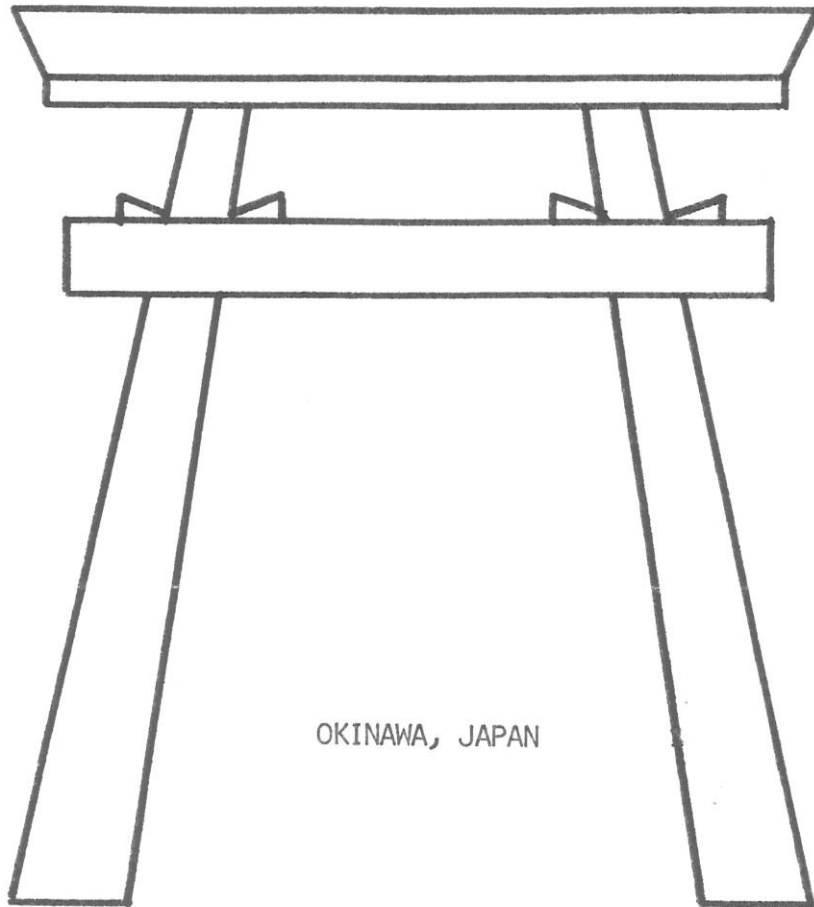


OKINAWA HASH HOUSE HARRIER'S



OKINAWA, JAPAN

WELCOME TO THE HASH

FOUNDED JUNE 24, 1979

WELCOME TO THE OKINAWA HASH HOUSE HARRIERS

You have just been privileged to run with the most notorious band of misfits on Okinawa. We hope that you enjoyed yourself and will come back next week and become part of us.

In the following pages, you will become acquainted with our group and its rules and functions. We only ask that you bare with us and if you have HALF A MIND (that's all you need), join us again next week. Until then, ON-ON...

Join the Okinawa HHH..., its the most fun you can have (with your clothes on).

WHAT IS A HASH HOUSE HARRIER??

A HARRIER is laziness with a poker dice, irrestable with a tattered "Playboy", and the protector on earth of half a dozen bottles of beer. He has the energy of a tortoise, the sincerity of a born lier and the aspirations of a Casanova. Some of his interests are girls, women, females, dames and those of the opposite sex..

He likes to spend his money on beer, some on dice, some on girls, and the rest, foolishly. A HARRIER is a wonderful creature. You can lock him out of your home, but not out of your liquor cabinet. He is your one and only, bleary-eyed, good-for-nothing mate. But all your shattered dreams become real again when at last he comes home, looks at you with those bloodshot eyes and says, "Hello darling,Geewotta ruffrun..."

Wives, sweethearts, kids ... does he get in your hair around 12 O'clock Sunday mornings? ... Would you like to see the back of him for a couple of hours while you get the bed ready? ... Then get out his old jogging shoes, some shorts and a sweatshirt, stick a couple \$ in his pocket and send him off to the HASH to arrive at One. He will be looked after every Sunday from then on and will come back a new man... and better... and you will like what you see. Just whisper to him the defination of the "HASH": "This is a non-athletic, Non-competitive sport for GENTLEMEN,"

Our runs are never cancelled by inclement weather, with the exception of "Typhoon Condition One" (which means a typhoon is 12 hours away)...

HASH CODE OF CONDUCT

1. FIRST AND FOREMOST, we must remember that we, as foreigners, are guests on Okinawa and we must conduct ourselves accordingly.
2. We must also remember that we are responsible for respecting the RIGHTS AND PROPERTY OF OTHERS at all times.
3. Any deviation from this code, or complaint about a Harrier's conduct, will be dealt with by the group.
4. Suitable attire for runs is the Hash shirt and jogging shorts or sweatpants.

GENERAL RULES OF THE OKINAWA HASH HOUSE HARRIERS

WEEKLY MEETING

The weekly meeting of the Okinawa Hash House Harriers shall be held at 1 PM every Sunday at a place designated by the "Hares". Departure for the run itself is promptly at 8:15. Members will be notified of any variation of meeting place and starting time in advance.

The purpose of the meeting is for members to run over various terrain in order to improve the physical conditioning of each member.

EXPENSES

This is a non-profit group, voluntarily joined by those who are interested in improving their health through physical exercise. Each member who joins the run pays a nominal amount to cover the purchase of refreshment after the run. This nominal payment is also referred to as "subs".

RESPONSIBILITY OF MEMBERS

Each member who joins the run assumes, on their own, responsibility toward any trespass upon or damage to other people's property resulting from their running into the areas of property ... and of any and all injuries to themselves or other people resulting from these runs. Outside of this individual responsibility of each member for their own acts, the Okinawa Hash House Harriers will be absolved of any and all liability or obligation toward such matters.

IF YOU DON'T RUN WITH THE HASH... THEN YOU HAVEN'T GOT A HARE.....

A GLOSSARY OF HASH TERMINOLOGY

"ARE YOU ON?"

A call for help...a hound is not sure where he is and likes to know if someone else is lost with him. The reply is either CHECKING (he's lost, too) or ON-ON (two short blasts of your Hash whistle), in which case you have to move a little faster than hounds do normally.

"CHECK"

A cunning trap set by the hares to put innocent hounds off the trail...the more cunning the better. When you're on a check, you'll find the trail will resume within a radius of 360°.

"BACK TRACK"

Go back to the last-known piece of paper, chalk, or flour and start again. Turn 180° and return the exact way you came until you see an arrow showing you the correct way. (Normally on the back side of a pole, rock, wall that you just passed a few minutes ago. New mark must be within 300 yds of the backtrack.

"CHECKING"

Looking for a trail mark at a check. If you are checking, this is the reply to a call of "ARE YOU?" One long blast on your Hash whistle also indicates you are checking.. or lost.

"NEWSLETTER"

The load of drivel published weekly to let members know what is going on, how to find the next run, etc.

"DOWN-DOWN"

The act of consuming a full tankard of beer in one or less actions/mouthfulls/gulps, etc. To be asked to do a Down-Down is a Hash honor. You are invited to accomplish a Down-Down on your first run, on your last, and sometimes in between when the occasion warrants. If you do not get it down in one gulp, or can't finish it, you can fulfill your obligation by pouring the balance over your head. This is acceptable. An empty mug on the head is WELL DONE.

"HARE"

The Harrier who sets the run for the hounds to follow. He is also assigned a CO-HARE. The HARE, however, is responsible for the run and accepts all the blame for a foul-up,

"HARRIER"

See definition on previous page.

"HASH CASH"

Also known as the "Clutching Hand" because of the reflex action whenever he sees money. He's the Hash Treasurer.

"HASH HORN"

An old hunting horn used to rally the pack, or show the way back to the beer for lost ones. Its also refers to the Harrier charged with the responsibility for blowing it.

"HASHNAME"

A name assigned, usually after the first foul-up, to identify Harriers and protect their real identity.

"HASHMASTER"

The leader of the Hash, who is usually called a variety of other names...most of them cannot be printed here. In essence, he's the President.

"ON-SEC"

Usually has the ability to read and write at the primary school level. Also known as the Hash Scribe.

"SPIRITUAL
ADVISOR"

Responsible for the moral tone of the Hash. An impossible job.

"TRAILMASTER"

Responsible for having chalk, flour, paper, and peanuts at the start of each run. Also washing out the Hashmug annually.

"HISTORIAN"

Chronicles dubious achievements of Harriers and occasionally issues predictions of erratic behavior in the future.

"DABBERHASHERY"

Official Hash running apparel.

"LET'S HEAR YOU"

A call for help; a hound wanting to know if there is someone within earshot, and if so...what the hell they are not shouting about it.

"ON-ON!!!!"

A cry that should ring out from every Harrier at the start of the run, through the run (when on the trail), and after the run. This can also be signified by two short blasts on the whistle. This is also an acceptable social greeting between two Harriers.

"HASH BASH"

A good smash-up party.

"SHIGGY"

Evil, foul-smelling, sticky stuff. Anything unpleasant can be termed "shiggy," except Harriers themselves.

"HASH SUBS"

What you pay

"HASH SUDS"

What you drink

"ON-UP"

Cry for those bastards going up hill.

"ON-DOWN!"

Cry for those bastards falling downhill.

"ON-IN"

For those lucky bastards approaching the beer.

IF YOU HAVE HALF A MIND TO JOIN THE HASH...THAT'S ALL YOU NEED!!!