

SOURCE OF THE NILE PRE-AMBLE

Uganda

Where the Sun never sets, and the Nile waters are turned into Brown Beer!

THREE ADRENALINE HASH
-FILLED DAYS, THREE
STUNNING VENUES
(KAMPALA, JINJA & SIPI)

Day 1: Thursday, 10 May 2012
Pub-Crawl, Kampala City



Day 3: Saturday, 12 May 2012
Sipi Falls

Rates for 3 days

US\$775/person (-25% if sharing
accommodation)



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**Book Now for a Pre-Amble of a
lifetime!**

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**Kampala Hash House
Harriers**

Day 2: Friday, 11 May 2012
Jinja Adrift Uganda

*If they ask you who we are, say..
Drinkers with a running problem*

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HOSTED BY THE KAMPALA HASH HOUSE HARRIERS (KH3)

Thursday, 10 to Sunday 13 May, 2012

Kampala, Jinja and Sipi

As you head to the **Great Hash Migration** in Mombasa, Kenya in May, come and visit Uganda, "Gifted by Nature", the country of gorillas, Lake Victoria and the Mountains of the Moon!

The **Kampala Hash House Harriers** guarantees you four days of fun, sightseeing, and excellent Hashing.

Kampala (Thursday, May 10th)

Following your arrival at Entebbe international airport, you will be transported to a clean and well-run hotel in Kampala City, Uganda's capital, which featured in the film, the "Last King of Scotland". We will arrange for you to get to the first event of the Pre-Ambles weekend, a **pub-crawl** incorporating views of the city, potholes, dust and plenty of beer.

Jinja (Friday, May 11th)

On Friday morning, we will depart for Jinja town, where the River Nile leaves the Lake and begins its journey to the Mediterranean. Our journey will be shorter – going through coffee farms, tea and sugar plantations and a rainforest. You will be able to walk in the footsteps of Speke at the "**Source of the Nile**", as well as Hash, run and drink with a large crowd along the River Nile, passing by the magnificent Owen Falls Dam and several river rapids. A booze cruise will be arranged to take us along the last leg of the trail, which will end at a camp where bungee jumping, kayaking and river rafting can be arranged.

A big party has been organised at a camp located next to a 5-star hotel, where accommodation has already been booked for you.

Sipi Falls (Saturday, May 12th)

On Saturday, we will head east to the idyllic mountain village of Sipi on the slopes of Mount Elgon, which is shared by both Uganda and Kenya. The afternoon Hash will stretch your muscles as we clamber to the bottom of **Sipi Falls** and then back up to paddle in rock pools as we soak-up the magnificent views of the plains stretching northwards toward South Sudan. Lovely accommodation has been arranged for you in a lodge at the foot of a small waterfall, where you will fall asleep to the sounds of running water and warbling Hashers.

Farewell! (Sunday, May 13th)

The next morning we get on the road to the border with Kenya. Once across, we hand you over to the Kenya mismanagement team who will travel with you to Kisumu. The following morning you will catch the **Lunatic express** to the coast (we will see you in Mombasa). Arrangements have been made for anyone returning to Kampala to travel with us back to the capital.

All this (as far as Kisumu!) for a mere cost of US\$ 775 per person. (For those sharing accommodation the cost will be reduced by approximately 25%). This cost includes accommodation, meals (Thursday evening 'til Sunday afternoon), copious amounts of beer, a couple of T-shirts and transport from Entebbe to Kisumu).

Bookings and credit card payment can be made via **HackenBush** (mfowler@utlonline.co.ug), and further information can be provided from the same source.