

ITINERARY

AUSSIE ROCK & RAIL

Thurs 8 July — Thur 22nd July
2010



ADELAIDE



WARRAMUNDI



BAROSSA VALLEY



KINGS CANYON

KATHERINE GORGE



ALICE SPRINGS



LITCHFIELD PARK



DARWIN



ADELAIDE TO DARWIN

Thursday 8 July to Thursday 22 July 2010

Adelaide Barossa Valley Alice Springs Ayres Rock (Uluru) Olgas (Kata Tjuta) Kings Creek Station
Kings Canyon (Watarrka) Glen Helen Palm Valley Alice Springs Katherine Darwin

ADELAIDE

Day 1 (Dinner) – Thu 8 July 2010

Make your own way to Adelaide, South Australia, where we will officially meet for the start of Aussie Rock & Rail 2010 by checking into our Adelaide Hotel (TBA) from 1400. Welcome dinner and briefing at 1900.

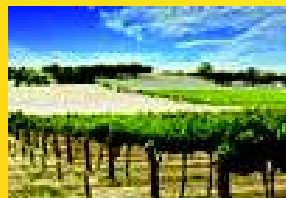
Day 2 (Breakfast) – Fri 9 July 2010

Assuming you have just made the considerably long journey from Kuching, today is a free day to explore “The City of Churches” and surrounds, relax at your hotel and/or experience the local brew.



**** Hash Run and Circle at 1730

Day 3 (Breakfast, Lunch) – Sat 9 July 2010



Be ready for a 0900 pickup from our hotel for a day tour of the beautiful Barossa Valley, tasting some of the best red and white wines produced in Australia. Lunch will be provided at a selected venue for a little more tasting. We arrive back at our hotel at 1730 for a free evening to explore the local bars and restaurants.

Day 4 (Breakfast, Dinner) – Sun 11 July 2010

Today the Rail Journey commences. After a leisurely sleep in, a late breakfast and check out, be ready for a 1030 coach pickup and transfer. Join our lavish “Gold Service” Ghan Train for a 1220 departure, and experience onboard luxury all the way to Alice Springs. Visit www.gsr.com.au to view the accommodation and other services provided.

ALICE SPRINGS

Day 5 (Breakfast, Lunch) – Mon 12 July 2010

We arrive in Alice Springs at 1345 after our 24 hour train journey from Adelaide. We are met our Desert Safari hosts, who will escort us to our accommodation at Desert Palms Resort.

**** Hash Run and Circle at 1730

Day 6 (Breakfast) – Tue 13th July

Take the time to enjoy a relaxing sleep in. The rest of the day is yours to explore the exciting and vibrant heart of Alice Springs. Take a stroll down the famous dry Todd River, wander through Todd Mall or visit the MBantua Gallery. Other interesting venues are The Alice Springs Desert Park, The Royal Flying Doctor Service, The School of the Air and The Alice Springs Reptile Centre.

****** Optional Leisurely Bike Ride to Simpsons Gap along the Cycle Pathway at 1300**

Day 7 (Breakfast, Lunch, Dinner) – Wed 14th July



Starting the day early Alice Springs at 0645, we hit the road for six fantastic days of adventure and fun. The first part of the day is spent driving to Uluru - Kata Tjuta National Park, with a few stops along the way for breakfast, refreshments, a camel ride or a chance to purchase some Aboriginal paintings or artefacts. We break for lunch at our bush camp, situated amongst desert oak trees at the base of a large sand dune within Ayers Rock Resort. This afternoon is devoted to enjoying the sites of Uluru. You will be dropped at the very base to enjoy a run/walk around the rock before heading back into the resort. A brief stop for a quick shower and refresh, before your buffet dinner in Whitegums Restaurant.

****** Hash “Round the Rock” Run and Circle at 1530**

Day 8 (Breakfast, Lunch, Dinner) – Thu 15th July

Another early morning to watch the sunrise over Uluru and Kata Tjuta from a lookout within the resort, then it's back to your hotel for breakfast before heading out to The Rock. The climb is available for those wishing to do so. For those not wishing to climb, now is a great opportunity to spend some time exploring the Uluru – Kata Tjuta Cultural Centre. We now head out to Kata Tjuta for a 7km hike through the magnificent "Valley of the Winds". The remainder of the afternoon is yours. Feel free to wander throughout the resort taking in the many shops and galleries. Make sure you leave yourself enough time for a refresh before we head out to the magnificent Sounds of Silence Dinner.



****** Hash “Valley of the Winds” Kata Tjuta Walk**

Day 9 (Breakfast, Lunch, Dinner) – Fri 16th July



We collect a boxed breakfast from reception before heading off for a 3 hour drive to Watarrka (Kings Canyon). We will then enjoy the 7km rim walk through the towering walls, crevices and plateaus of Watarrka. We'll visit the Amphitheatre and the Lost City as well as taking time for a cool refreshing swim in the tranquil "Garden of Eden" if you wish. After our walk, we head back to Kings Creek station. Our campsite at Kings Creek is miles from the crowds, which is where the feeling of Outback Australia really starts to take hold. After a campfire dinner, it's time to kick back and be mesmerised by the millions of stars on display.

****** Hash “Kings Canyon” Rim Walk**

Day 10 (Breakfast, Lunch, Dinner) – Sat 17th July

A relaxed start to the day, a light breakfast around the campfire, and it is off back into the canyon. This morning we will wander into the bottom of the canyon on the shorter base walk, before heading off towards Glen Helen Gorge. Along the way we will take the time to stop and see the giant comet crater of Gosse Bluff and have lunch. We now complete the journey to Glen Helen, where the remainder of the afternoon is yours to enjoy the gorge. Tonight it is a BBQ dinner as we watch the sun set over the towering cliffs of Glen Helen.

****** Hash “Kings Canyon” Base Walk**

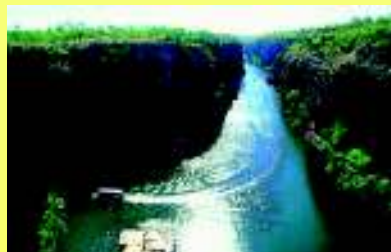


Day 11 (Breakfast, Lunch, Dinner) – Sun 18th July

After breakfast, we depart Glen Helen and head back around to Palm Valley for a walk through the magnificent towering Palms of this hidden Oasis. We now hit “the rough stuff”, departing the area, we take a short cut across Owen Springs Reserve leaving the West MacDonnell Ranges and head along the famous Hugh River Stock Route to the Oak Valley Aboriginal Community. Here you will get to experience the outback like never before. Tonight we are sleeping out under the stars in a traditional swag, lying around the campfire with nothing above us but the awe inspiring desert night sky.



****** Hash “Palm Valley” Run & Circle at 1530**



Day 12 (Breakfast, Lunch) – Mon 19th July

Morning is at its best just as the sun starts to rise, followed with a hearty breakfast and a fresh pot of coffee. We now spend the morning checking out the sights of Oak Valley, including Rock Paintings and Carvings with your Aboriginal Host. After our hike, it's lunch and then back into our 4WD vehicle and off home to Alice Springs. We will now have some last minute free time in Alice, before meeting our train for the next leg of our Rock and Rail adventure.

DARWIN

Day 13 (Breakfast) – Tue 20 July 2010

After an overnight train ride from Alice Springs, we arrive in Katherine at 0900. Here we have the option of a number of “Whistlestop Tours”. These include viewing the incredible Katherine Gorge by canoe, boat or helicopter. (Tours are selected and booked en route). We are then back on the train, departing Katherine at 1300 arriving Darwin at 1730 for coach transfer to our hotel. We have time for check in and a shower before an exploratory evening of hitting the bars and restaurants.



Day 14 (Breakfast, Dinner) – Wed 21 July 2010

Today, we have a virtually free day to explore Darwin, a town of many contrasts, both visually and culturally. There are a multitude of half day tours to choose from, including boats, bikes, buses and crocodiles, before returning for our Hash Run, followed by our Farewell Dinner

****** Hash Run and Circle at 1730 followed by Farewell Dinner**

Day 15 (Breakfast) – Thu 22 July 2010

Today is the completion of Aussie Rock & Rail 2010. For those not participating in the Postlube, please check out by 1000.

******* CHECK OUT THE POSTLUBE OPTION**

Day 1 (Breakfast, Lunch, Dinner) – Thu 22 July 2010

The Postlube begins with a 0900 coach pickup from our hotel for a day tour to spectacular Litchfield National Park. Bring your bathers and experience swimming under the Wangi, Tolmer or Florence Falls. There are a multitude of bush walking trails and abundant wildlife. On our return journey we will stop at the iconic Humpty Doo Pub, for an unforgettable experience.

****** Hash Run and Circle (Time and Location TBA)**

Day 2 (Breakfast) Fri 23 July

Today is the completion of the Postlube. Please check by 1000.

On On to Railjerk # 6

