Harriers

Occupation: Architect

Hash name: Virgin Lips

Age: 32

Hashes in Peru (the Lima group is the only one in Peru) are typically held on Saturday afternoons. The festivities start around 2 p.m. and so does the drinking. "Beer is always present, but it's also common to have pisco, a brandy made in Peru," says Jair Zuta La Rosa. Whiskey and tequila have been known to make appearances, too.

By 3 p.m., the hashing begins and a group of 20 to 120 people run for two to three hours. But it's not a marathon by any means. There's a route for runners and another for walkers -- both meet at the beer stop.

"The hash is not a competition," says La Rosa. In fact, if you're overly competitive, you may be punished for being a show-off. Punishment can also result from failing to acknowledge the beer stop or wearing new shoes or saying someone's real name instead of their hash name. (Hashers all go by nicknames, many of them R-rated, that are often selected for them by other runners). These transgressions can lead to you wearing a toilet seat around your neck or doing a "down-down," which means you must chug your beverage or pour it over your head.

After the run there's a gathering featuring lots of nonsensical, colonial hash songs and, you guessed it, more beer. La Rosa says he can't get enough of it. He started hashing in 2008 and has attended most of the hashes since.

"Some hashes are especially crazy," he says. Take, for example, the worldwide annual charity Red Dress Runs, where people sport everything from red feather boas to red heels. Or an Ale-lympics event held in Israel that involved a beer-can high jump and beer-can distance throwing. Then, there's the Extreme Ironing Run, also in Israel, where hashers run with ironing boards strapped to their backs. Other hashes are more family friendly and involve much less drinking or none at all; it just depends on the organization.

Rachel Neiman

Location: Jerusalem; Holyland Hash House Harriers

Hash name: Boston Creamed

Occupation: Marketing communications director and journalist

Age: 52

There is something in the anarchic absurdity of the hash that appeals to people like Rachel Neiman, a lifelong Monty Python fan. "It's not about the running," she says. "I'm not a great runner, believe me. It's the crazy insanity of a group of people dashing down a Jerusalem street after Captain Caveman following sounds of 'on-on' and tootles on a vuvuzela. That's what makes it fun."

It attracts all types. The Holyland HHH has a core group of locals (mostly long-time immigrants to Israel) along with an ever-changing population of itinerant diplomats, Marines, contract workers and other expats.

In this particular hash club, you are nicknamed after the group gets to know you a little bit and after you've set a trail yourself. Four months after Neiman joined, the others still didn't know that much about her, but they did know she is from Boston. From then on, she was known as Boston Creamed. "Like most hash names," she says, "it is vaguely suggestive."

The naming ceremonies "are a big giant secret," she says. "It involves flour and beer, and you need to take at least three showers before your hair gets clean."

Sheridan Becker

Homebase: Brussels, Belgium; BH3 -- Brussels Hash House Harriers

Day job: Blog editor

Hash name: Lady Godiva

Age: 45

Sheridan Becker discovered the wild and woolly world of HHH while she was living and working as a marketing manager in Hong Kong. During her travels over the past 25 years, she has hashed with five packs in four countries, through the open markets of Hong Kong, the green fields of Ireland and the beautiful beaches of Jamaica.

These days, she opts for family-style hashes, which welcome children by offering soft drinks instead of alcohol and by toning down the drinking songs. With her 10 and 12-year-old boys in tow, they conquer the wide open spaces of Brussels. Alexander, her younger son, delights in finding the trail markers, eating the big dinner at the end of the hash and is always surprised that "all these older people are in shape."

The greatest part, Becker says, is that no membership fees are required, so you just chip in for food and drinks. Her advice for newbies: "Don't come with expectations, so you won't end up disappointed," she says. "Folks without a sense of humor or adventure should think twice about participating in a hash."

Dr. Jürg Gassmann

Homebase: Bühler, Switzerland

Hash name: Sparrowfart

Occupation: Attorney

Age: 52

Dr. Jurg Gassman has hashed with more than a dozen packs in 10 countries spread over three continents, from the narrow streets of Tokyo to the heat and dust of Karachi to the beaches of Nassau to the leafy residential areas of Toronto to the bicycle lanes of Holland. He started at 23 and now he's 51. It hasn't been all fun and games, however. Gassman says he once had a standoff with what he believes was the yakuza, Japan's notorious homegrown mafia. One yakuza nearly drew a sword on him and his fellow hashers.

Despite that sketchy encounter, he says: "It's an opportunity to let your hair down and have some fun," he says. "Most of the guys I met were bankers, lawyers, diplomats, spies, soldiers. They're all crazy, that's the nice thing. You can't take yourself too seriously if you're hashing."

If you go, he says, don't wear anything new. Some hashes are civilized, others are merciless.

Also, keep in mind: "You have to be non-PC tolerant and accept that it can cross the line. I've seen tee-totalers as members and they enjoy themselves, though it does tend to be the exception."

## October 2018

# Fitness Tribes: Where human 'hounds' chasing human 'hares' can be fun

Nearly every week for the past 36 years, Peter Remsen has connected with his tribe.

He is a member of the Hash House Harriers, a subculture whose members unite through a shared love of running, exploration and, perhaps most important to them, drinking beer.

The run club says it has more than 2,000 active chapters around the world, across 184 countries. Anyone can join any group, running as little or as often as they choose.

The foot (and hoof) race that pits humans against horses

No matter where you do it, each event, or "hash,"

follows a similar format. A leader appointed by the group, called the "hare," blazes a trail across all types of terrain ranging from woods and rivers to streets and shopping malls. Later, the rest of the group, the "hounds," take off in hot pursuit, following the improvised trail usually fashioned in flour, chalk and tissues hanging from trees. The trails often range from 3 to 6 miles and end with a set of traditions involving songs, beer and good cheer.

"One interesting aspect of hashing is, you meet folks you'd never meet any other way," Remsen said. "And you see places you'd never see any other way. I've met bank presidents and airline pilots and doctors, and folks with doctorates in esoteric degrees. And also, you've just got run-of-the-mill folks."





Remsen, 73, started running hashes in 1980, in Pittsburgh. Soon, he had moved to Tokyo where he continued running with a local group there. He has now hashed in 13 countries across four continents.

Today, he leads the Pinelake Hash in Atlanta, where he has run over 700 of the more than 2,000 hashes he has logged.

“The only thing we all have in common,” Remsen said, “is that we’re all fairly athletic.” Nowadays, though, Remsen walks most of the trails, so even athleticism can hardly be considered a requirement.

Members often joke that Hash House Harriers is a “drinking club with a running problem,” so competition or racing is frowned upon. Runners who show up to events clad in 5K race t-shirts are labeled “race-ist.”

Within his tribe, however, Remsen is known by a different moniker: “Shiggy Pits,” which he says is “hash jargon for a muddy area.” Most people, he said, earn their hash name after their fifth trail.

The hash name traditions are so deeply entrenched in the culture of the groups that many do not actually know the real names of other members. Calling someone by their real name on a trail can carry a “penalty,” often involving drinking more beer at the end.

“A lot of the hash traditions are the same as rugby traditions,” Remsen said. “And so at the end of the

trail, we drink a lot of beer and sing silly songs. It’s utterly childish, and that’s a lot of the attraction.”

The group can trace its origins to 1938, when British expatriates and soldiers posted in Kuala Lumpur, Malaysia, played a game called “hare and hounds,” and culminated with eating in a local restaurant they called the Hash House.

The group formalized its first Constitution in 1950, and its founding remains intact today. “To promote physical fitness among our members ... get rid of weekend hangovers ... acquire a good thirst and to satisfy it in beer ... [and] persuade the older members that they are not as old as they feel.”

The second group was founded in 1962 in Singapore, and by the 1970s, there were 50 groups operating in 14 nations.

Today, major cities from Atlanta and Washington to Sydney and Bali, Indonesia, have numerous hashes that meet nearly every day of the week.

David Lampp, who goes by the hash name “Ballerina Booty Boy,” felt that the “no-rules” nature of hashing was central to its magic and kept him coming back for hundreds of hashes since he joined in 2007.

“I mean, there are some things here that might be a little offensive to some people, but not to others,” Lampp said. “So come here, relaxed, with an open frame of mind. And the most important thing is, have a great sense of humor.”

# Runners World Magazine

## looks at hashing.

What do hares and hounds have in common? They both figure into a 19th-century schoolboy game that evolved into the sport of cross country—and also launched a popular drinking and running club as we know it today.

The term “harrier” is something you don’t often hear, but it has a pretty big meaning in the running world. The word is short for **“hare hunters” (and, in some contexts, can also refer to a type of hound bred to hunt hares)**. In the 1830s, schoolboys in England came up with a game they called Hares and Hounds, or simply “paper chasing.” The boys who were the “hares” would leave before everyone else and drop a trail of paper; the “hounds” would follow. The game mimicked a foxhunt in many ways.

This school yard game evolved into something bigger in 1938, when **nine British officers** stationed in Malaysia got bored. Looking for a way to work off their hangovers after the weekend, they began going for long runs each week in Kuala Lumpur. The game’s new moniker came from the “Hash House,” which was the name of the house where **the soldiers stayed** and where they ate corned beef for dinner night after night.

The founding member of the group was sadly killed in the war, but many of the others got back together in 1946 and laid out a set of rules. According to NPR, their main goals were:

- To promote physical fitness among members
- To get rid of weekend hangovers
- To work up a good thirst and satisfy it in beer
- To persuade older members of the group that they aren’t as old as they feel.**

**More and more people began to join the group**, and in 1962, it began expanding worldwide. Today, there are thousands of Hash House Harriers (“the drinking club with a running problem”) chapters around the world. The game appeals to travelers because it’s a great way to get off the beaten path and explore a new area—and the promise of alcohol before, during, and after the run doesn’t hurt, either.

Hashes typically last under six miles and follow a trail laid out by the “hare,” a prespecified group member. Everyone else makes up the pack of “hounds,” and they look for clues (often chalk marks) on the path to figure out where they should go. Some clues, though, lead to dead ends—so it’s a constant guessing game to find the correct trail.

I have never heard this ‘hare hunters’ explanation before and can find no reference to it.

The old fake-news story that the hashers were military officers! They were not - they were civilians from various occupations but with a fair number of accountants. With war approaching they did of course become part-time soldiers. Even so this quote is inaccurate.

Rubbish! The name might have come from the chef’s habit of ‘hashing together’ the weekend left overs on a Monday BUT the food was varied and gets good reviews from Cecil Lee.

No - the post-war years saw numbers decline and at a couple of points Mother Hash might well have come close to collapsing.



Outlandish costumes are often involved in these runs; funny or off-color nicknames are welcome, too. And of course, beer is always a given.

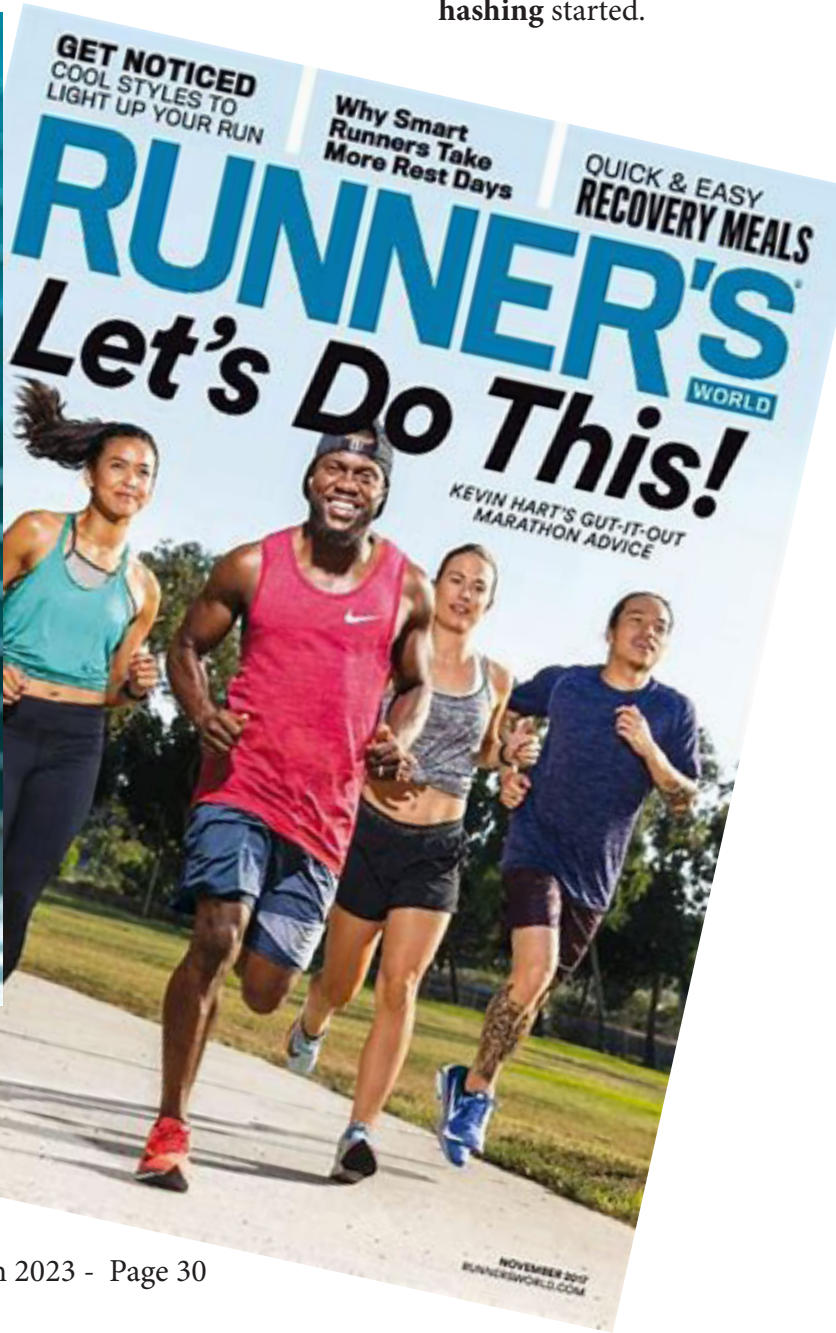
Outside of these sanctioned clubs, the term “harrier” has also become a more general nickname for cross-country runners. In fact, hashing is widely regarded as the early beginnings of the sport of cross-country. One of the very first official cross-country races ever held occurred at Rugby School in 1837; it was known as the Crick Run. Hares and Hounds continued to be a popular game, but schools and universities also began holding regular official cross-country races, where—similar to Hares and Hounds—the course was laid out in advance and might include pastures or woods.

By 1876, England had a national cross-country championship; by 1878, the sport had migrated across the ocean to the United States. And in the early 1900s, the first international races were held. Cross-country made it to the Olympics in 1912, but it didn’t last for long; many instances of heatstroke resulted in officials pulling the sport after 1924. (Cross-country may return as an Olympic sport in Paris 2024, however.)

No - quite the reverse.

Belgrave Harriers, Thames Valley Harriers etc pre-date the hash by half a century. We hashers borrowed the word from the world of cross country running.

No! The authors have confused the term hashing with paper chase. Yes, the **paper chase** might be considered the father of modern cross country but the National Cross Country Championship dates to 1876 - many years before hashing started.



Runners world is an excellent magazine. This rather poor hash article appeared on their website edition.



# Time-line of Hashing in Hong Kong



Given Hong Kong's position at the centre of Asia and the large expatriate population it is surprising that hashing took so long to get started. There was – it has been suggested – a feeling that there would be a lack of good running territory and that the place was just too sophisticated to be interested in something as simple as hashing.

How wrong can you be!

On On Magazine charts the Golden Age of Hong Kong Hashing - from 1970 to 1997.



*Original Interhash Committee:  
Left to Right, Barry Griffin, Wes Parfitt, Stuart McDouall, Roger Medcalf*

**February 1970**  
Hong Kong H4 is formed as one of the first 25 hashes in the world.

**September 1970**  
With no tunnel, getting across to the island by ferry is slow. **Kowloon H4** are formed as a winter alternative.

**June 1971**  
Hilary Prior sees hash men celebrating at the Cricket Club and thinks this looks a jolly good idea. She forms the **Ladies of Hong Kong H3**.

**September 1970**  
Chris Rowe becomes the first and only man to be GM of both kennels.

**June (?) 1971**  
John Beavon "*John the Beaver*", "*Mr Puberty*" (the First Hare. Geddit?) becomes the second Hong Kong H4 GM.

**February 1971**  
Hong Kong H4 suggest Kowloon change their date to Thursday so hashers can get in two runs a week. The answer from the rebellious upstarts is 'F-off you old tarts.'

**January 1973**  
H4 close their membership at 100.



**1970**  
The first Hong Kong supermarket opens.

**1972**  
Cross harbour tunnel opens.



### August 1975

Hong Kong H4 win the first rickshaw relay race.

### March 1976

Kowloon H3 introduce their womble bear mascot

### Early 1975

Hong Kong membership rises to 150

The hash are banned from the Stanley Club

1974

1975

1976

1977

### September 1974

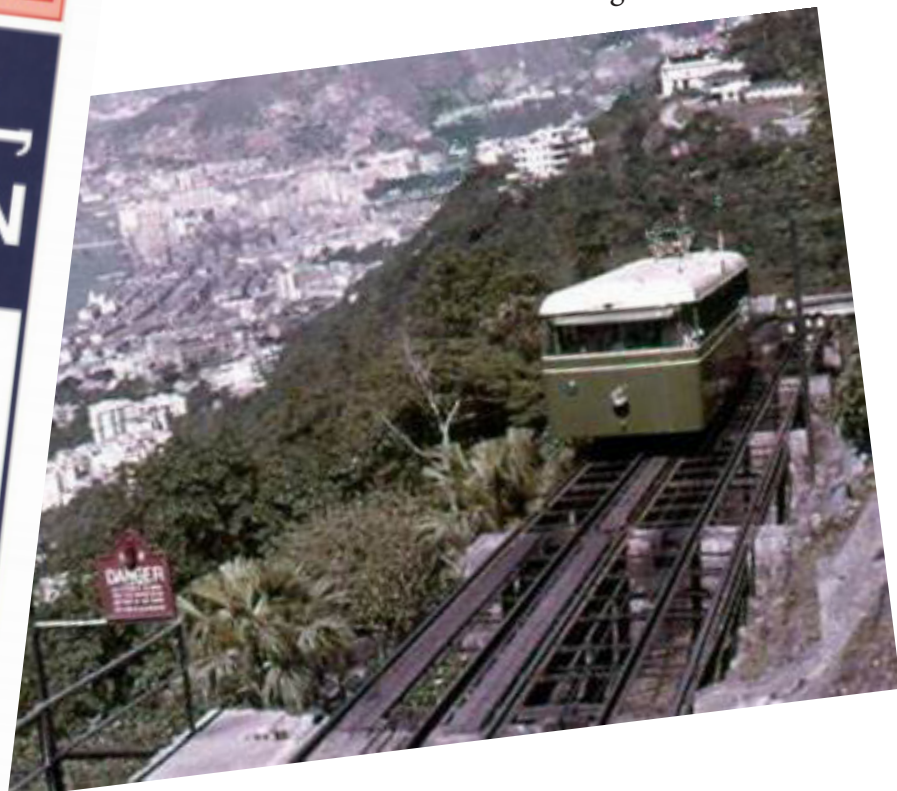
Sek Kong H3 are formed as a mixed Sunday hash

### Early 1977 (?)

Pat *Dunafew* Donoghue leaves Hong Kong H4 halfway through his spell as GM. He takes hashing to Japan.

### October 1977

Linda Mathews writes an article on Hong Kong hashing for the Los Angeles Times.





Hong Kong stage the very first Interhash with 800 hashers flying in from around the world.

**January 1979**

**Little Sai Wan H3** are formed by the 'Brits' and 'Ozzies' (hence the kangaroo and the lion logo) working at the local cyberspooks base.

**2nd August 1979**

**South Side H3** cancel a run for the first time when Typhoon Hope reaches level 10

1978

1979

1980

1981

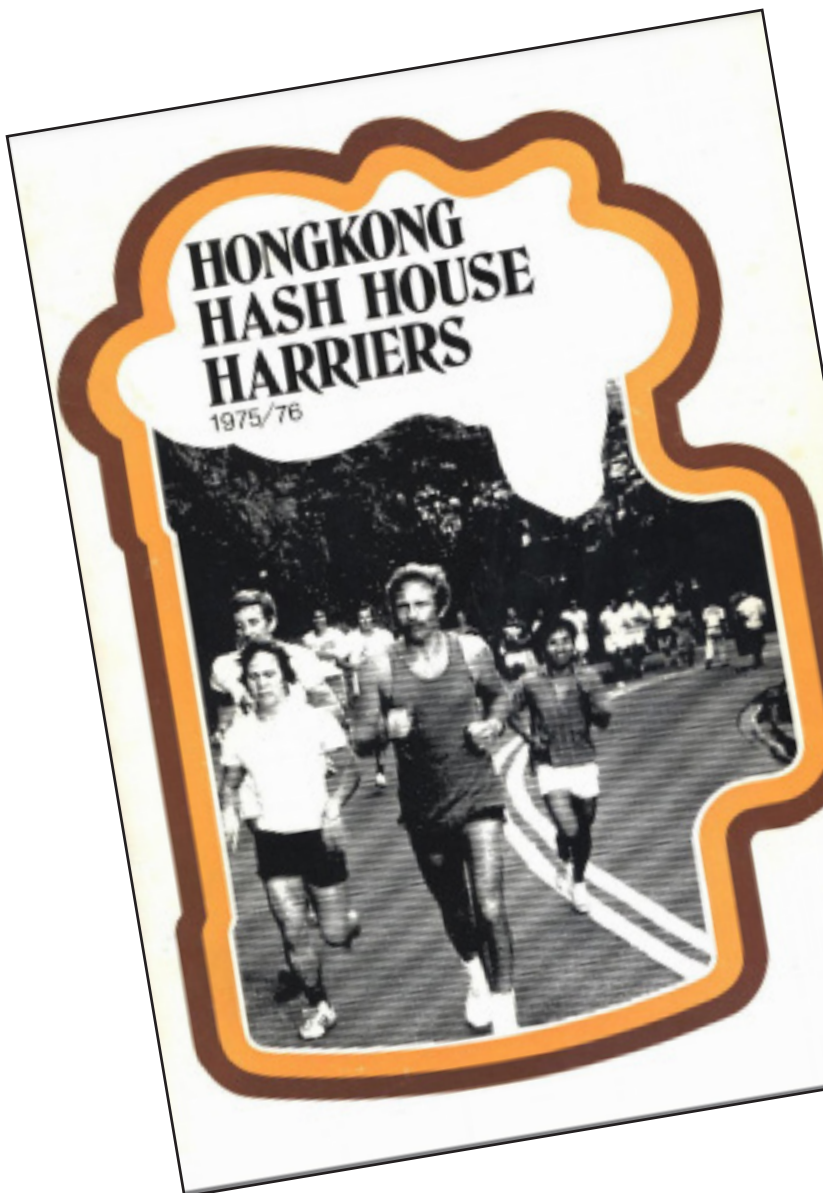
**May 1978**

**South Side H3** are formed with strong military links to Stanley Fort

**1981**

Hash legend *Bob Drainoil* Leonard becomes the Hong Kong H4 GM.

**February 1980**  
*The first line of the MTR is completed.*



1982

It is the military hashes that feel the first impact of the changing political times. Little Sai Wan have their base closed in 1982 and move to Chung Hom Kok, where the departure of the Australian contingent results in a sudden drop in numbers.

June 1983

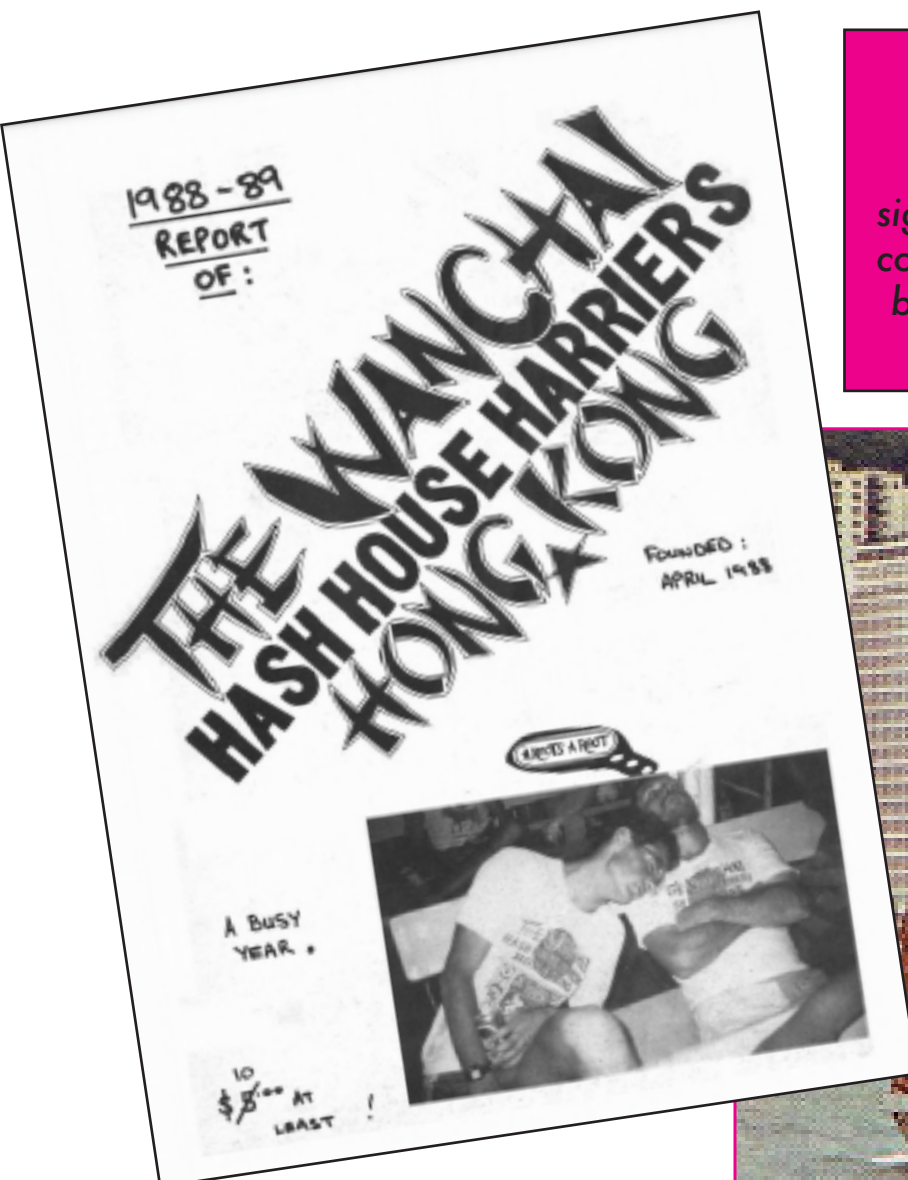
Formation of **Northern New Territories H3** as a mixed hash

2nd half 1984

Roger *Flacdem* Medcalf, one of the father of interhash, becomes Hong Kong H4 GM.

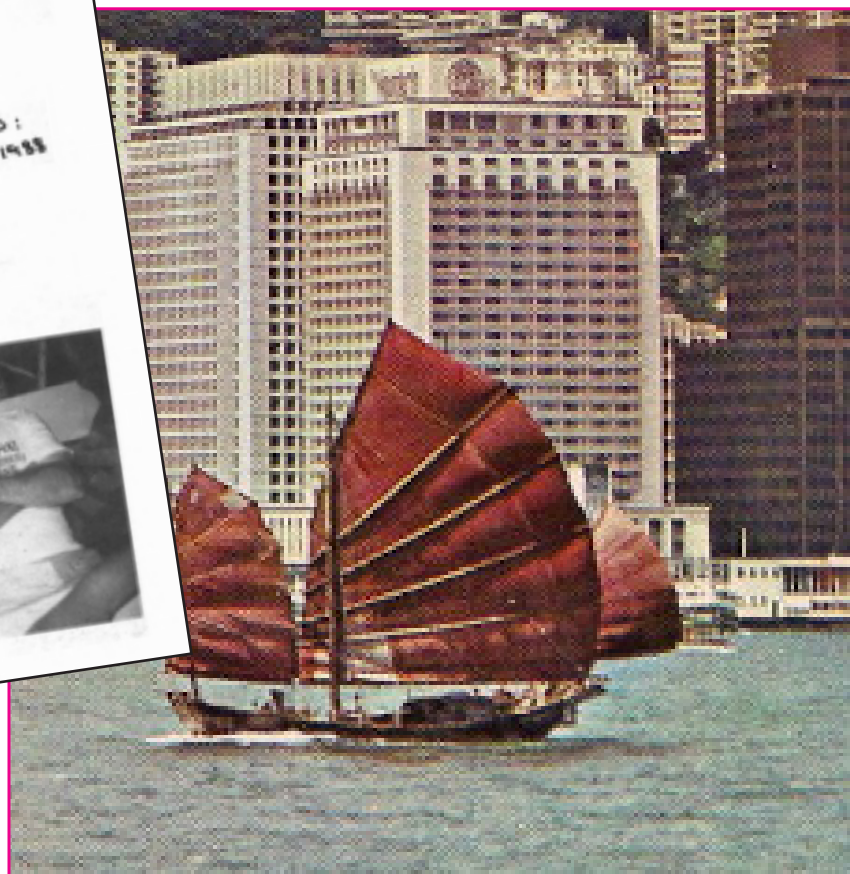
*'Another Kiwi, full of aimless dark menace; ie basically a head case. Spent his year growling and running up the wrong hill. Still persists in trying to set runs; still can't'.*

1982 1983 1984 1985



December 1984

The United Kingdom and China sign a joint agreement covering the conditions by which Hong Kong will be transferred to Chinese control.



## June 1986

### Lamma Hilton Incident

In June 1986 the South Side Hash went on-on to the Lamma Hilton, where they celebrated the imminent departure of *Sheepshagger*. Towards the end of the evening, with the restaurant emptying out, some of the lads started dropping their shorts.

One of the remaining guests complained at this behaviour via the letter page of the South China Morning Post, signing herself 'Disgusted'.

On reflection the reply the hash sent, while attempting to be comical, verged on the arrogant and it brought a stream of negative comments. One letter pointed out that laws had been broken and that the police should interview the gentlemen who had signed the reply.

The incident faded out but it gave hashers some worrying moments.

## November 1988

Hong Kong H4 celebrate their 1000th run at Tai Tam Country park

## April 1988

**Wanchai H3** (1988) are added to the list of weekly Hashes. The kennel is formed by Howard *Dances with Dogs* McKay and Bruce *Shirley Temple* to run on Sundays, which is when the Philippine maids have their day off and the kennel became noted for wild times in the discos.

1986

1987

1988

1989

## August 1986

South Side H3 stage their first UK Reunion Hash.

## 1988

John Arnold sets a record for a Kowloon GM running 49 hashes during his year in office

## June 1989

*Hong Kong is shocked by the massacre of students in Tiananmen Square.*



88



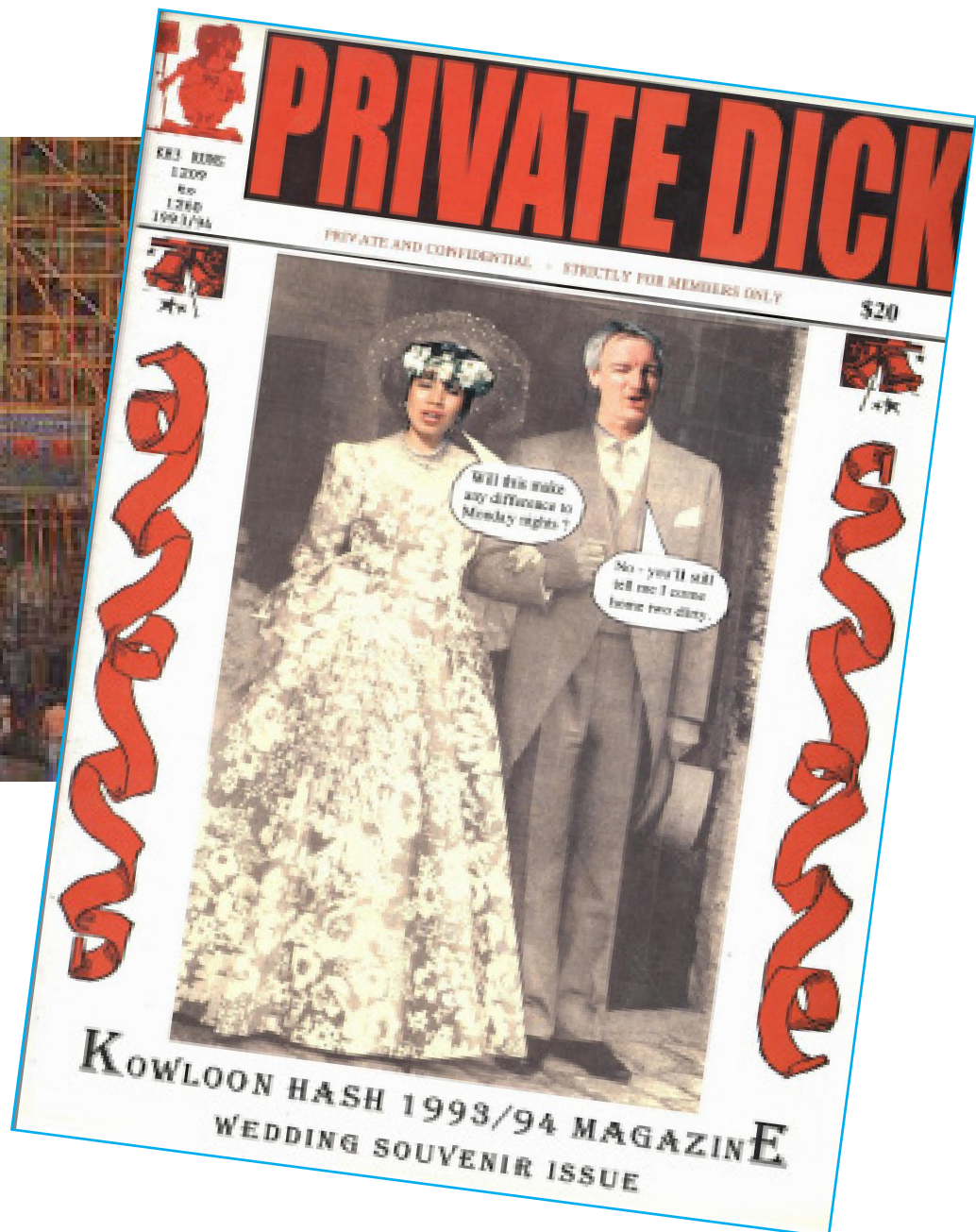
Southside responded to the hand over by adding 'Royal' to their title, this at the time when every other organization is dropping colonial link.

**July 1992 Chris Patten arrives in Hong Kong to be the final Governor**

**August 1991**

First UK Reunion hash for former-Sek Kong H3 members.

1990 1991 1992 1993



### June 1994

50 members of Hong Kong Ladies and guests take a dower trip out to Chi Ma Wan for a pirate run.

### September 1994

The Ladies 1200th run on the peak is raided by the police after neighbours complain about the noise.

### February 1995

When Keith *Acorn* Noyes, Ian *Masturbator* Roper and JB Rae-Smith move to HK from Taiwan they decide to start a monthly hash that will use live hares to set countryside runs. The result is the **Free China H3**, which starts on 11th February 1995

### August 1995

The first run of the **Typhoon 8 Hash**

1994

1995

1996

1997

### August 1996

By the nineties the handover to China is rapidly approaching and SKH3 staged their 'The Final Retreat Run' (no 932). There is no immediate change and the following week's run is from the NAAFI. When that finally closes down for good the lads simply move to a nearby bar.

### June 1997

The last serving military hasher John *Flossie* Harper turns out the lights behind Hong Kong's last Governor Chris Patten and departs. A few SKH3 hashers who had served in the military remain in Hong Kong in civilian roles.

### Sunset over the Empire Run

1500 hashers gather to mark the handover of the former colony to China.

The party starts on Thursday with a South-side run from The Peak and the fun continues throughout a long weekend. Many hashers stay another week for the Hong Kong Seven's. There are great runs, wild behaviour and when a lone military bagpiper plays to the crowd there are tears in numerous eyes as even drunken hashers understand that the hash world has changed forever.

