

Hello Hashers,

Chennai Hash celebrates its 14th Anniversary outside India in Kathmandu, capital city Nepal, on Wednesday-8th – Saturday 11th October 2014. Most of our anniversaries run are always out of Chennai, within India & this will be our 4th overseas trip.

The committee has returned from Kathmandu & Chitwan, Nepal after checking out hotels, transport & other details for our 14th Anniversary in October '14. We have finalised hotels at Kathmandu & Chitwan; however, since we were unable to get one hotel to accommodate all of us under one roof we are taking 2 hotels. Also, since Chitwan doesn't have too many cottages, we have limited to 130 persons only. The first 60 registrations will get to stay at Barahi Jungle Lodge, Chitwan. We are awaiting room-rates from our travel agent in Kathmandu; and the registration fee will be out by end of March or early April '14.

Below is some info we'd like to share:-

Chennai Hash 14th Anniversary at Kathmandu, Nepal **Wed 8th Oct - Sat 11th Oct 2014 (4 nights & 5 days)**

4 fabulous days of: Hashing & Partying at Kathmandu & Chitwan
Joint Run with: Himalayan Hash House Harriers

Participation: 130 only

Frequently Asked Questions

Where is Nepal?

Nepal, officially the Federal Democratic Republic of Nepal, is a landlocked country in South Asia. It is located in the Himalayas between 80 degree 12' east longitude and 26 degree 22' and 30 degree 27' north latitude - bound on the North by the Tibet Autonomous Region of the People's Republic of China; on the East by Sikkim and West Bengal of the Indian Union; on the South by Indian States of Bihar and Uttar Pradesh; and on the West by Uttar Pradesh of Indian Union. Extremely varied in topography, the country ranges from having eight of the ten highest mountains on earth (most notably Mount Everest), to tropical lowlands. Nepal is the world's 93rd largest country by land mass and the 41st most populous country. Kathmandu is the nation's capital and the country's largest metropolis.

How to get to Kathamandu?

From India –Air India, IndiGo, Spicejet, Jet Airways.

Other Carriers: - Air Asia, Bangaldesh Airlines, Dragonair, Malaysian Airlines, China Southern, China Eastern, Omar Airlines, Etihad Airways, Korean Air, Thai Airways.

Tribhuvan International Airport, Nepal:-

Tribhuvan International Airport is an international airport in Kathmandu, Nepal. It is the sole international airport in Nepal and has one domestic and one international terminal

Suggestion: Hashers from India /Chennai – book your ticket for the 7th Oct late flight to Delhi & hangout at the Delhi International airport & catch the first flight on 8th Oct to Kathmandu. Spicejet/Indigo has announced 50 % discounts if you book early.

Would recommend **Overseas Hashers** arrive at Kathmandu on **7th Oct'14**

Do one need visa to enter Nepal?

All foreign nationals, (except Indians), need visas to enter Nepal. One can obtain from any Nepalese embassy or consulate. You can also get a visa on arrival at the Tribhuvan International Airport, Kathmandu or at the Immigration Office at the entry points of Nepal.

<http://welcomenepal.com/promotional/faq/>

Rates for Hotels in Nepal:-

As per the Nepal government rule Foreign nationals (other than Indians) will pay in USD, slight more than the locals & Indians.

Hotels at Katmandu:

1. Manasula Hotel will be the main venue for Gala Dinner (Management has promised 45 rooms).
2. Gangjong Hotel -10 to 15 mins walks to the Manasula Hotel.

(Both these hotels are located in the heart of the city, close to Thamel, the shopping & tourist centre)

Cottages at Chitwan:-

1. Barahi Jungle Lodge will be our main venue for Run & Gala Dinner. (Barahi Jungle Lodge is new & was opened last September 2013, management has assured 34 cottages).
<http://www.barahijunglelodge.com/>
2. Tiger Land Safari Resort- is about 15 kms away & approx 45 mins drive to Barahi Jungle Lodge (management has assured 15 cottages, but we have request for 25 cottages).
<http://www.tigerlandnepal.com/>

Some History of Kathmandu:-

Kathmandu is the capital and largest urban agglomerate of Nepal. The city stands at an elevation of approximately 1,400 metres (4,600 ft) in the bowl-shaped Kathmandu Valley of central Nepal. It is surrounded by four major mountains: Shivapuri, Phulchoki, Nagarjun, and Chandragiri. Kathmandu Valley is part of three districts (Kathmandu, Lalitpur, and Bhaktapur), has the highest population density in the country, and is home to about a twelfth of Nepal's population. As the largest (and pretty much the only) city in the country, Kathmandu also feels like another developing-world city rushing into a modern era of concrete and traffic pollution. Take a walk in the backstreets, however, and the capital's amazing cultural and artistic heritage reveals itself in hidden temples overflowing with marigolds, courtyards full of drying chillis and rice, and tiny hobbit-sized workshops largely unchanged since the Middle Ages. Kathmandu has been a traveller's mecca since the 1960s but these days you're less likely to see a tie-dyed hippy in search of enlightenment than a well-heeled Gore-Tex-clad tourist in search of a good espresso. With tourist numbers down and political tensions up, the last few years have been uncertain, yet residents have retained a good-humoured self-respect. Kathmandu is well worth a week of your

time, but it's too easy to spend too much time stuck in touristy Thamel. Enjoy the Internet cafés, the Western music and the lemon cheesecake, but make sure you also get out into the 'real Nepal', before your time runs out. It is one of the World's most expensive cities.

Chitwan:-

Chitwan is about approx 145 kms from Kathmandu, time takes will about 5/6 hrs by surface. Chitwan literally means “**heart of the jungle**”. In recent years Chitwan tops the list of things to do in Asia. It is a truly wildlife adventure of a different kind – jungle safaris on elephant backs or jeeps, birdwatching, canoe rides and jungle walks. The Chitwan National Park is Asia's best preserved conservation area, where wildlife thrives and their habitats remain intact. The park lies in the Inner Terai lowlands and consists of Sal forests, tall elephant grasslands, hills, ox-box lakes and flood plains of the Narayani, Rapti and Reu rivers. Enlisted as a UNESCO World Heritage Site (Natural) in 1984, the park spreads over an area of 932 sq. km.

Climate:-

October and November are the best months to visit Kathmandu. The weather and visibility during this month are perfect for trekking and outdoor activities. The average daytime temperatures are around 20°C (68°F): perfect to enjoy hikes and walks around the town without getting sweaty. October has also a fair chance of rain, however if it does rain it does not last for more than a couple of hours and is usually followed by clear weather.

What to Wear & Bring:-

It is advisable to carry some warm and light jackets as the evenings can get very chilly, running shoes, mosquito repellent, camera, your specific medicines, and of course ..you're **Hash Spirit!!!**

Language spoke:-

Pali is national language but English is widely spoken. The ethnic groups speak various language and dialects

Anything else you need to know?

Please call Sash “Lord Krishna” Varma +919840866083 or email: mexvarma2007@gmail.com

Program:-

Kathmandu:

8th Oct-

After b/fast-Sight seeing-9-12 noon & 2pm -6pm
7pm- Gala Dinner/ Dance to DJ at Manasula Hotel.
11pm-Hit the bed

Kathmandu-Chitwan -145 kms (5to 6 hrs by surface)

9th Oct-

7am check out of hotel-board the coach to Chitwan
11am –Lunch @ River view
01pm- Check into cottages
4.30pm-Run starts
7pm- Sunset Dinner /Dance to DJ at Barahi Jungle Lodge

11pm-Hit the bed

10th Oct

Morning free for Jungle activities

12noon-Lunch at your own cottages

04.30pm-Run starts

06pm- Circle at Barahi Jungle Lodge

7pm- Sunset Dinner & Dance to DJ at Barahi Jungle Lodge

11pm-Hit the bed

Chitwan-Kathmandu

11th Oct

7am-Check out of Cottages-board the coach to Kathmandu

1pm-Lunch at your own hotels

4pm-Joint run with Himalay H3

6 pm- Circles at Manaslu Hotel.

7pm-Gala Dinner /Dance to Live Band at Manaslu Hotel

11pm-Hit the bed

12th Oct

Check out after b/fast

See you all at Pondy in Sept 2015

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